

The City Focus



Official Newsletter for the City of Colonial Heights

Fall 2017



Tuesday October 3rd
See Page 9 for details



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The City Focus is produced quarterly and mailed to each household in Colonial Heights.

REC-happenings, the Recreation & Parks Department program listing, begins on Page 5 of the City Focus.



City of Colonial Heights Council Members



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Councilman
woodj@colonialheightsva.gov



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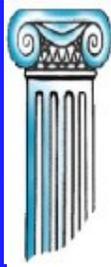


Pamela Wallace
City Clerk of Council
wallacep@colonialheightsva.gov
(804)520-9360

Contact the City Manager



Douglas E. Smith
City Manager
City Hall
201 James Avenue
smithd@colonialheightsva.gov
(804) 520-9265



COUNCIL COLUMN

T. Gregory Kochuba
Mayor
kochubag@colonialheightsva.gov



Over the years, Colonial Heights City Council has worked diligently to preserve a small town atmosphere throughout our great city. From implementing “Boulevard Renovation” programs, to conducting events and ceremonies such as the annual Christmas Parade, 4th of July fireworks, Veterans Day, Arbor Day, the Fort Clifton Festival, Violet Bank tours, City Wide Clean Up, Celebrate Safe Communities, Boys Invitational Baseball Tournament, community gatherings and celebrations have helped preserve the close community relationships among its citizens.

In an effort to continue that small town tradition, City Council is partnering with the Chamber of Commerce in a program to recognize our **Hometown Heroes**. The Heroes are individuals, such as family members or friends (who lived in the City of Colonial Heights), that have served or are serving in the military. The recognition comes in the form of a banner, including the service member’s picture, name, and service dates. The banners will be displayed on light poles along the Boulevard, from Memorial Day through Labor Day weekend. If you have a friend or loved one that you would like to honor with a banner, please contact:

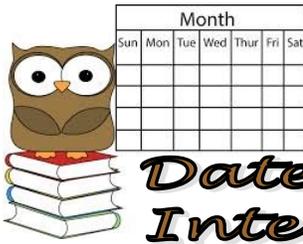
Pam Wallace, Colonial Heights Clerk of Council (804) 520-9360

John Brandt, Colonial Heights Chamber of Commerce (804) 520-5872

Programs like Hometown Heroes helps us all appreciate the personal connections that we share living in a small town community. Our city has many traditions that offer residents the opportunity to become a part of its past, as well as its growth. Please take advantage of the many events, historical sites, recreation opportunities, restaurants, services, and reasonably priced housing that the city has to offer. As your Mayor and representative on City Council, I invite you to get involved in both the traditions and development of this city we share. Celebrate the attributes that make our city strong, while investing in the future. As our city continues to develop to meet the needs of its citizens, so grows the need for involvement and volunteers. Please take the time to get involved in your neighborhood and community! There are many ways you can support and strengthen your community: by volunteering at the Food Pantry, coaching a recreation league sports team, participating in the city-wide clean up, attending council meetings, serving on community service boards, joining your school PTO, or just helping your neighbor. Together we can make this city better, cleaner, safer, and a community that we are all proud to call home.

Love your city!!!! Greg Kochuba
Mayor





Dates of Interest

Sept 4	City Holiday - Labor Day Trash & recycling delayed 1 day
Sept 5	Planning Commission 7:00 pm - Council Chambers
Sept 12	City Council Regular Meeting 7:00 pm - Council Chambers
Sept 19	City Council Special Meeting 6:00 pm - Council Chambers
Oct 3	Planning Commission 7:00 pm - Council Chambers
Oct 9	City Holiday - Columbus Day
Oct 10	City Council Regular Meeting 7:00 pm - Council Chambers
Oct 17	City Council Special Meeting 6:00 pm - Council Chambers
Nov 7	Planning Commission 7:00 pm - Council Chambers
Nov 10	City Holiday - Veterans Day
Nov 14	City Council Regular Meeting 7:00 pm - Council Chambers
Nov 21	City Council Special Meeting 6:00 pm - Council Chambers
Nov 23&24	City Holiday - Thanksgiving Holiday

On the Cover...

CHPD's finest. Come participate in Celebrate Safe Communities and meet your officers and learn about the resources they offer.

See page 9 for more information on Celebrate Safe Communities Night.



Want to Learn More About How the City Operates?

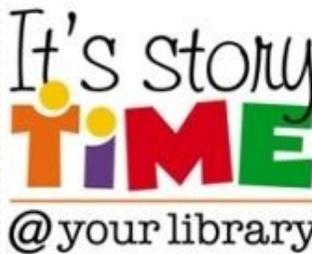


Apply Now for the Citizens Government Academy

The Citizens Government Academy, a free 8-week program, provides residents with an opportunity to learn more about the operations and services of their City government. Each week, program participants visit different departments to meet the director or elected official and learn about specific departmental operations through hands-on activities, demonstrations, group discussions and site tours.

