



Colonial Heights Public Schools Pride Survey Results 2022-2023



Presented by : Office on Youth & Human Services, Becca Lynch



Why is the “Pride” Survey Used and Why is it Important?

Reasons to Use “Pride”

- Reputable, National Company of 30 + years
- Reliability and Validity
- Comply with federal guidelines for grants
- Built in “lie test”
- Ability to customize questionnaire

Reasons to Survey Students

- Snapshot of where we are now
- Plan and evaluate programs
- Continued and future programming
- Rationale for behaviors/challenges
- Develop meaningful goals and objectives



Breakdown of Students Surveyed

- ▶ Total 8th, 10th, and 11th grade students for the 2022-2023 School Year: **590**
 - ▶ 8th graders- 203
 - ▶ 10th graders- 225
 - ▶ 11th graders- 162
- ▶ Total 8th, 10th, and 11th, grade students that completed the 2022-2023 survey: **352**
 - ▶ 8th graders- 134
 - ▶ 10th graders- 115
 - ▶ 11th graders- 103

**Surveys were administered by teachers and completed independently. All results were to be confidential, no names were collected with completed surveys.*



Core Measures

- ▶ Reported 30-Day Use - the percentage of students who have reported use in the last 30 days.
- ▶ Perception of Risk - the percentage of students who reported that a drug was Moderate Risk or Great Risk.
- ▶ Perception of Parental Disapproval of Use - the percentage of students who reported that their parents would feel it was Wrong or Very Wrong to use.
- ▶ Perception of Friends' Disapproval of Use - the percentage of students who reported that their friends would feel it was Wrong or Very Wrong to use.



Why Choose These Measures?

- ▶ These four core measures provide the most information regarding questions we have about:
 - ▶ Why do students use
 - ▶ What are students using
 - ▶ How do they access substances
 - ▶ Role of Parents and Peers



Breaking Down the Survey: The What

- ▶ Comparisons
 - ▶ 2022-2023 CHPS
 - ▶ 2019-2020 CHPS
 - ▶ 2021-2022 National Summary
 - ▶ Annual vs. Past 30-Day Use
 - ▶ Students Perception of Risk
 - ▶ Students Perception of Disapproval
 - ▶ Students Perception of Availability
 - ▶ Where Students Use
 - ▶ When Students Use
 - ▶ Risk & Protective Factors
 - ▶ Violence Indicators/Mental Health
- 

C
o
m
p
a
r
i
s
o
n
s

Drug	8 th	10 th	11 th	8 th	10 th	11 th
	Annual Use			Past 30 Day Use		
Tobacco						
2022-2023	3.2	8.2	11.1	2.7	3.3	3.8
2019-2020	6.3	13.5				
2021-2022 NS	5.2	8.6	10.5	NA	NA	NA
Difference	-2.0	-0.4	0.6			
Alcohol						
2022-2023	9.8	34.9	39.8	5.5	22.0	18.7
2019-2020	24.7	33.9				
2021-2022 NS	12.9	25.5	31.5	7.8	15.7	19.7
Difference	-3.1	9.4	8.3	-2.3	6.3	-1.0
Marijuana						
2022-2023	5.8	23.1	27.3	5.5	17.0	18.4
2019-2020	11.6	19.7				
2021-2022 NS	5.1	13.6	16.8	4.1	10.2	12.8
Difference	0.7	9.5	10.5	1.4	6.8	5.6

NS= NATIONAL
SUMMARY

C
o
m
p
a
r
i
s
o
n
s

Drug	8 th	10 th	11 th	8 th	10 th	11 th
	Annual Use			Past 30 Day Use		
RX Drugs (not rx self)						
2022-2023	3.1	7.1	3.9	2.7	1.1	1.3
2019-2020	4.7	4.7				
2021-2022 NS	1.8	2.6	2.7	2.0	2.4	2.2
Difference	1.3	4.5	1.2	0.7	-1.3	-0.9
Inhalants						
2022-2023	2.5	2.7	2.0	1.8	0.0	0.0
2019-2020	2.7	1.6				
2021-2022 NS	1.7	1.8	1.4	1.3	1.0	0.9
Difference	0.8	0.9	0.6	0.5	-1.0	-0.9
Hallucinogen						
2022-2023	1.6	6.5	3.0	0.8	1.9	1.0
2019-2020	1.4	0.8				
2021-2022 NS	0.7	2.4	2.1	0.3	1.0	0.7
Difference	0.9	4.1	0.9	0.5	0.9	0.3

NS=
NATIONAL
SUMMARY

C
o
m
p
a
r
i
s
o
n
s

Drug	8 th 10 th 11 th Annual Use			8 th 10 th 11 th Past 30 Day Use		
	Steroids					
2022-2023	0.8	1.9	2.0	0.0	0.9	1.0
2019-2020	0.7	0.0				
2021-2022 NS	0.9	1.1	1.1	0.9	1.1	1.1
Difference	-0.1	0.8	0.9	-0.9	-0.2	-0.1
Ecstasy						
2022-2023	0.8	4.6	1.0	0.8	1.9	0.0
2019-2020	1.4	0.8				
2021-2022 NS	0.6	1.3	1.3	0.3	0.6	0.5
Difference	0.2	3.3	-0.3	0.5	1.3	-0.5
Over the Counter						
2022-2023	0.8	5.4	2.9	2.6	3.4	0.0
2019-2020	3.4	4.7				
2021-2022 NS	1.5	2.3	2.0	0.8	1.3	1.3
Difference	-0.7	3.1	0.9	1.8	2.1	-1.3

NS=NATIONAL
SUMMARY

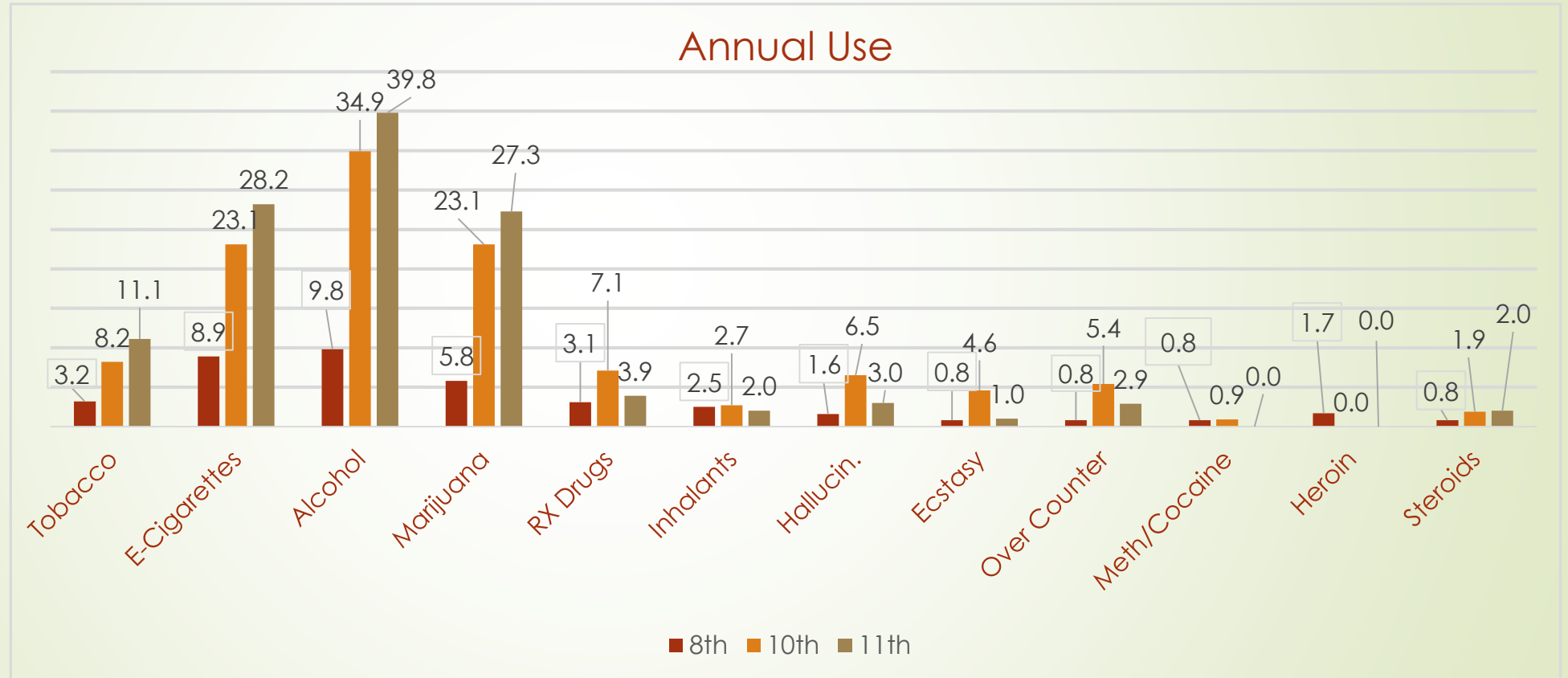
C
o
m
p
a
r
i
s
o
n
s

Drug	8 th 10 th 11 th Annual Use			8 th 10 th 11 th Past 30 Day Use		
	Meth/Cocaine					
2022-2023	0.7	0.9	0.0	0.8	0.0	0.0
2019-2020	0.3	0.8				
2021-2022 NS	0.5	1.0	1.2	0.2	0.5	0.6
Difference	0.2	-0.1	-1.2	0.6	-0.5	-0.6
Heroin						
2022-2023	1.7	0.0	0.0	0.0	0.0	0.0
2019-2020	0.0	0.8				
2021-2022 NS	0.3	0.8	0.7	0.2	0.6	0.5
Difference	1.4	-0.8	-0.7	-0.2	-0.6	-0.5

