



CITY OF COLONIAL HEIGHTS

EMERGENCY MANAGEMENT

Public Safety Building
100-B Highland Avenue • P.O. Box 3401
Colonial Heights, VA 23834

A. G. Moore, Jr.
Fire Chief

David A. Salot
Deputy Chief

MEDIA RELEASE

Colonial Heights Emergency Management
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COMMUNITY EMERGENCY RESPONSE TEAM COURSE

Colonial Heights residents are invited to attend training that will help them overcome the effects of a disaster. Colonial Heights's popular Community Emergency Response Team, or CERT, training will begin on October 2, 2013. There is no charge for the course, which is open to the first 20 persons aged 18 and older who apply. The deadline to enroll is October 1. The eight-night initial training course is held two nights a week over four consecutive weeks. The training provides participants with basic emergency response skills that are essential in the critical time after a disaster and before first responders arrive. Topics include: light search and rescue, fire safety and suppression, basic and advanced emergency care, terrorism awareness, and disaster psychology. Graduates earn certificates and receive CERT emergency gear including a backpack. More than 100 people have completed Colonial Height's CERT training. We want you to join our team as well!

Registration forms are available online at <http://www.colonialheightsva.gov/> (search CERT), or by calling 804-524-8773.