Academy programs are held during the spring (March – May) on Thursday evenings from 6:00 p.m. to 8:00 p.m. at various facilities throughout the City. Applicants must be 18 years-of-age or older, a resident of the City of Colonial Heights, attend at least 7 out of 8 sessions and participate in the graduation ceremony. Class size is limited.

If you are interested in being considered for a future academy, applications are available at www.colonialheightsva.gov or by contacting the Human Resources Department at carpen-terj@colonialheightsva.gov or (804) 524-8749.



The Colonial Heights Public Library will be offering its fall story time sessions on Tuesdays and Wednesdays at 11 a.m. beginning on September 19 and ending on December 5. Each session includes stories, music, lots of movement and a craft. Story hours are a wonderful way for children to gain important prereading skills, learn to socialize with other children, and to begin a lifelong love of books and reading. This is a family story hour, and all ages are welcome. No registration is necessary. A parent or caregiver must attend with the child.

Additionally, our Babies & Books program will be offered on the first Wednesday of every month at 10 a.m. This storytime is for babies from six months old to toddler age. Each child and caregiver shares their own copy of the book that is being read aloud by the presenter. Age-appropriate music, rhymes, and movement activities are a major part of the storytime. No registration is necessary. A parent or caregiver must attend with the child.

The Colonial Heights Public Library will once again be teaming with the Clever Canines Book Buddies to offer individual reading sessions for children in elementary school. Each child can reserve a 15 minute time slot to enjoy reading aloud to one of the friendly and gentle therapy dogs. Sessions take place on the 2nd Monday of every month, from 5:30-6:30 p.m. Registration begins two weeks before the start of each program.

For questions about any of the programs, please contact Chantal Emerson at emersonc@colonialheightsva.gov, or by phone at (804) 520-9384.

General Election

TUESDAY, NOVEMBER 7, 2017

On the Ballot in the City of Colonial Heights:

GOVERNOR: (Vote for only one)

Ralph S. Northam – D

Edward W. “Ed” Gillespie – R

Clifford D. Hyra – L

LIEUTENANT GOVERNOR: (Vote for only one)

Justin E. Fairfax – D

Jill H. Vogel – R

ATTORNEY GENERAL: (Vote for only one)

Mark R. Herring – D

John D. Adams – R

MEMBER HOUSE OF DELEGATES 66th District: (Vote for only one)

Katie A. Sponsler – D

M. Kirkland “Kirk” Cox – R

COMMONWEALTH’S ATTORNEY: (Vote for only one)

A. Gray Collins III

SHERIFF: (vote for only one)

Todd B. Wilson

COMMISSIONER OF REVENUE: (Vote for only one)

Bill S. Feasenmyer, Jr.

TREASURER: (Vote for only one)

Harriet M. Frenier

A write-in vote may be submitted for any person whose name does not appear on the ballot as a candidate in all offices mentioned above. The last day to register to vote for the November 2017 election is October 16, 2017. The deadline to apply for an absentee ballot for the November 2017 election by mail or online is October 31, 2017. The deadline to vote absentee at the Registrar’s office in-person is November 4, 2017. You may check your registration status and precinct location at this link:

www.elections.virginia.gov



Trash and Recycling Collection Reminder

Please remember to adhere to the following timeline for placement/removal of garbage and recycling containers for collection:

Garbage and recycling containers may be placed at the street for collection no earlier than 12:00 noon on the day prior to collection day.

After collection, all garbage and recycling containers must be removed from the City right-of-way by 7:00 p.m. of the day following collection.

For questions about collection please call (804) 425-0500 for trash and (804) 340-0900 for recycling.

COLONIAL HEIGHTS RECREATION AND PARKS DEPARTMENT

Office Hours: Monday - Friday 8:00am - 5:00pm

P.O. Box 3401 / 901 Meridian Avenue

Colonial Heights, VA 23834

www.colonialheightsva.gov/recandparks

Recreation and Parks Office	(804)520-9390
Senior Activities & Classes	(804)520-9220
Senior Transportation	(804)520-9219
Teen Center	(804)524-8717
Weather Cancellation Line	(804)524-8788
Violet Bank Museum	(804)520-9395



REGISTER BY MAIL

To register by mail, send your registration form with check to:

Colonial Heights Recreation and Parks
P.O. Box 3401
Colonial Heights, VA 23834

REGISTER IN PERSON

To register in-person, please visit our office, Monday - Friday 8:00am-5:00pm:

Recreation and Parks Office
Shepherd Stadium
901 Meridian Avenue
Colonial Heights, VA 23834

REGISTER OVER THE PHONE

Call the office at (804)520-9390 during office hours to register. All phone-in registrants are responsible for signing a waiver form and returning it to the Recreation office before the first class.