NS=
NATIONAL
SUMMARY

Annual Use Percentages 2022-2023

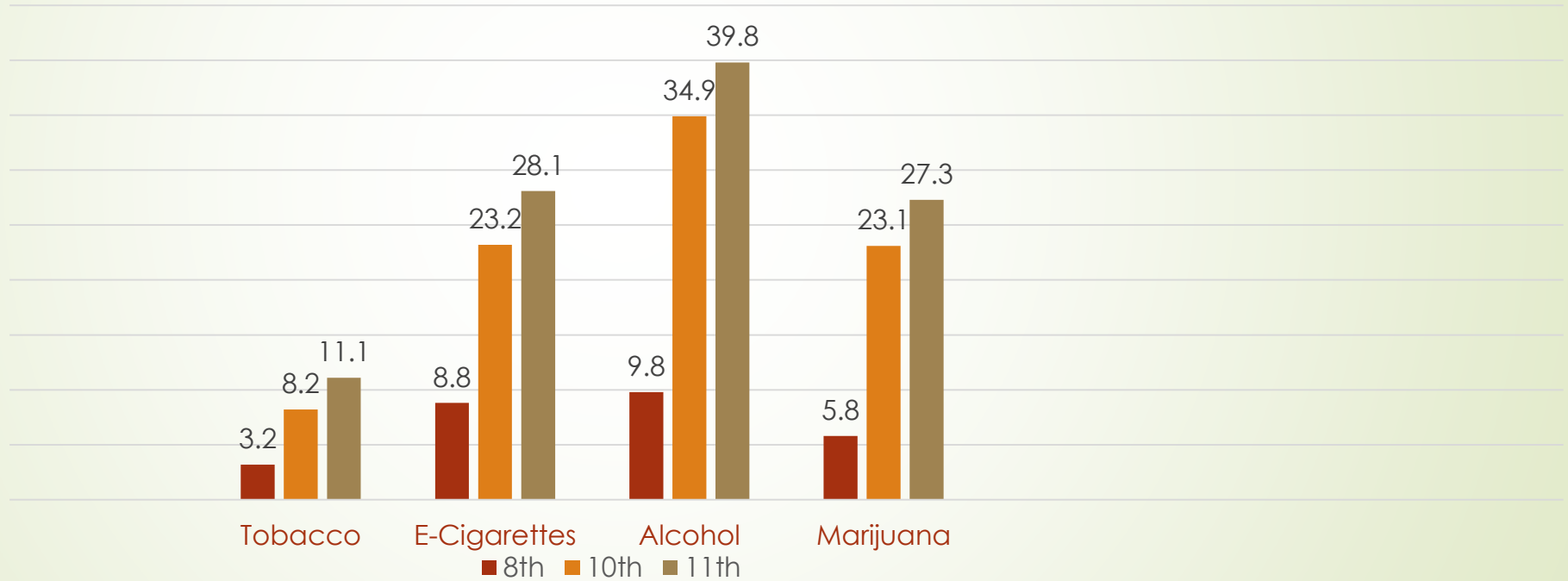
Average
age of onset
of use 11-13
years of age