REGISTER ONLINE



To register online, please visit us online at www.colonialheightsva.gov/recandparks and click the register online link.

AFTER HOURS DROPBOX

We have a Drop Box for after hours collection of registrations, payments and uniforms; located in front of the Community Center at 157 Roanoke Ave.

PAYMENT OPTIONS

The Recreation Dept accepts Cash, Check, money order and major Credit Cards. Please make checks payable to: "City of Colonial Heights". \$35 fee may apply for returned checks.

FALL ADULT SOFTBALL LEAGUE

Ages 16+

Colonial Heights Recreation Department is accepting registration for all divisions for their 2017 Fall Softball League. League will include a round-robin regular season (depending on number of registered teams), postseason double elimination tournament, team and individual awards, umpire association team registration, and umpire fees. League play is tentatively scheduled to begin in early-September. Limited openings, first to pay=first to play.

Fee: \$400 (Payable to City of Colonial Heights)
Deadline: 8/25/17

Teams must be available to play any weeknight. Teams must supply game balls. Balls must be USSSA Classic M or USSSA Classic M Plus.

FALL YOUTH SOCCER

Ages: 6-18 (as of 9/1/2017)

Registration for 2017 Fall youth soccer leagues is underway at www.colonialheightssoccer.com. Players from all localities are welcome for an additional \$5 per player fee. All games and practices will take place at the Soccer Complex behind the Colonial Heights Library. 1st time registrants are required to show proof of age. You must register by September 1st to guarantee a spot on a team and to receive a uniform if needed. Practices will start the week of Sept 11 and games will be played on Saturdays Sept 23-Nov 11. For more information email chsainformation@gmail.com.

Fees: \$40; ages U5-U10
\$60; ages U12
\$70; ages U14-U18
\$160; all Cross-Association ages

Registration fees include the uniform.

CONNECT WITH REC & PARKS ON SOCIAL MEDIA...





YOUTH BASKETBALL

REGISTRATION

Ages: 6-15 (as of 1/1/2018)

Registration for 2017 youth basketball leagues will begin on October 9, 2017. We will have extended office hours on Saturday October 15 from 9am-12pm at Shepherd Stadium. The deadline to register is November 3. To register you must be a City of Colonial Heights resident. Practices begin the beginning of December. Fee: \$20 until November 3; \$30 after November 3 and as space permits, children registered after November 3 may be placed on a waiting list.

Coed:

Instructional League ages 6-8

Boys:

U10 League ages 9-10
U12 League ages 11-12
U15 League ages 13-15

Girls:

Minor League ages 9-11
Junior League ages 12-14

*Girls age 15 may play in our Boys U15 League

YOUTH WRESTLING REGISTRATION

Ages: 1st-7th Graders

Registration for youth wrestling will begin on October 9, 2017. You can register at Shepherd Stadium during regular office hours, M-F 8am-5pm. The deadline to register is October 27. To register you must be a City of Colonial Heights resident. Practices will begin in November.

Fee: \$31; checks made payable to Colonials Youth Wrestling.

*Fee includes uniform

FALL YOUTH VOLLEYBALL LEAGUE

Ages 6-14

The Youth Volleyball League is designed to teach boys and girls the fundamentals of Volleyball through league play. The league emphasizes sportsmanship, skill development and teamwork in a safe and fun learning environment. Registration for the 2017 Fall Volleyball season began on June 5th and has been extended into August. Practices will begin in September. Practice days and times will vary depending on the number of teams.

Fee: \$40

Divisions: 6-8 (Instructional), 9-11 (Minors), 12-14 (Juniors)

LITTLE TYKES BASKETBALL

Ages 4-5

Colonial Heights Recreation and Parks will provide a new way to interact with your toddler. Little Tykes Basketball will provide a weekly opportunity for children between the ages of 4 and 5 to learn some basics of the game of basketball. The activity will provide a great environment for your toddler to learn basic skills and have fun learning something new.

Th 1/11-2/8 6:00pm-7:00pm
\$20 North Elem. Gym

LITTLE TYKES ALL-STARS

Ages 3-5

Colonial Heights Little Tykes All-Star Sports program focuses on teaching the skills and techniques need to play baseball, basketball, soccer, football, and field hockey. Whether your child is experiencing these sports for the first time or enhancing his or her existing skills, kids will have a BLAST in this fun, non-competitive class.

Th 9/14-10/12 6:00pm-7:00pm
\$20 Ft. Clifton Park

READY, SET, RUN

Ages 8-13

Ready, Set, Run! is a character-building running program that trains kids to participate in a 5K run. In addition to running, the program offers participants an opportunity to learn about and take part in things such as healthy eating habits, positive goal setting, wellness development and much more!

Tu/Th 9/5-10/26 6:00pm-7:00pm
\$40 Lakeview Elem. School Gym

Fee includes entry in a 5K event on Oct. 28. More details available during program about the race.

YOUTH BASKETBALL CLINIC

Ages 9-15

Participants will work on fundamental basketball skills to prepare for the basketball season. Skill development will be the focus as the instructor will look to improve shooting, ball handling, passing, defense, and overall basketball IQ.

Tu/Th 11/7-11/21 6:30pm-8:00pm
\$20 Middle School Gym

Classes & Activities

CPR & AED: FOR THE COMMUNITY & WORKPLACE

Ages 16+

This course teaches the basic techniques of CPR and the use an AED. The course teaches how to recognize the signs of four major emergencies – heart attack, stroke, cardiac arrest, and foreign-body airway obstruction. *Health restrictions apply: if you have any of the following health issues you will be unable to participate in this class - breathing problems, heart condition or back problems. Price includes all needed materials.

Sa 10/21 8:30am-12:30pm
\$30 Community Center

BASIC FIRST AID COURSE

Ages 16+

This course teaches lay responders the knowledge and skills necessary to give care in an emergency; help sustain life and minimize the consequences of injury or sudden illness until medical help arrives. *Health restrictions apply: if you have any of the following health issues you will be unable to participate in this class - breathing problems, heart condition or back problems. Price includes all needed materials.

Sa 10/21 1:00pm-5:00pm
\$30 Community Center



These courses are provided by the Colonial Heights Recreation Department in conjunction with the Colonial Heights Fire & EMS Department. For questions, contact the Recreation Dept. at 520-9390. Register for both classes and receive a \$10 discount.

BELLY DANCING

Ages 13+

This class is designed to teach the traditional Cabaret Style belly dancing while providing an excellent cardio workout that strengthen your core and your abdominal and lower body muscles. All shapes, sizes, and fitness levels are welcome.

Mo/We 9/7-9/28 6:00pm-7:00pm
Mo/We 10/5-10/26 6:00pm-7:00pm
Mo/We 11/2-11/30 6:00pm-7:00pm
\$30 Community Center

YOUTH ARCHERY

Ages 8-15

The Colonial Heights Youth Archery Program is designed to educate local youths and teens about archery, with an emphasis on safety. Students will learn how to use entry level compound bows, as well as archery safety, range set-up, and more.

We 8/30-9/27 6:00pm-7:00pm
\$40 Ft. Clifton Park

JUNIOR CHEF

Ages 9-12

The theme for this session of cooking classes is "Cooking around the World". Join the Recreation Department in learning how to cook various meals from different parts of the world. Students will learn the fundamentals of preparing simple meals. During the last session participants will engage in making a group meal for their parents or special guest. No class on 9/5.

Tu 8/29-10/3 6:00pm-7:00pm
\$40 Community Center

LITTLE BAKERS CLUB

Ages 3-5

The theme for this class is "fun for all ages" cooking. Join us in learning about alternative forms of healthy eating and exploring recipes that do not require using an oven. Students will learn about proper safety techniques and facts about fruits, vegetables and spices. During the last session participants will engage in making a dish for their parents!

Tu 11/7-11/28 6:00pm-7:00pm
\$25 Community Center

MOUNTAINEER ADVENTURE CLUB

Ages 14-18

The Adventure Club is a year-round outdoor adventure program for youth ages 14-18. Members meet bi-monthly on the 2nd and 4th Tuesdays to plan outings and learn skills needed to participate in Outdoor Adventure activities. The youth members plan all of their outings, with guidance from adult advisers. From single-day outings to weekend-long camping trips, activities include rock climbing, whitewater rafting, hiking, camping, skiing, and much more. The Mountaineers Adventure Club is open to all youth aged 14 and over. Youth must turn 14 years old by January of this school year to be eligible to join. All 18 year olds must still be registered in High School in order to join.

Tu 9/12-11/21 7:00pm-8:30pm
FREE Teen Center

*other fees may apply for any trips

www.colonialheightsva.gov/recandparks
to view info on our parks & facilities.

OKINAWAN KARATE

Ages 5+

The focus of this class is on respecting others, self-control, self-discipline and avoiding confrontation. The emphasis is on the basics such as, falling, balance, flexibility, agility and basic karate techniques.