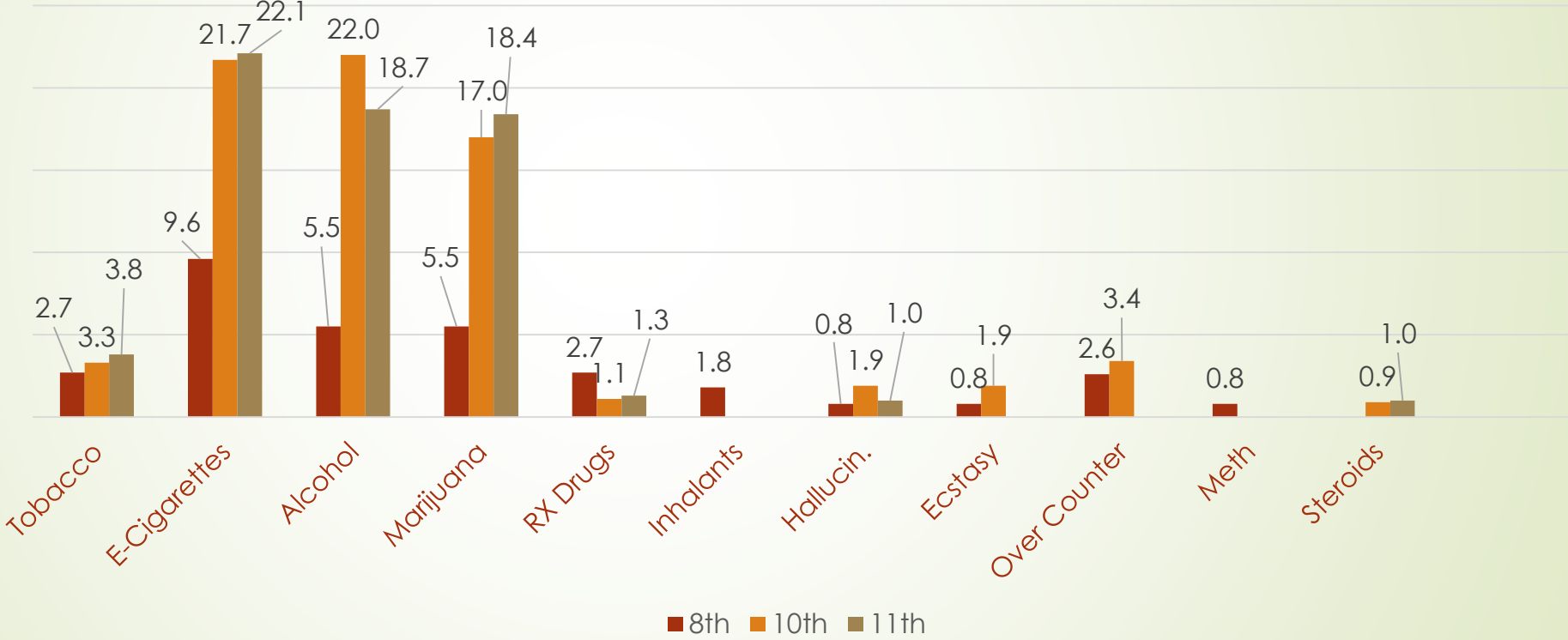
Annual Use Percentages

Top 4

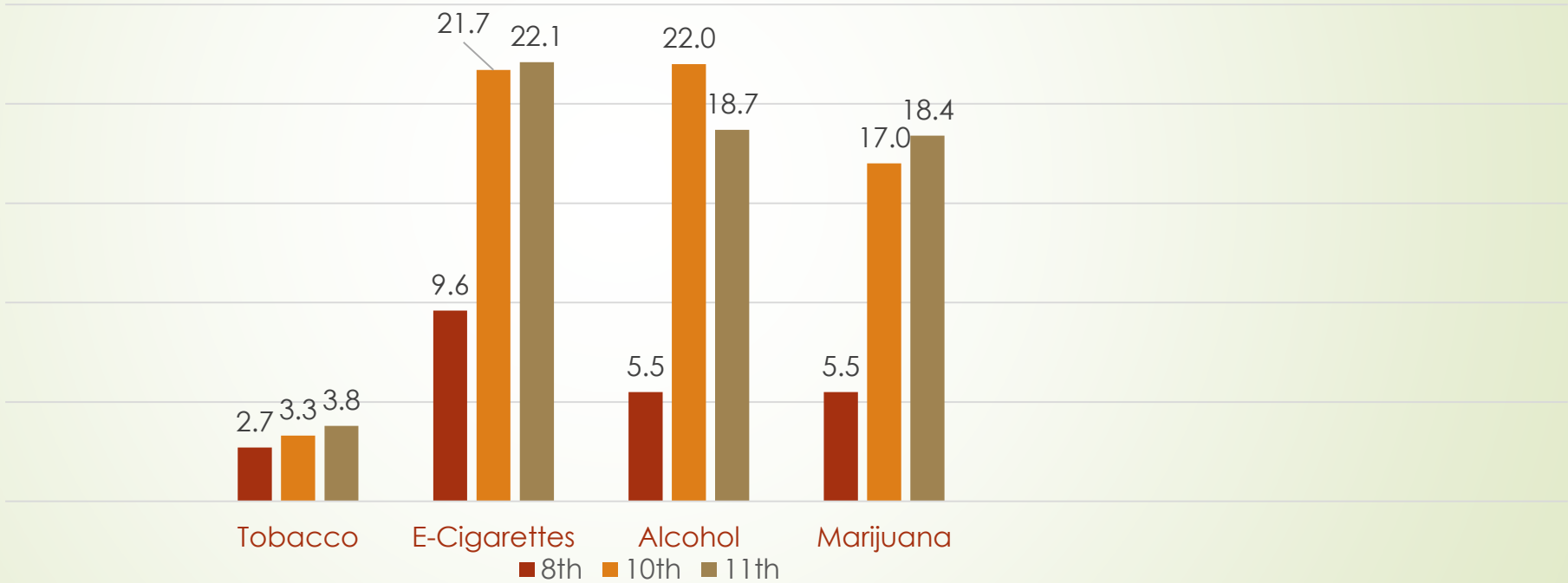
2022-2023



Past 30-Day Use Percentages 2022-2023




Past 30-Day Use Percentages Top 4 2022-2023



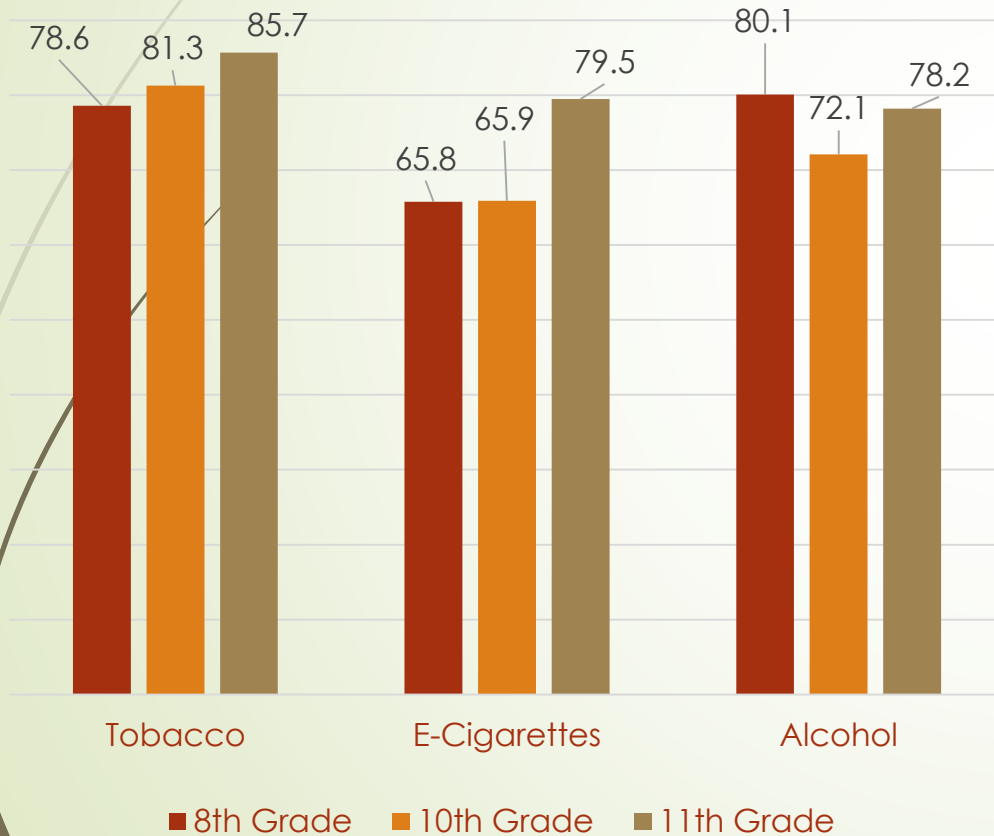


Student Perception of Risk

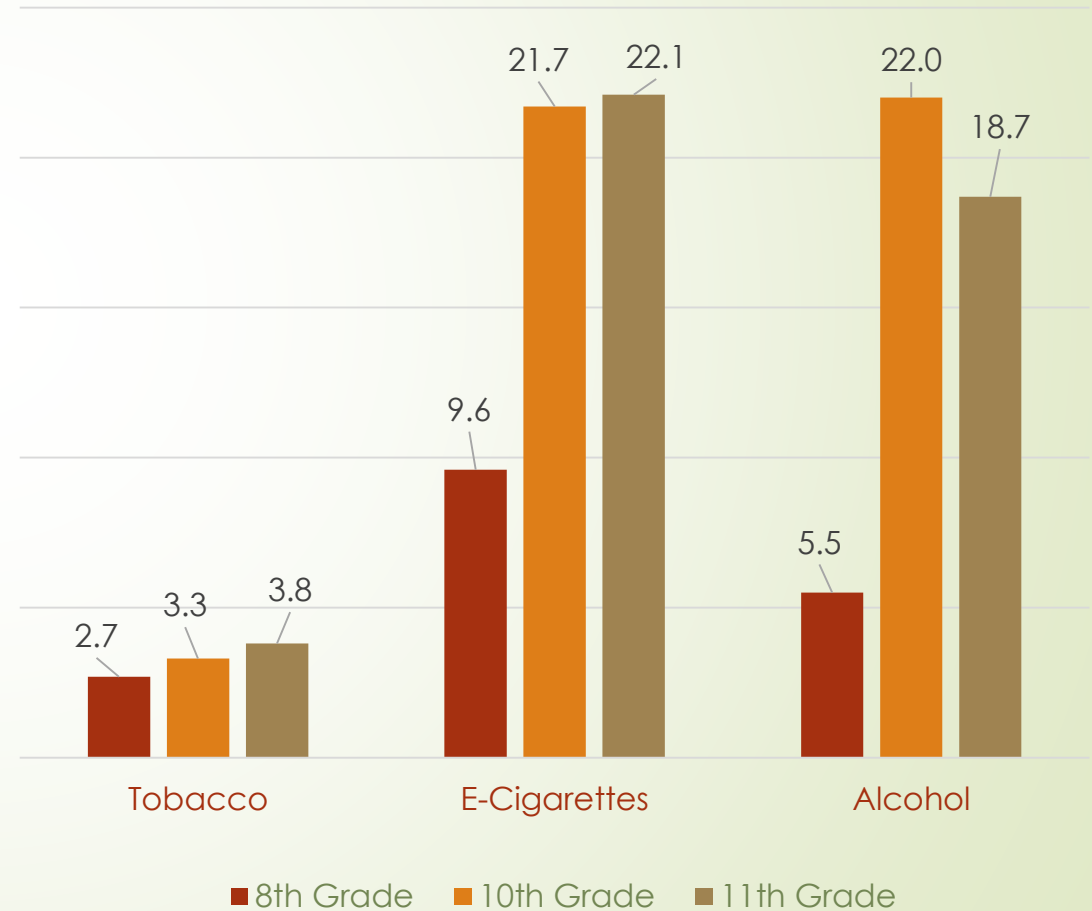
- ▶ Students are asked about their perception of risk of regular use with cigarettes, use of e-cigarettes, binge drinking alcohol, regular use of marijuana, use of prescription drugs not prescribed to them and use of opioid pain killers to get high with the possible responses being No Risk, Slight Risk, Moderate Risk or Great Risk (Pride Survey, 2023).
 - ▶ Past analysis of national statistics indicates that as students' perception of risk increases, use of substances decreases. It is also typical for the perception of risk (Moderate Risk or Great Risk) to decrease as a child gets older (Pride Survey, 2023).
- 

Student Perception of Risk:

% Of Students That Perceive the Following As Moderate Risk or Great Risk



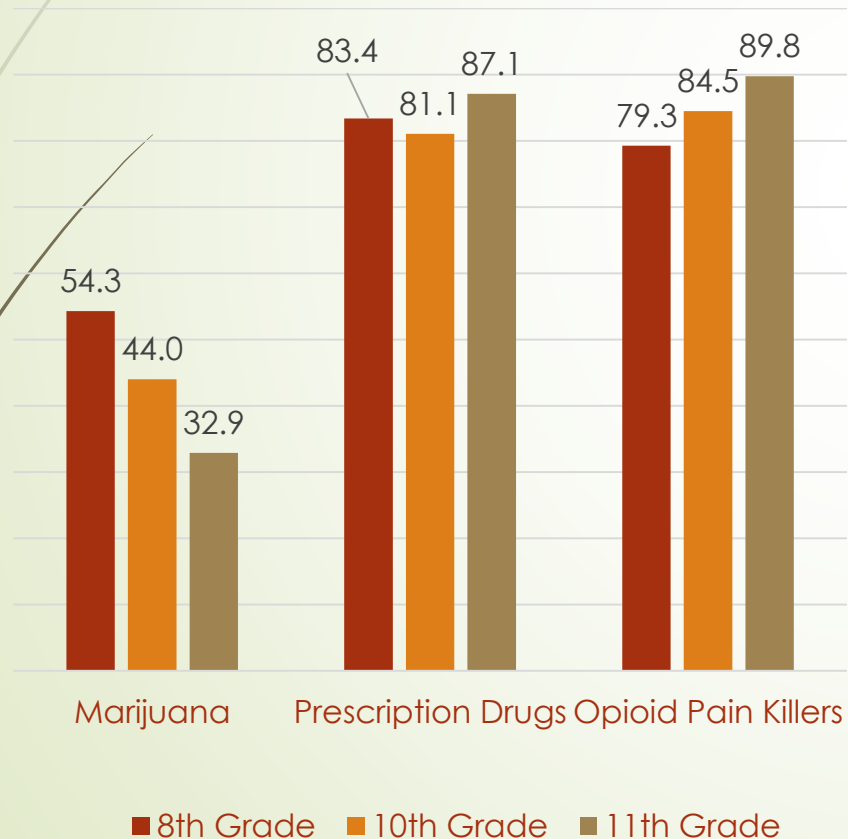
% Of Students Who Responded Yes to Past 30-Day Use



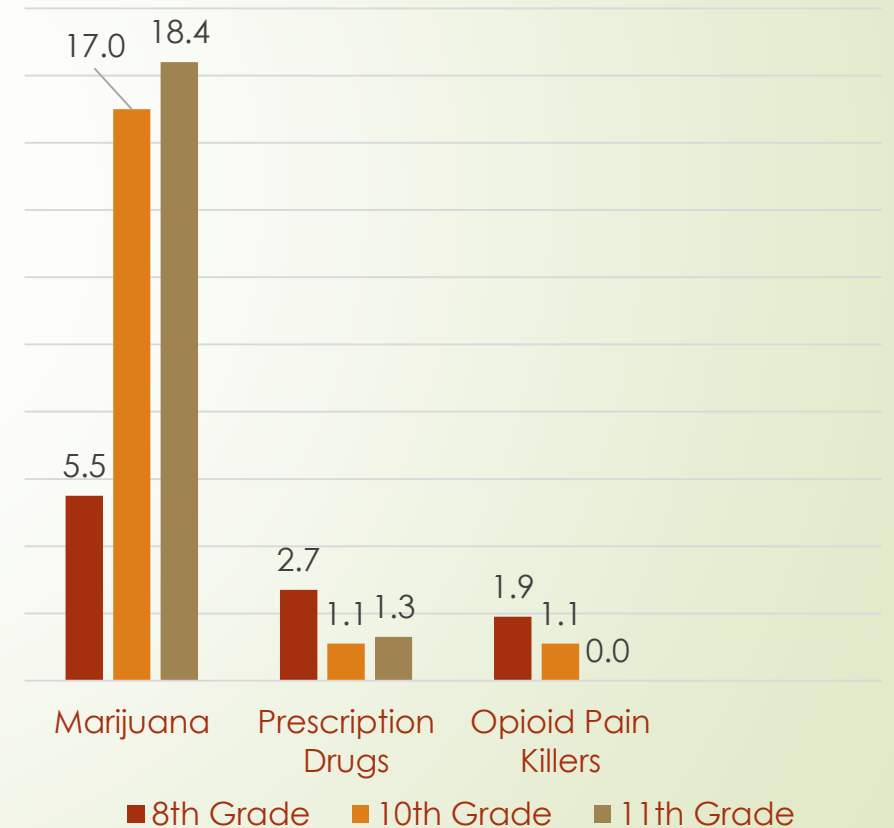
Student Perception of Risk:

Marijuana, Prescription Drugs, and Opioid Pain Killers

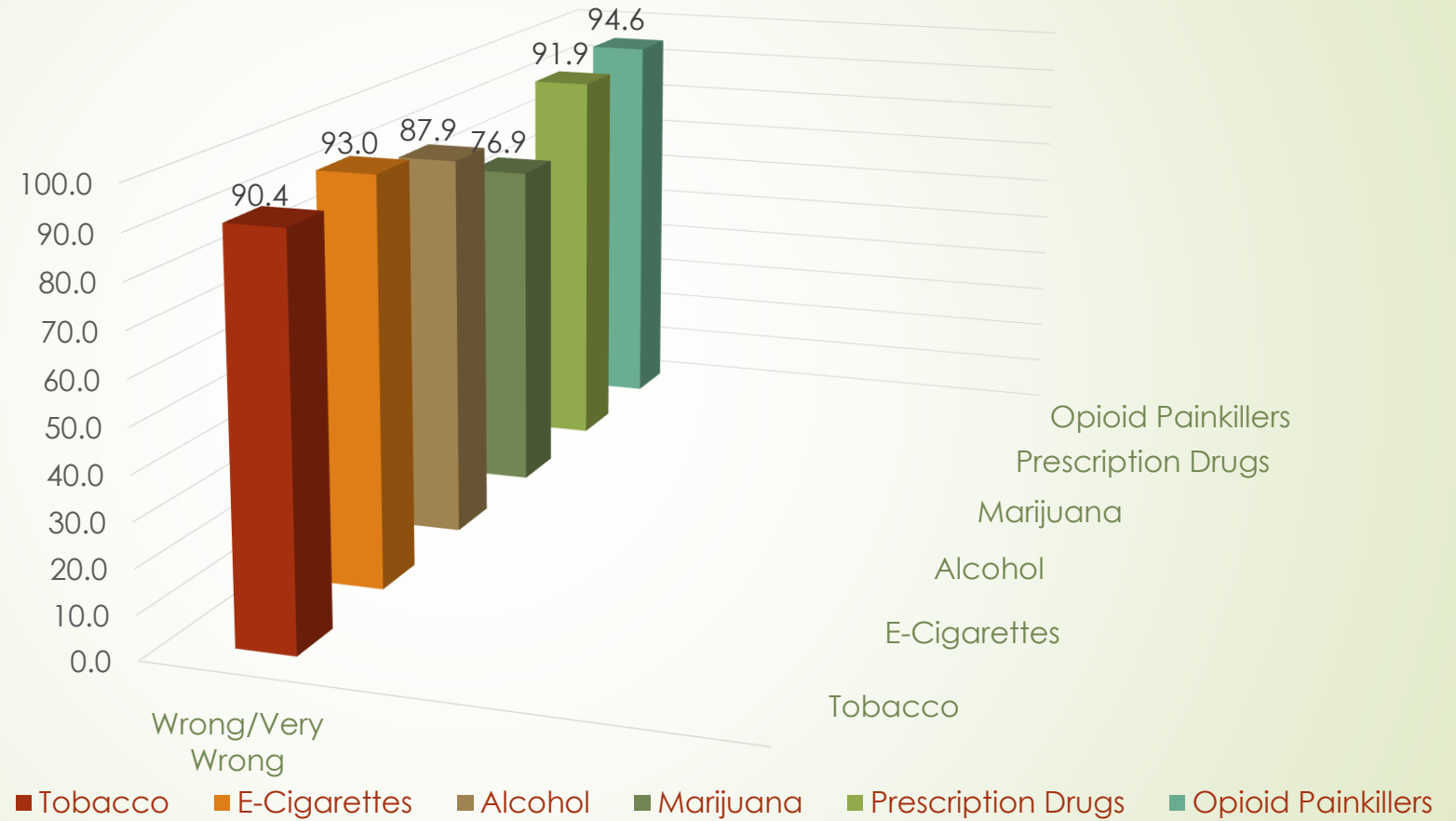
% Of Students Who Perceived Using as Moderate Risk or Great Risk