Mo/We	9/6-10/25	5:30pm-7:15pm
Mo/We	10/30-12/13	5:30pm-7:15pm
\$40	Lakeview Elem. Gym	

YOGA IN THE PARK

All Ages

Featured in White Bank Park FREE Yoga class lead by Hope Helton-Lynch, E-500RYT, owner of Yoga One. This class is appropriate for all levels and beginners are encouraged to attend. The practice will be accentuated by being in nature. Bring a yoga mat or a large towel. Donations are welcome!

Sa	9/9	11:00am-12:00pm
Sa	9/16	11:00am-12:00pm
Sa	9/23	11:00am-12:00pm
Sa	9/30	11:00am-12:00pm
FREE	White Bank Park	

LEARN TO SQUARE DANCE

All Ages

Join the Colonial Squares and learn to square dance. You can join their beginner's group and learn the basics before advancing into more advanced square dancing. Contact Martha Newton for more information at (804)733-4663.

Mo	9/18	7:00pm-8:30pm
FREE	Colonial Heights High School	

TAI CHI

Ages 12+

Tai Chi is a Chinese martial art that is used today to improve health, increase flexibility, and relieve stress. It is also an extremely effective self defense system.

Tu/Th	9/5-9/28	7:00pm-8:00pm
Tu/Th	10/3-10/26	7:00pm-8:00pm
\$50	Lakeview Elem. Gym	

CONNECT WITH US ON SOCIAL MEDIA...



SANTA'S WORKSHOP W/ BRICKS 4 KIDZ

Ages 2-8

Join Santa and his elves to decorate Christmas cookies and build some holiday memories with Bricks4Kidz. Official Christmas tree lighting to follow the workshop at 6:00pm.

Sa	11/25	4:30pm-6:00pm
\$10	Colonial Heights Courthouse	

*Parents are more than welcome to take pictures of their children with Santa

ART & PIZZA NIGHT

Ages 5-12

Art & Pizza Nights are back! Parents, enjoy a few hours alone while your children engage in different arts and crafts projects. A pizza dinner is provided for all those that attend.

Fr	11/17	6:00pm-8:30pm
Fr	12/22	6:00pm-8:30pm
Fr	1/19	6:00pm-8:30pm
\$10	Community Center	

CHRISTMAS CARD CONTEST

Elementary School Students

The Recreation Department is once again sponsoring our Annual Christmas Card Contest to find the best card to use for our Department's Christmas card. If your child is interested, information will be available at each Elementary School's Art Department between October 30-November 3.

Entries due November 3, 2017
 FREE All 3 Elementary Schools

MESS MAKERS

Ages 2-5

Mess Makers, a program designed for young ones to get down and dirty with different sensory objects, textures and smells. Children are able to squish and squeeze different materials with parents while also expressing their imaginations. Parents are encouraged to participate with their little one!

Th	10/5-10/26	10:00am-11:00am
\$20	Community Center	

PARENT'S NIGHT OUT W/ BRICKS 4 KIDZ

All Ages

September

Get your ticket to ride at Bricks 4 Kidz very own Amusement Park! Participants will build an amusement park ride, learning how to make things spin, roll, tum and rock.

Fr	9/29	6:00pm-7:30pm
\$10	Community Center	

October

Galaxy Far Away. Join us for an adventurous journey through space. We will build motorized models that represent spacecraft from your favorite popular space movie!

Fr	10/27	6:00pm-7:30pm
\$10	Community Center	

November @ Tree Lighting Ceremony

Join in the fun of the annual holiday tree ceremony and build some holiday memories with Bricks4Kidz.

Sa	11/25	4:30pm-6:00pm
\$10	Colonial Heights Courthouse	

Christmas at the Biltmore
 3 Nights/4 Days
 November 28th
 To
 December 1st

For more information
 contact (804)520-9220

Double: \$599/person Single: \$799/person

Trips

RIVERSIDE THEATER FREDERICKSBURG, VA

For the following performance, we will depart from the Senior Center at 10:00am and return back to the center at approximately 6:30pm. Price includes transportation on vans, ticket to show, and lunch. Sign up early, limited tickets!

MAMMA MIA!

The story of a bride-to-be trying to find her real father told using hit songs by the popular '70s group ABBA.

We 2/7 10:00am-6:30pm \$62

THE HUNCHBACK OF NOTRE DAME

Based on the Victor Hugo novel and songs from the Disney film. As the bells of Notre Dame resound through the famed cathedral in 15th-century Paris, Quasimodo, the deformed bell-ringer who longs to be "Out There," observes all of Paris reveling in the Feast of Fools.