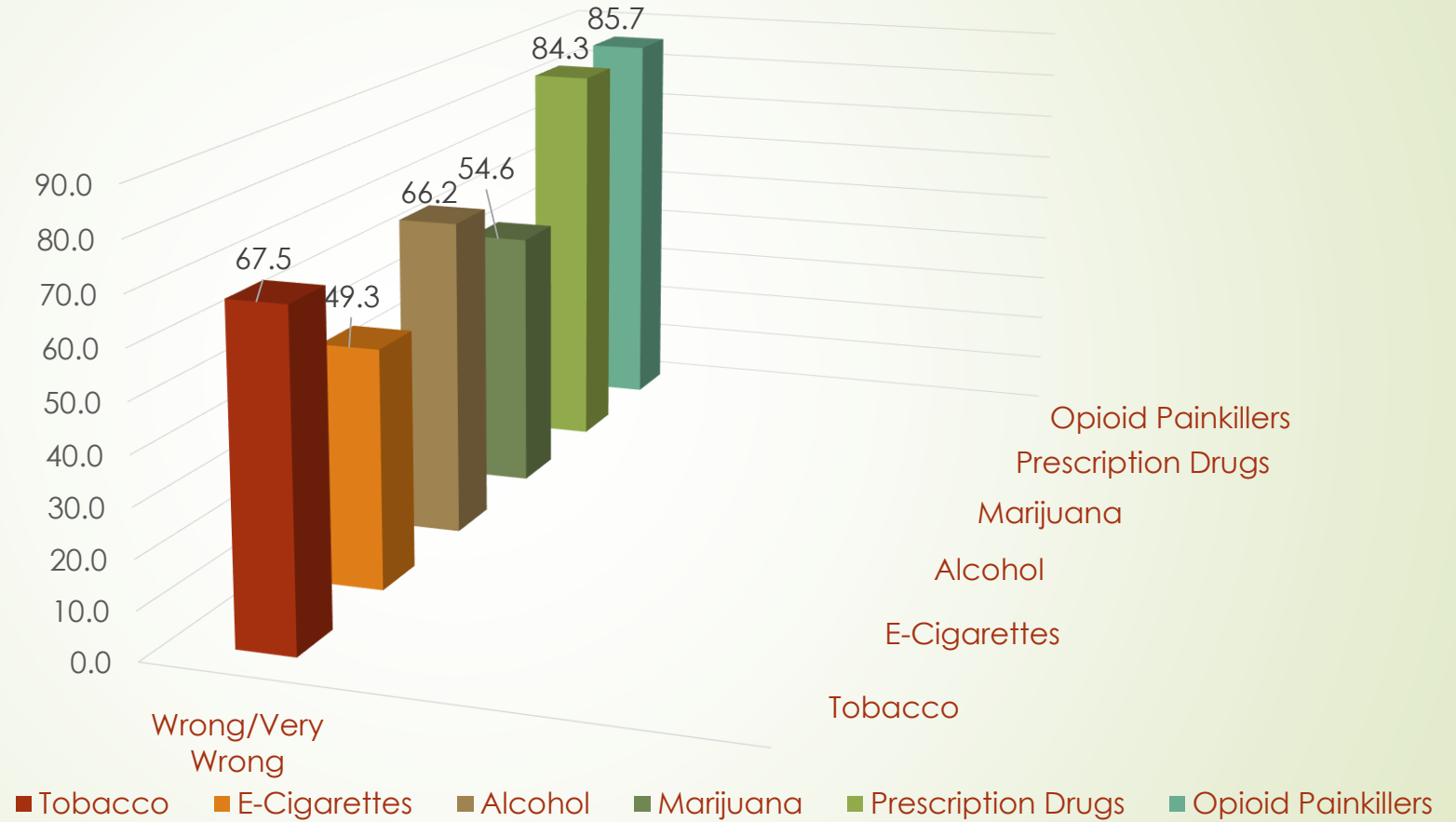
% Of Students Who Responded **Yes** to Past 30-Day Use



Student Perception of Disapproval (Parents):



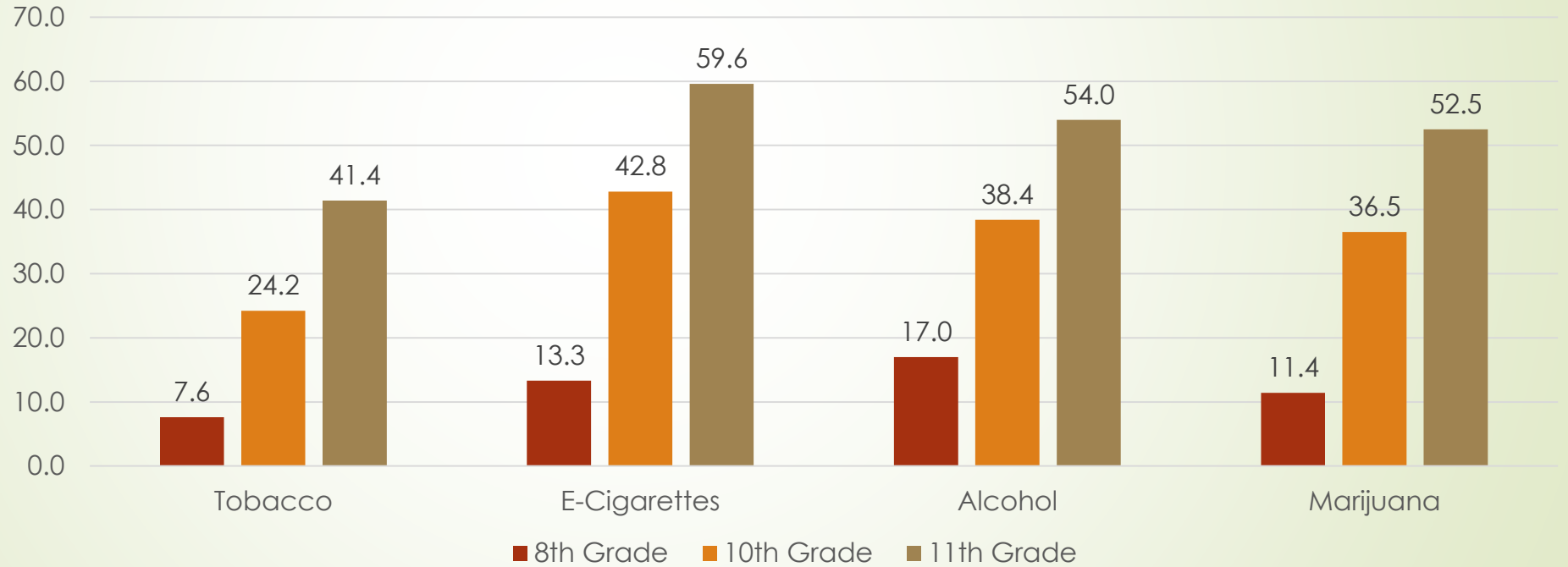
Student Perception of Disapproval (Friends):



Students Perception of Availability

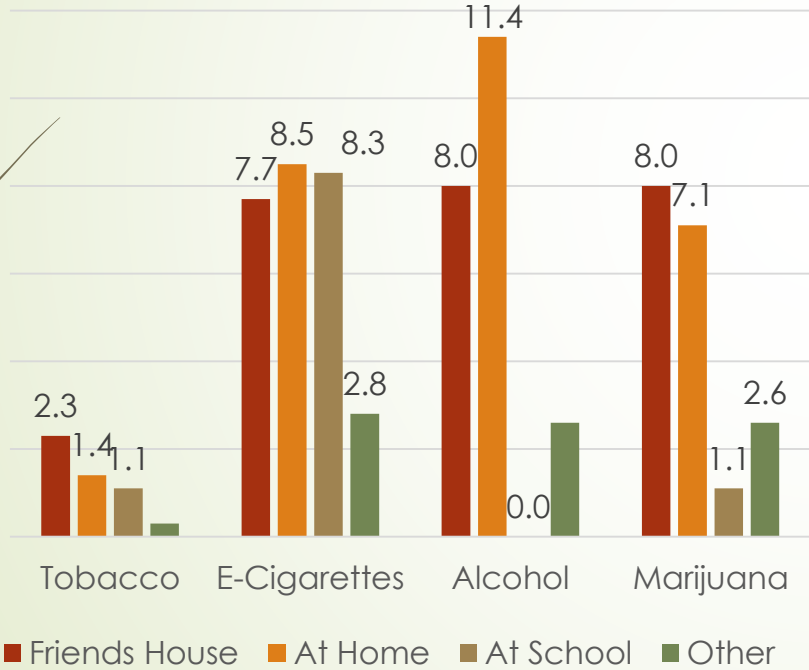
Survey asked where do they get tobacco/vape; responses were friends, family, internet, mall kiosk, gas stations, vape shop.

Student Responses: Fairly Easy or Very Easy to Get

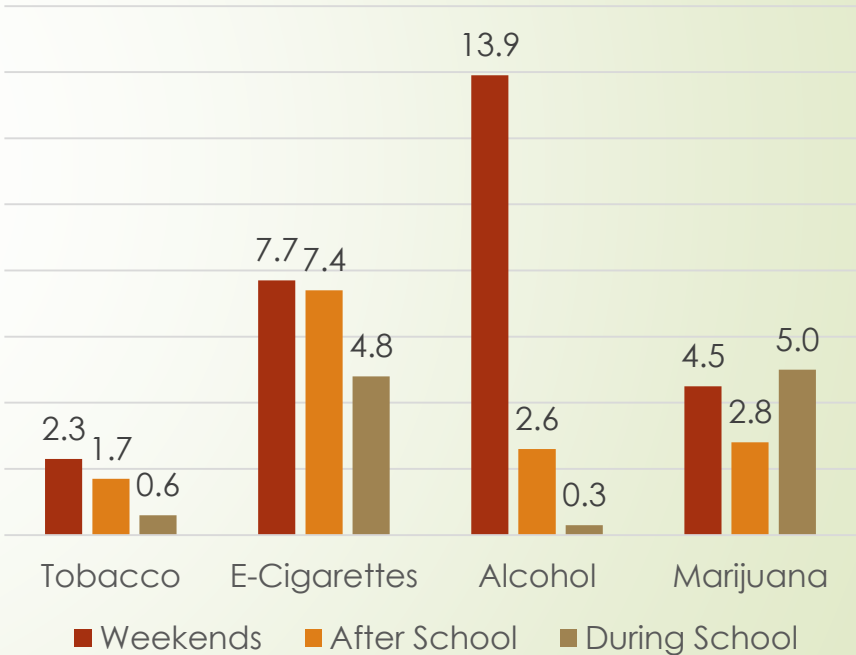


Where and When?

Where they Use



When They Use



Where and When

Where do Students Report Using

Drug	At Home	At School	In A Car	Friends House	Other
Tobacco	1.4	1.1	1.1	2.3	0.3
E-Cigarettes	8.5	5.4	5.1	7.7	2.8
Alcohol	11.4	0.0	0.6	8.0	2.6
Marijuana	7.1	1.1	3.7	8.0	2.6
Prescription Drugs	0.9	0.6	0.6	0.0	0.3
Opioid Pain Killers	0.3	0.3	0.3	0.3	0.3

When Do Students Report Using

Drug	Before School	During School	After School	Week night	Week end
Tobacco	0.6	0.6	1.7	1.4	2.3
E-Cigarettes	3.1	4.8	7.4	4.8	7.7
Alcohol	0.6	0.3	2.6	2.3	13.9
Marijuana	2.8	1.1	6.3	4.8	9.1
Prescription Drugs	0.9	0.9	0.6	0.9	0.9
Opioid Pain Killers	0.3	0.3	0.6	0.3	0.6

Risk Factors vs. Protective Factors

- ▶ **Risk factors** are characteristics at the biological, psychological, family, community, or cultural level that precede and are associated with a higher likelihood of negative outcomes (SAMHSA, 2019).
- ▶ Risk factors increase the likelihood of developing health and social problems.
- ▶ Examples: low community attachment, perceive availability of drugs, family conflict, low commitment to school, bullying, interactions with friends involved in problem behavior.

- ▶ **Protective factors** are characteristics associated with a lower likelihood of negative outcomes or that reduce a risk factor's impact. Protective factors may be seen as positive countering events (SAMHSA, 2019).
- ▶ Protective factors help buffer young people with high levels of risk factors from developing health and social problems.
- ▶ Examples: Opportunities for pro-social involvement in community, school and family, interaction with prosocial peers, exposure to evidence-based programs and strategies.

Protective Factors Percentage of Students Protected

Factor	% Protected
Make Good Grades	71.9
Attend Church or Synagogue	23.3
Take Part in Community Activities	21.4
Take Part in School Activities	25.7
Take Part in Sports Teams	40.7
Teachers Talk About the Dangers of Drugs	19.2
Parents Talk About the Dangers of Drugs	31.4

Low engagement
in community,
school activities

Appears students
perceive messaging
about drug use is
low

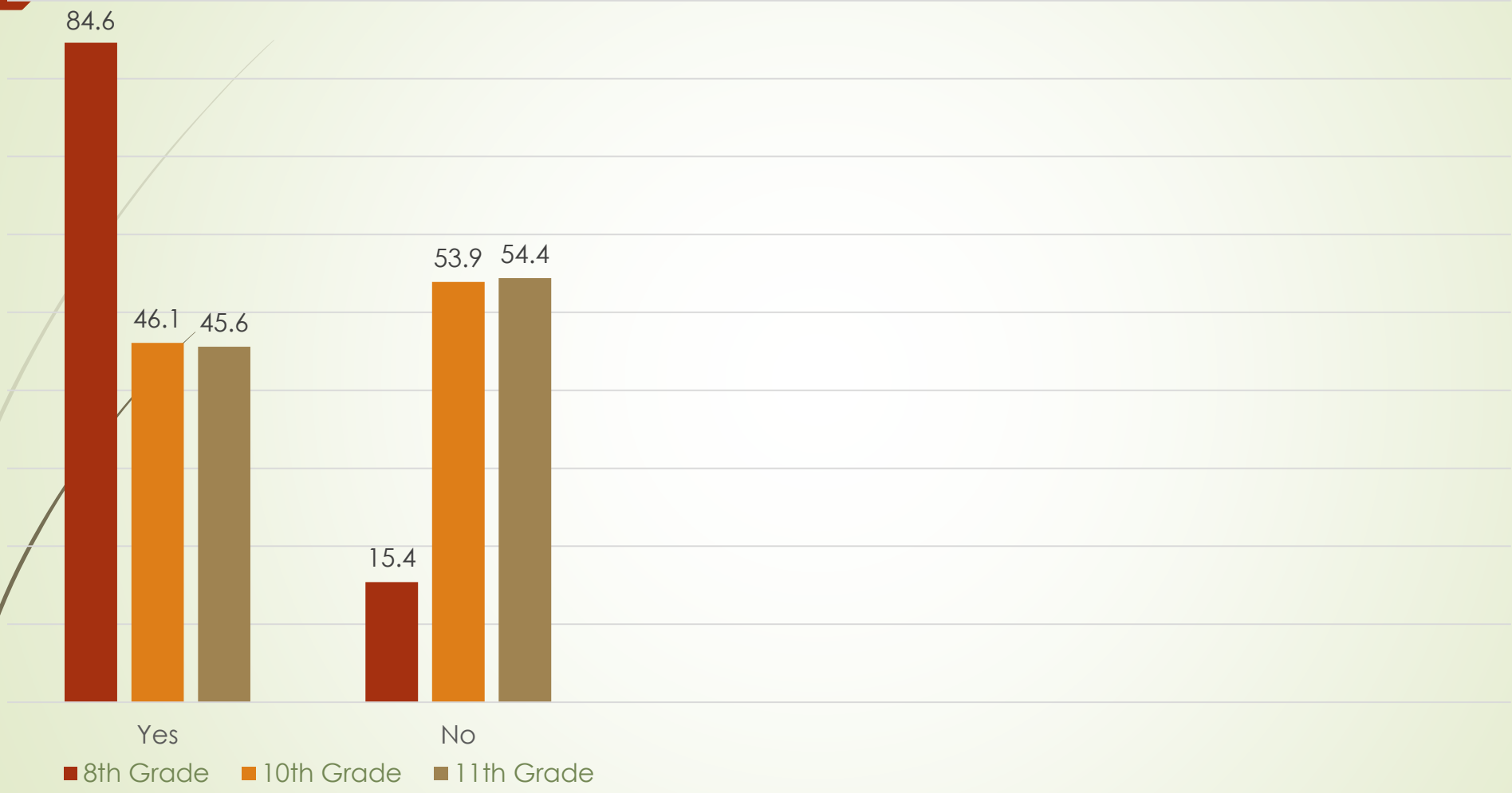
Risk Factors Percentage of Students At Risk

8 students report carrying GUN to School
7 of those same students report using alcohol and marijuana

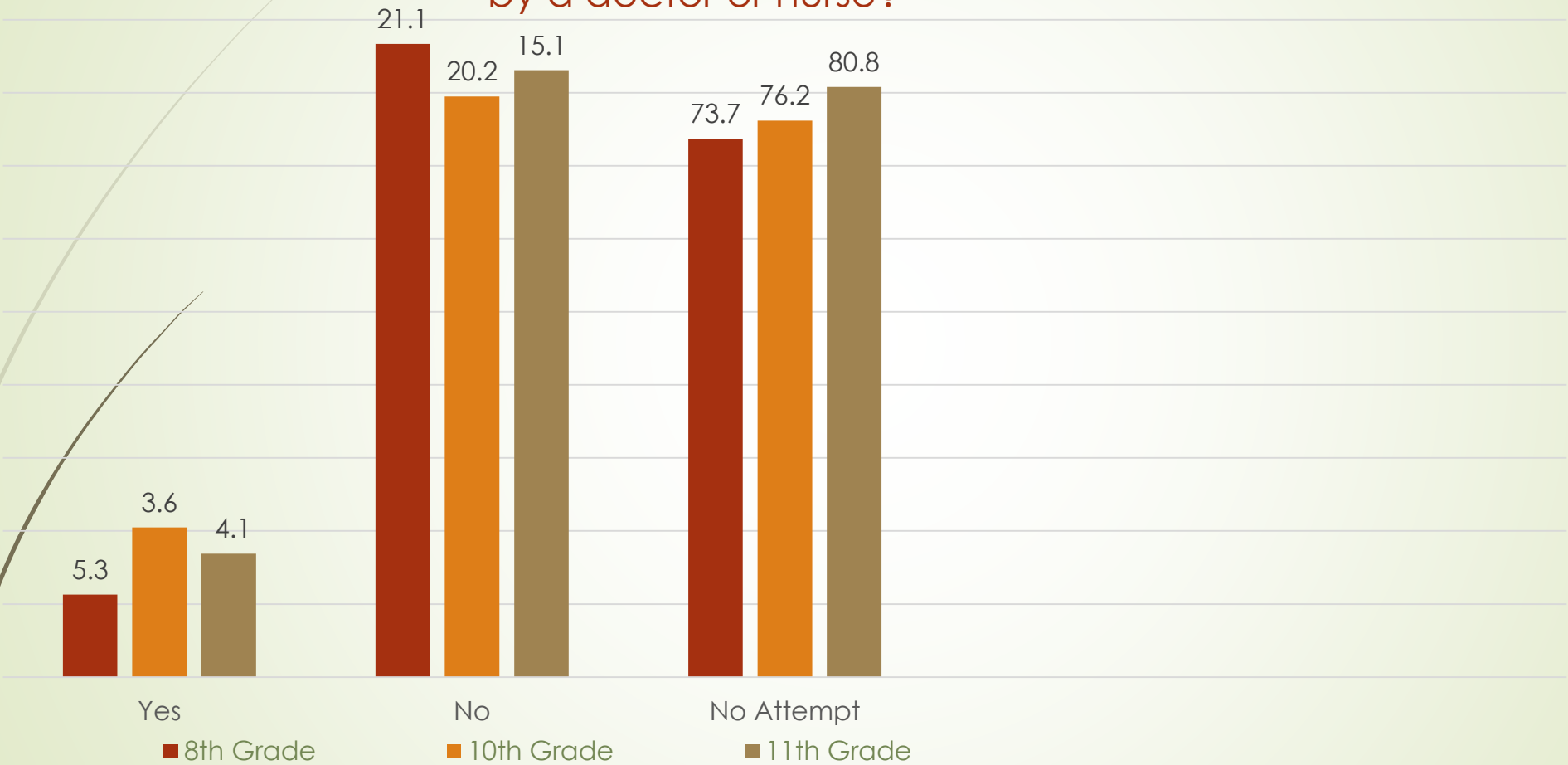
68 Students Reported Threatening or Harmful Behavior To Others