We 4/4 10:00am-6:30pm \$62

LEWIS GINTER GARDENFEST OF LIGHTS

All Ages

A holiday tradition featuring more than half-a-million twinkling lights, hand-crafted botanical decorations, model trains, holiday dinners, firepit with s'mores and hot chocolate (for purchase); nightly family activities & more. The region's ultimate holiday extravaganza! We will see the lights during the daytime and enjoy a wonderful dinner on site or nearby. And then return the lights in their true glory at night.

Tu 12/4 3:30pm-9:00pm
\$45 Depart Community Center @ 3:30pm

Senior Center

SENIOR CENTER

The Senior Citizen Center is adjacent to the Community Building at 157 Roanoke Avenue. It is open Monday through Friday, 8:30 am to 4:30 pm. The Center is open to adults 50 years of age and older who are City Residents. All Senior Citizen programs are FREE unless noted.

Visit the Senior Center's website at www.colonialheightsva.gov/261/Senior-Center for a full listing of programs and activities. The website is updated each month with a full monthly calendar listing of programs, trips and special activities. You may also call the Center at (804) 520-9220 for information on upcoming activities.

SENIOR TRANSPORTATION

The Transportation Department operates 8am-4pm Monday-Friday, except City Holidays. Senior Citizens sixty (60) years of age or older that are City of Colonial Heights residents, needing transportation for medical, business, or personal reasons may obtain rides throughout the City of Colonial Heights. Transportation is provided to Petersburg, Hopewell and Fort Lee for medical appointments only. Vans are equipped with hydraulic lifts for wheel-chairs. Reservations must be called in 24 hours in advance of your appointment. Please call 520-9219 for further information.

SENIOR CITIZEN CLUB

The Senior Citizen Club was organized in 1968 and is sponsored by the Department of Recreation and Parks. It is open to Senior Citizens 50 years of age and older who are City Residents. The Club meets at 1:15 pm on the first three Thursdays of the month at the Community Center and on the fourth Thursday of the month at Golden Corral Restaurant. For information on being part of this Club contact the Senior Center at 520-9220.

ACTIVITY & FITNESS MONTHLY CLASS SCHEDULE

Monday

8:30am Muscles in Motion
9:30am Tai Chi (*Library*)
9:30am Bowling (*League Fee*)
10:00am Strength & Stretch
11:00am Zumba Gold (\$5)
1:30pm Pickle Ball (*Swift Creek Baptist*)
3:00pm Computer Class (*sign up*)
4:00pm Beginners Sewing (*sign-up \$12*)

Tuesday

9:00am Yoga
9:30am BP Screening (*3rd Tue*)
10:00am Sit & Let's Get Fit
11:00am Sit & Let's Get Fit
11:00am Bunco
12:00pm Duplicate Bridge
1:00pm Bingo
1:30pm Water Aerobics (*HCC - \$2*)
3-6pm Quilts for Vets (*Last Tue*)
3:00pm Open Sew (*1st, 2nd & 3rd Tues*)

Wednesday

8:30am Muscles in Motion
10:00am Strength & Stretch
10:00am Crochet & Knitting Group
11:00am Line Dancing
11:30am Pickleball (*Swift Creek Baptist Church*)
12:00pm Party Bridge
4:00pm Beginners Sewing (*sign-up \$12*)

Thursday

9:00am Yoga
9:30am Sing-A-Long
10:00am Sit & Let's Get Fit
11:00am Sit & Let's Get Fit
12:45pm BP Screening (*1st Thur*)
1:15pm Senior Citizens Club Mtg.
2:00pm Watercolor

Friday

8:30am Muscles in Motion
10:00am Strength & Stretch
1:00pm Computer Class (*sign up*)
5:30pm Open Paint
7:00pm Senior Dance (*2nd Fri - \$6*)

Friday, December 1st

\$18

Leave from

Community Center

**Lunch on your own on-site.*

*Cost includes Admission Ticket
& transportation.*



Teen Center

TEEN CENTER

The Teen Center is located inside the Community Center at 157 Roanoke Ave. Participants must be City of Colonial Heights residents and eligible for enrollment at Colonial Heights Middle School or Colonial Heights High School. Admission to the Teen Center is FREE. Participants may bring a guest, but there is a \$5 charge for all guests.

The Teen Center features an Xbox 360, PlayStation 3 and PlayStation 4, Wii, 3 big screen TVs, and computers. Participants are required to sign in when arriving to Teen Center and are required to sign out when leaving the Teen Center. For more information contact (804)524-8717.