Factor	% At Risk	
Carry Guns NOT at School	4.5	
Carry Guns AT School	2.6	
Contemplate Suicide	8.9	
Trouble With Police	17.1	
Threaten A Student With A Gun, Knife or Club	0.6	
Threaten To Hurt A Student By Hitting, Slapping, Kicking	21.4	
Hurt A student With A Knife, Gun or Club	1.0	
Hurt A Student By Hitting, Slapping, Kicking	14.8	
Been Threatened With A Knife, Gun, or Club	6.0	
Had A Student Threaten to Hit, Slap, or Kick	29.8	
Been Afraid a Student May Hurt You	18.4	30% of students report feeling threatened
Been Hurt By A Student With A Knife, Gun, or Club	1.3	
Been Hurt By A Student by Hitting, Slapping, or Kicking	14.8	

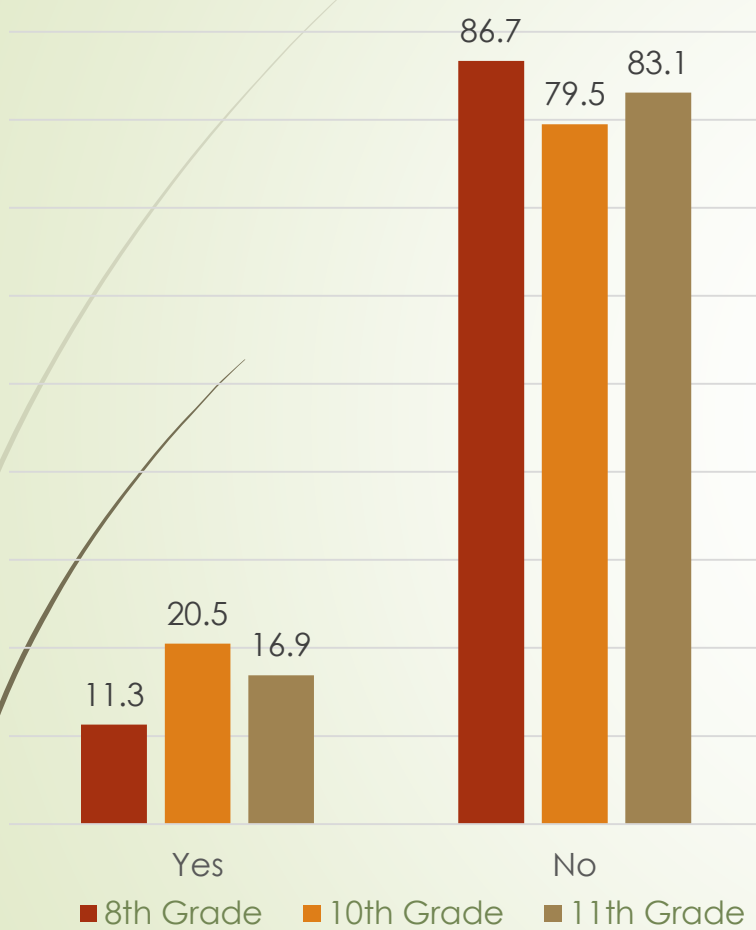
During this school year, were you taught in any of your classes how to handle stress in healthy ways?



If you attempted suicide in the past 12 months, did any attempt result in injury, poisoning, or overdose that had to be treated by a doctor or nurse?



During the past 12 months, have you attempted suicide?

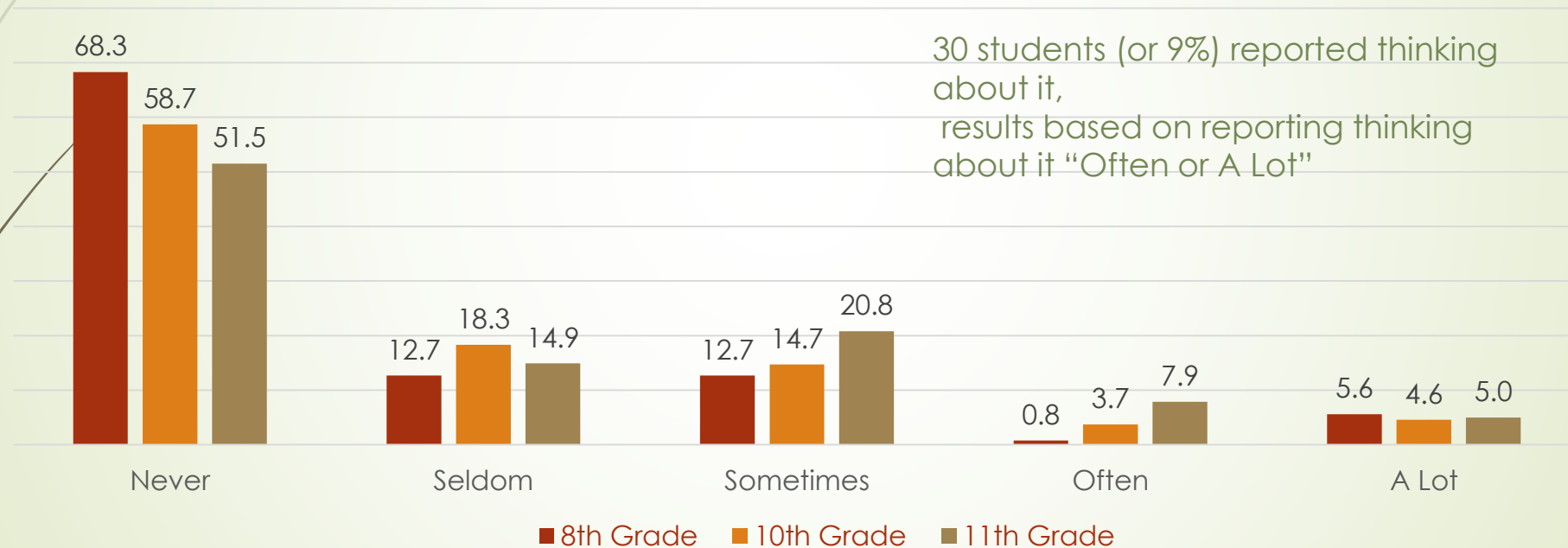


Total number students who responded to this question = 261 and considered valid
38 students responded Yes

9 of those students reported receiving medical care

Have you thought about committing suicide?

Total Number of Students Surveyed = 336 and considered valid



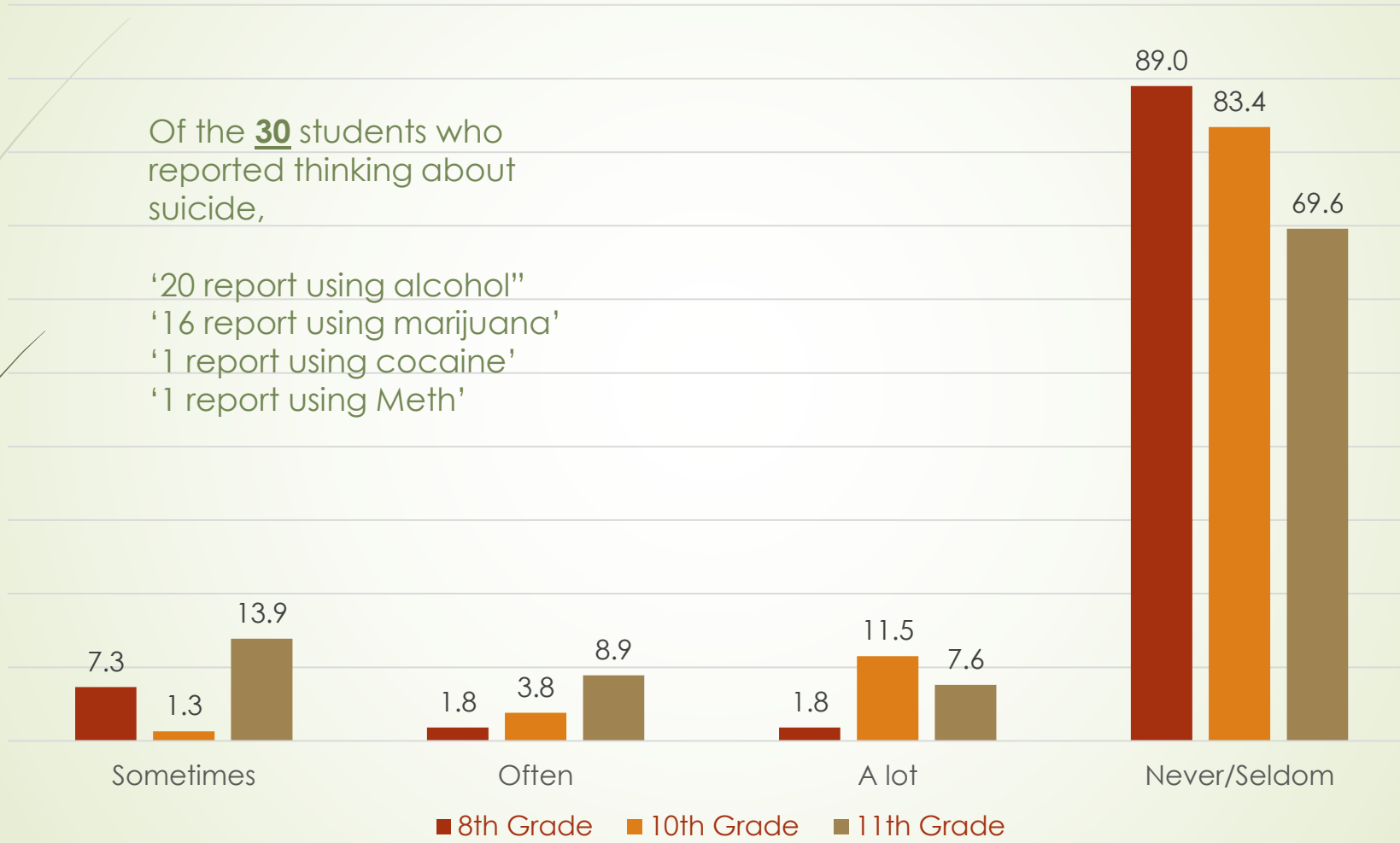
30 students (or 9%) reported thinking about it, results based on reporting thinking about it "Often or A Lot"

Survey
Question #16
Section II

During the past 12 months, how often have you been so worried about something that you wanted to use alcohol or other drugs to feel better?