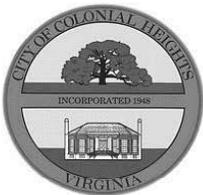
Hours of Operation

Monday & Wednesday 2:00pm-7:00pm
Closed remaining days

CELEBRATE SAFE COMMUNITIES

Crime prevention has become a major concern in many neighborhoods across America, and Colonial Heights is no exception. In response, every year our city participates in Celebrate Safe Communities Night. In prior years, we have had over 25 host sites throughout the city and would like to increase that number with your involvement. We invite you to get involved and be a neighborhood host on Tuesday, October 3, 2017, from 5:30 to 8:30 p.m. This is an evening where your neighbors are invited to gather in fellowship at a certain location in your neighborhood, at which time Colonial Heights Police Department officers will stop by and share what's going on in the neighborhood and provide crime prevention tips. Event hosts will be notifying their neighbors by delivering flyers. Very often, hosts even sponsor a cookout where everyone brings a dish. Information on how to start a Neighborhood Watch will also be available at each event location.

For a complete listing of the events, please view www.colonialheightsva.gov closer to the date. If you are interested in hosting a Celebrate Safe Communities event in your neighborhood, please contact Career Officer Scott Whirley at 804-520-9318, or at whirleys@colonialheightsva.gov



CITY OF COLONIAL HEIGHTS DEPARTMENT OF PUBLIC WORKS FIRE HYDRANT FLUSHING SCHEDULE

The Utility Division of the City of Colonial Heights Department of Public Works will be testing and flushing FIRE HYDRANTS throughout the City starting August 21, and continuing through October 27, 2017.

The City will be divided into four sections. The sections and dates are as follows:

SOUTHEAST SECTION: August 21, through September 6, east of I-95, from ELLERSLIE/YACHT BASIN, SOUTH, TO E. ROSLYN RD. Including Newcastle and Old Town Subdivisions.

NORTHEAST SECTION: September 7, through September 27, east of CSX RR, from ELLERSLIE/YACHT BASIN, NORTH, TO SWIFT CREEK. Including Dunlop Farms Subdivision.

NORTHWEST SECTION: September 28, through October 12, west of CSX RR, from NORTH CITY LIMITS, SOUTH, TO OLD TOWN CREEK.

SOUTHWEST SECTION: October 13, through October 27, west of I-95 from OLD TOWN CREEK, SOUTH, TO ARCHER AVE.

Please mark the date on your calendar when Fire Hydrant flushing is planned in your area. The dates above are subject to change due to emergencies or adverse weather conditions.

You may experience some discolored water between these times, if this should happen, first run the cold water in your bathtub for about 15 to 20 minutes, if your problem does not clear up within this time period please contact the Utilities Division 520-9393 between 7:30 AM and 3:30 PM Monday through Friday. After hours or weekends call the Police Department 520-9300 and they will dispatch Utility personnel to your home or business.

The Regional Heroin and Opiate Summit, Act III

October 17, 2017

6:30pm - Colonial Heights High School

Recognizing the seriousness of the nationwide heroin/opiate epidemic, the Colonial Heights Commonwealth Attorney's Office, the City of Colonial Heights and Colonial Heights Public Schools are hosting "The Regional Heroin and Opiate Summit, Act III" October 17, 2017 at Colonial Heights High School. The program will begin at 6:30 p.m. with a short presentation from a parent who lost his son as a result of addiction. The remainder of the program will include roundtable discussions with addiction counselors, the medical profession, recovering addicts, family members of addicts, professionals from the Police and Fire and EMS departments, and treatment and recovery organizations. Be on the lookout in mid September for flyers around the City and on the City marquees for additional information.

Colonial Heights Chamber of Commerce 2017 Turkey Trot

November 23rd

9:00am

Call (804)526-5872
or

Register at www.colonialheightschamber.com





I-95/Temple Ave. project heading to final phases of construction; outreach team to help prepare public for roundabout configuration



The I-95/Temple Avenue improvements project is approaching the final phases of construction, planned for the end of 2017. Crews have been grading and paving the new I-95 ramps, installing overhead sign structures for the new intersection and starting construction of the northern portion of the roundabout. Over the next few months, drivers will continue to experience minimal traffic impacts, but will see the new traffic configuration start to take shape. The roundabout configuration will begin in the fall, likely around the September timeframe.

Petersburg Area Transit provides local bus transportation in Colonial Heights

Petersburg Area Transit (PAT) operates bus service within Colonial Heights, through an expanded Southpark Mall route that also provides service to the Boulevard.



The route travels from Petersburg up the Boulevard, turns right on Ellerslie Avenue, right onto Conduit Road, left on Temple Avenue and then east toward Southpark Mall and eventually returns to the Boulevard traveling south back to Petersburg. Stops throughout Colonial Heights are marked by a Petersburg Area Transit sign. The route takes one hour, starting at 6:15 am from Petersburg (Saturday route starts at 7:15 am). The final run starts at 6:15 pm, returning to Petersburg around 7 pm. The route operates Monday through Saturday.