Of the **30** students who reported thinking about suicide,

- '20 report using alcohol'
- '16 report using marijuana'
- '1 report using cocaine'
- '1 report using Meth'

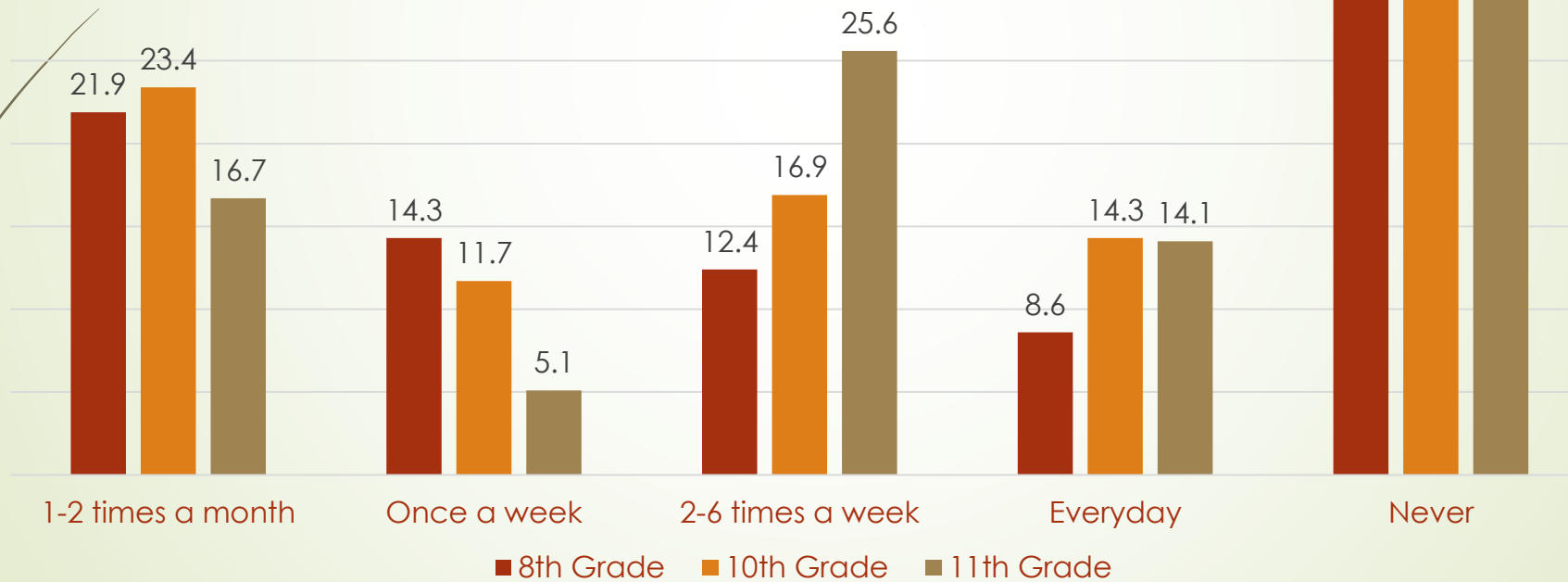


How often have you intentionally skipped/missed a meal?

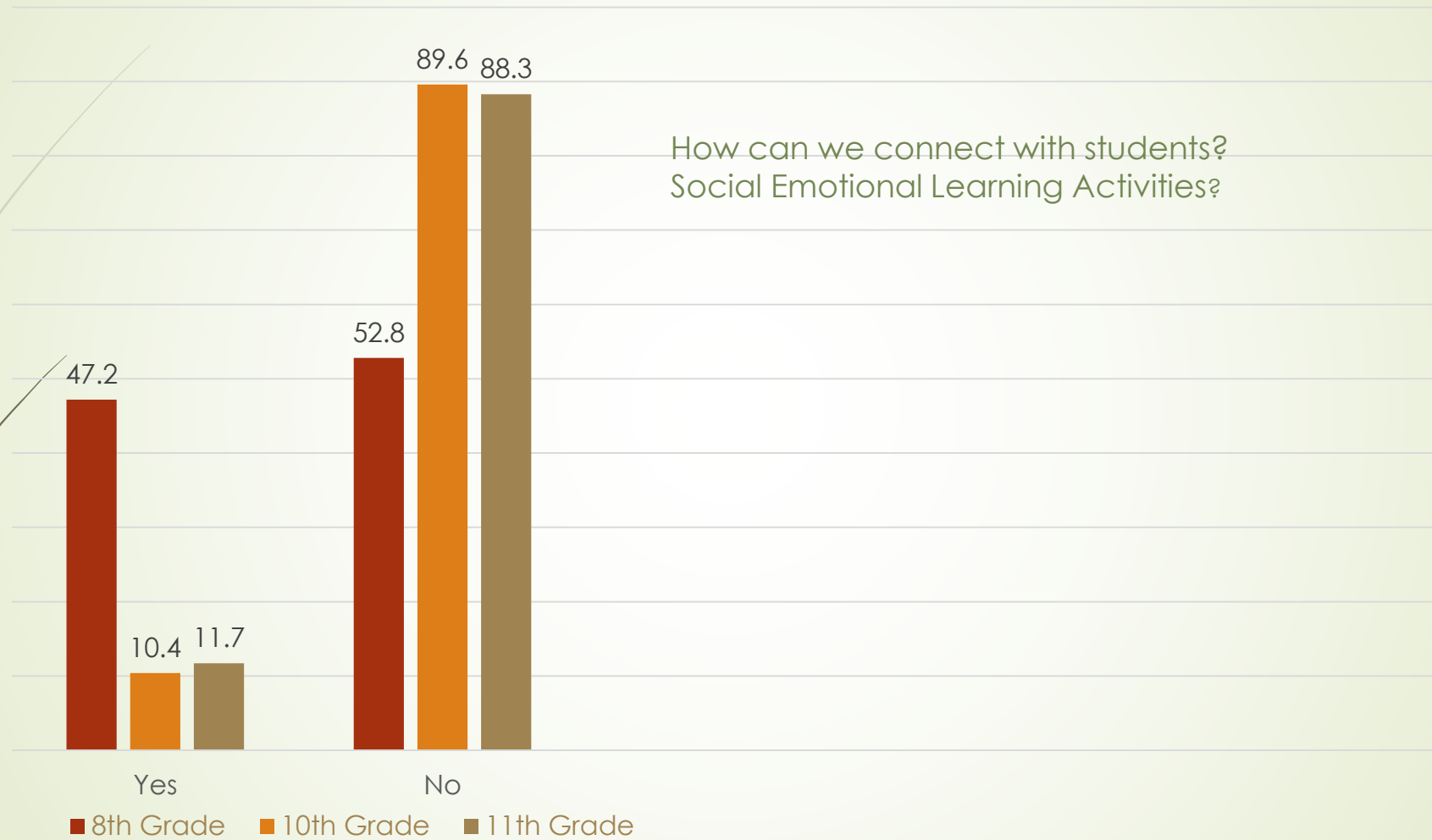
% of students who think they are overweight

8th Grade 26%
10th Grade 29%
11th Grade 40%

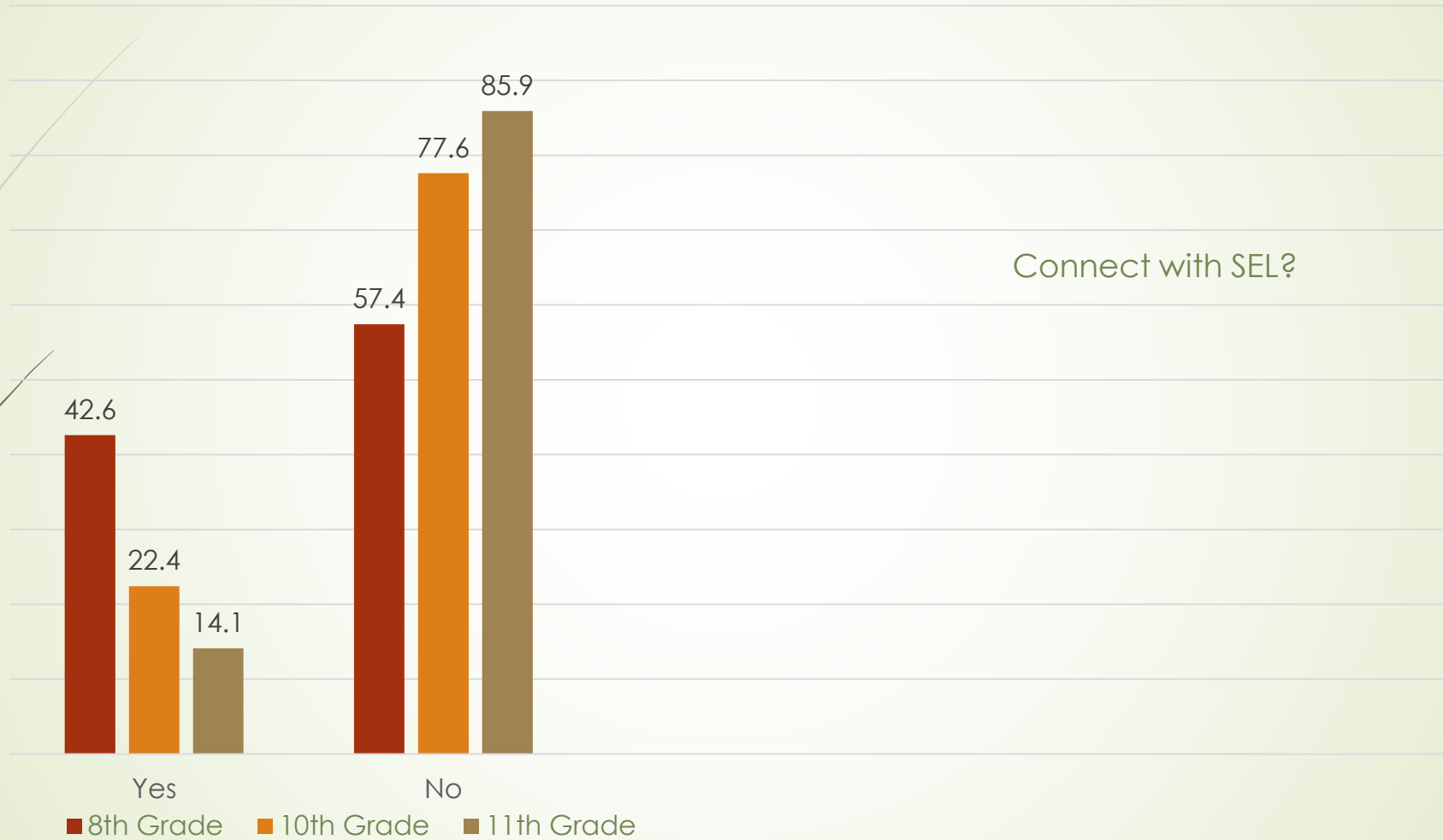
Students responding to survey
and valid =333