The regular fixed route fare both ways is \$1.75, with discounted tickets available for the elderly and handicapped for \$.85. Daily, weekly, and monthly passes are also available. Petersburg Area Transit also offers paratransit service for persons with disabilities.

For information on ticket prices, ticket purchase locations, bus stops, and paratransit service, please visit www.colonialheightsva.gov/bus or call 733-2450.

Hamilton Avenue and Ridge Road will both remain closed until fall for off-road work on drainage and storm water facilities.

Once complete, the new traffic patterns will offer enhanced safety and smoother traffic flow in this growing area. Drivers in the area are encouraged to use caution as the new travel patterns evolve.

Drivers who wish to learn more about roundabout travel are encouraged to use the many VDOT resources for navigation, found at www.virginiaDOT.org/roundabouts.

The project outreach team is beginning the next wave of project presentations late summer and early fall, which will feature opportunities for participants to experience the new traffic configuration before the work is complete. If you would like the team to visit with your group, please reach out to Lindsay.LeGrand@vdot.virginia.gov.

Drivers are reminded to read the signage and pavement markings approaching the area and once in the construction zone. These elements are there to help drivers safely travel through the area with little interruption.

While congestion is possible during construction, at least one lane will remain open in each direction at all times. The team has established several alternate routes for drivers who wish to avoid any delays, but the road will remain open. Drivers can use Ellerslie Avenue to the north of the interchange or Westover Avenue to the south.

Check VDOT's website for the latest project progress, sign up for travel update emails and see project photos at www.95templeimprovements.org.

City of Colonial Heights

4th Annual

Christmas Tree Lighting Ceremony

Saturday November 25th

5:00-6:30pm

Courthouse

550 Boulevard

Featuring

Santa's Workshop w/ Bricks 4 Kidz
4:30pm (\$10) -
Must pre-register



Live Entertainment
6pm

Tree Lighting
6:30pm

For more information or to register for Santa's Workshop contact the Recreation & Parks Department at 520-9390.



Only \$130

Hometown Heroes Banner



A great way to honor our active duty military and veterans for their service, sacrifice and bravery!

Banners will be displayed from the light poles along the Boulevard, initially Labor Day through Veterans Day 2017. They will then be displayed Memorial Day through Labor Day 2018. Banners will continue to be displayed in following years as long as the program continues. If the banner becomes unable to be used it becomes the property of the purchaser.

Full color, double-sided 24"x 63.75" banner, customized with picture, name, branch of service, rank, dates of service, and/or civic organization affiliation.

For more information and/or to purchase contact:

Colonial Heights Chamber of Commerce

John Brandt

804-526-5872

Colonial Heights City Clerk of Council

Pam Wallace

804-520-9360

Everyone Welcome to our community

CAMPFIRE



There may be nothing better than sitting next to a warm crack-ling campfire. Colonial Heights Recreation and Parks invites you to join us for our community campfire. We provide the fire and everything to make s'mores. You get to share a campfire experience with others in your community. This free program is open to all ages and all children must be accompanied by an adult.

Fri 9/15 7:30pm-8:30pm Flora Hill Park FREE

Fri 10/13 7:00pm-8:00pm White Bank Park FREE

Contact (804)520-9391 for more information.



Presented by



**Tuesday
October 31st
6:00-8:00 PM
Flora Hill Park**

Food & Drinks Face Painting Children's Games

Wear your costumes and bring your trick or treat bag!

FREE CANDY

City of Colonial Heights
Christmas Parade
2017 Theme

all i want for
CHRISTMAS

The 65th Annual Christmas Parade – a longtime Colonial Heights tradition - will occur on **Tuesday, December 5, 2017, 7:00pm** on the Boulevard, starting at Temple Ave and concluding at the Colonial Heights Courthouse. Applications are now being accepted for the 2017 City of Colonial Heights Christmas Parade. Please contact the Recreation and Parks Department at (804) 520-9390 or apply online at www.colonialheightsva.gov/christmasparade. The following entry fees will be required with application:

- ◇ Non-Profit (Church, Civic Group, etc.) - \$25.00
- ◇ For Profit (Business, Corporate, etc.) - \$50.00
- ◇ School Marching Bands - NO CHARGE

The deadline to submit an application for the Christmas Parade is Friday, November 3, 2017. If you have any questions, please contact the Recreation & Parks Department at (804) 520-9390.

We are also accepting sponsorships for the 2017 Christmas Parade. Visit the Christmas Parade page on our website at www.colonialheightsva.gov/christmasparade for information on becoming a sponsor for this year's City of Colonial Heights Christmas Parade or call us at (804)520-9390.

THE CITY FOCUS

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Office of the City Manager
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www.colonialheightsva.gov

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