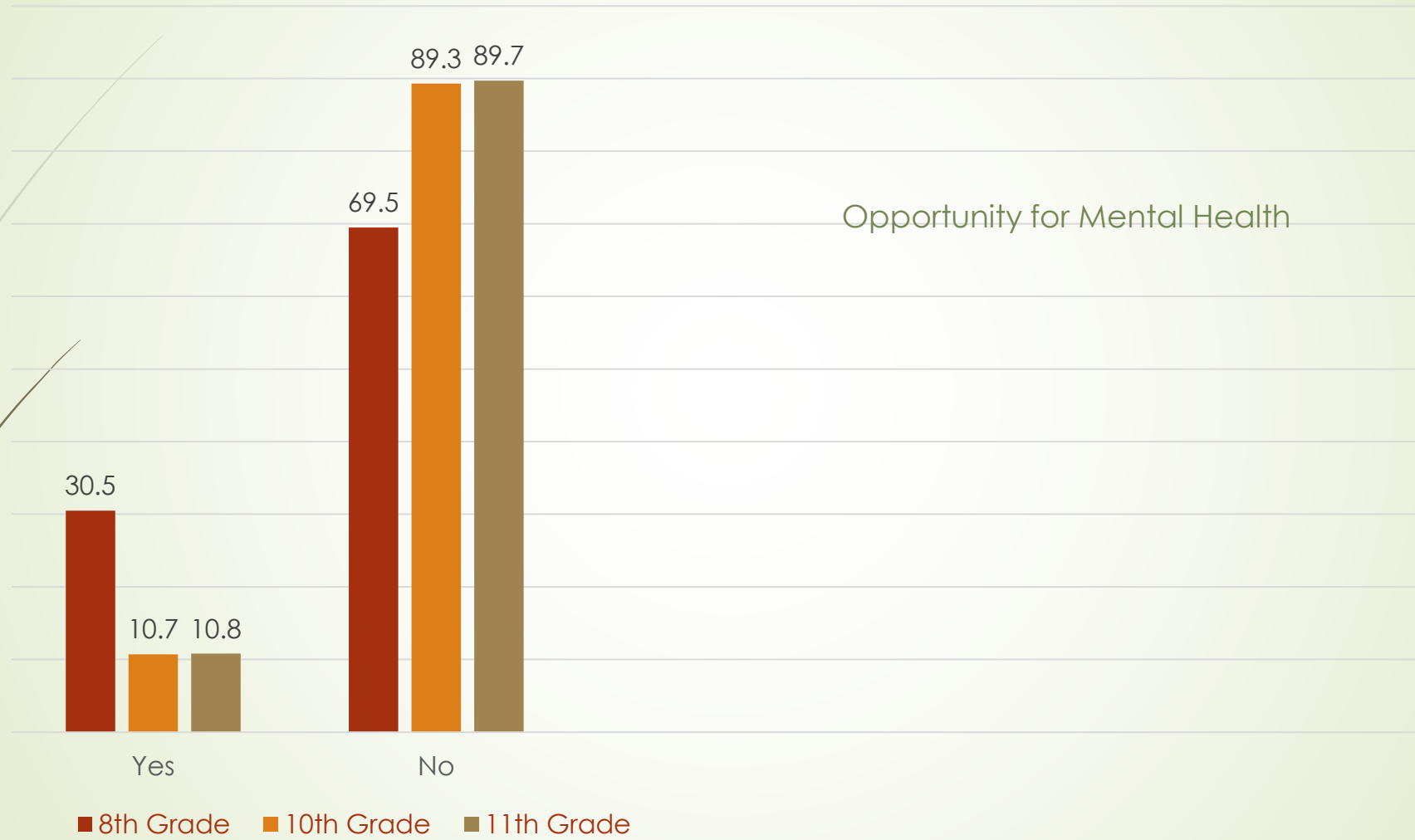
During this school year, were you taught in any of your classes how to manage anger?



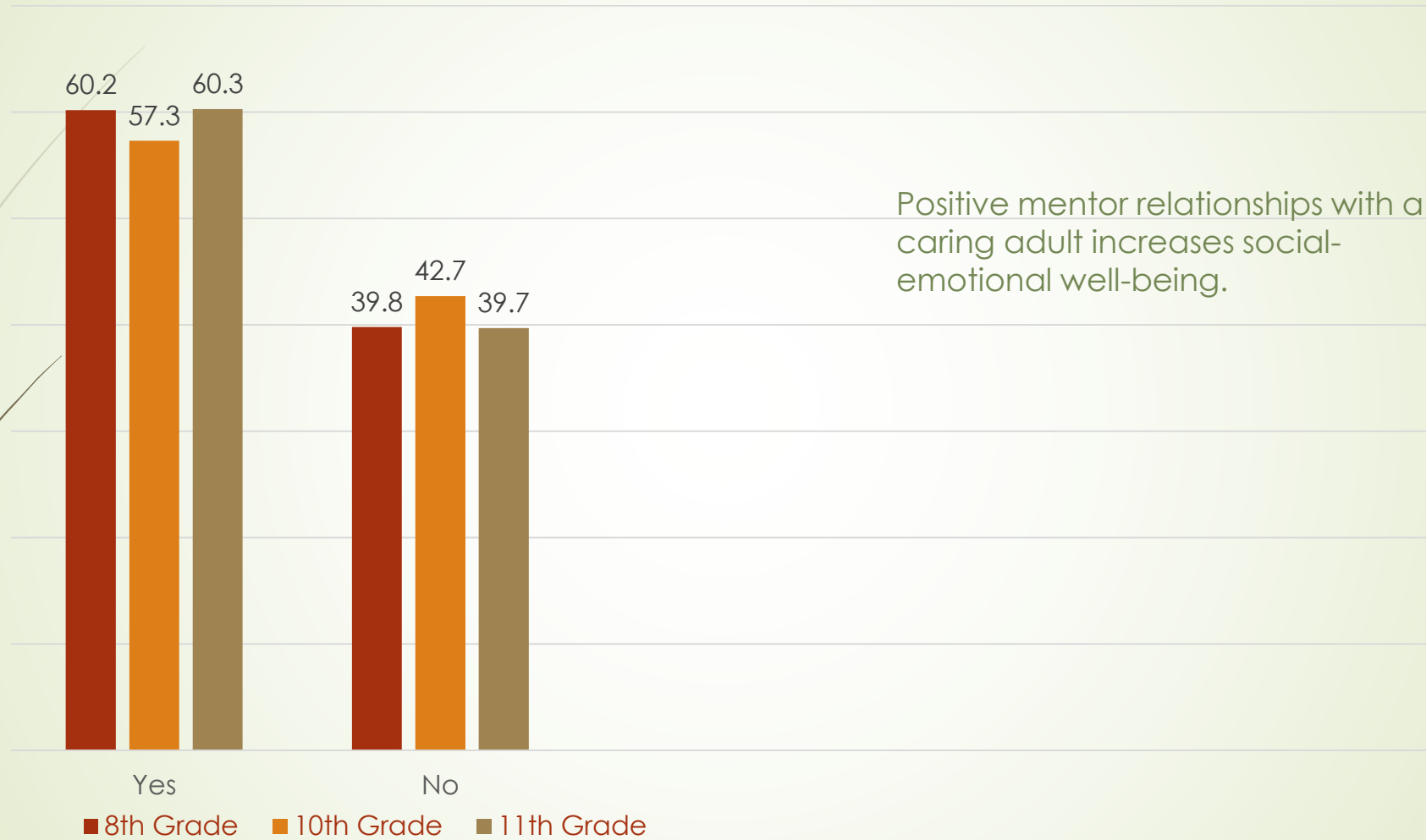
During this school year, were you taught in any of your classes signs of depression and suicidal behavior?



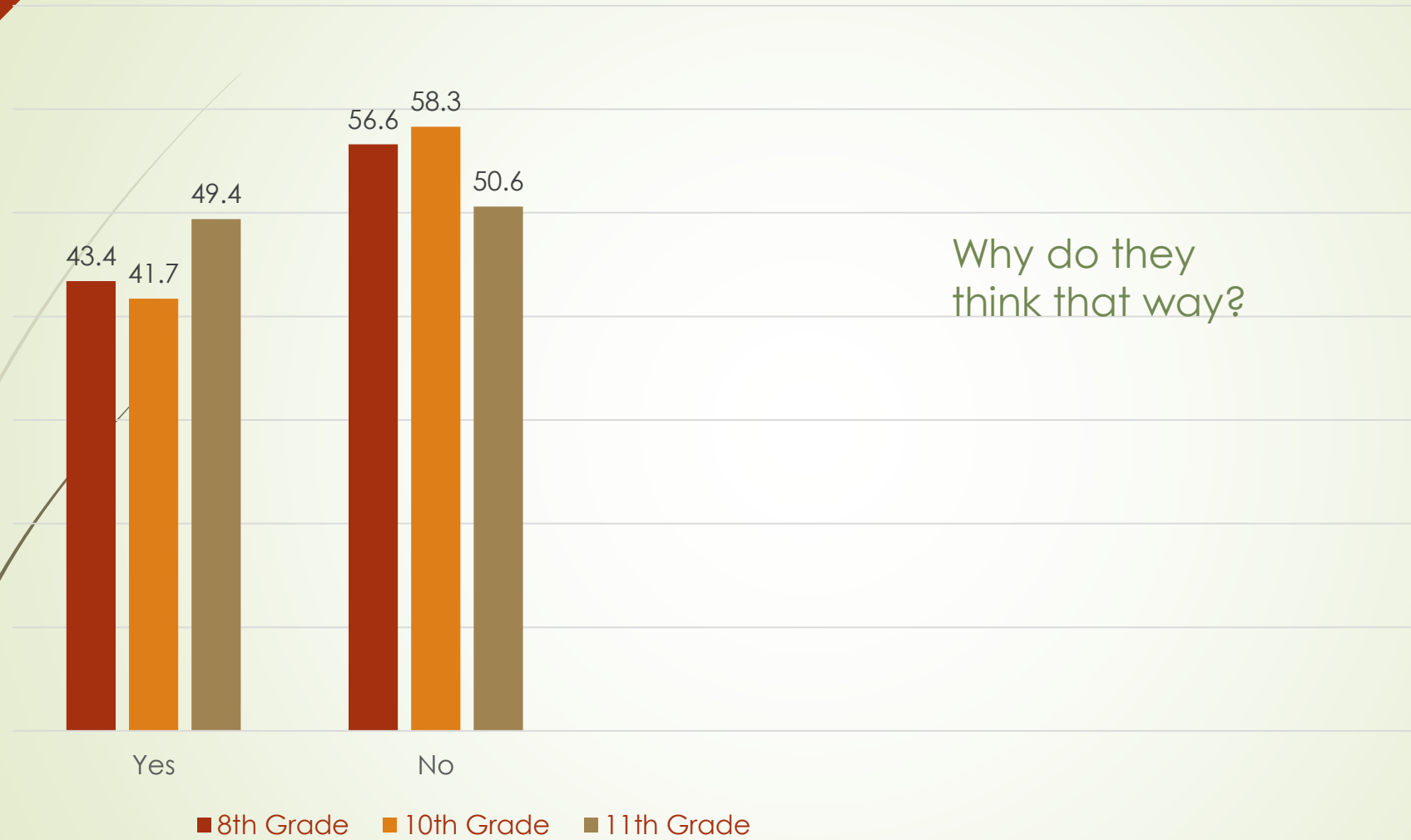
During this school year, were you taught in any of your classes what to do if a friend is thinking about suicide?



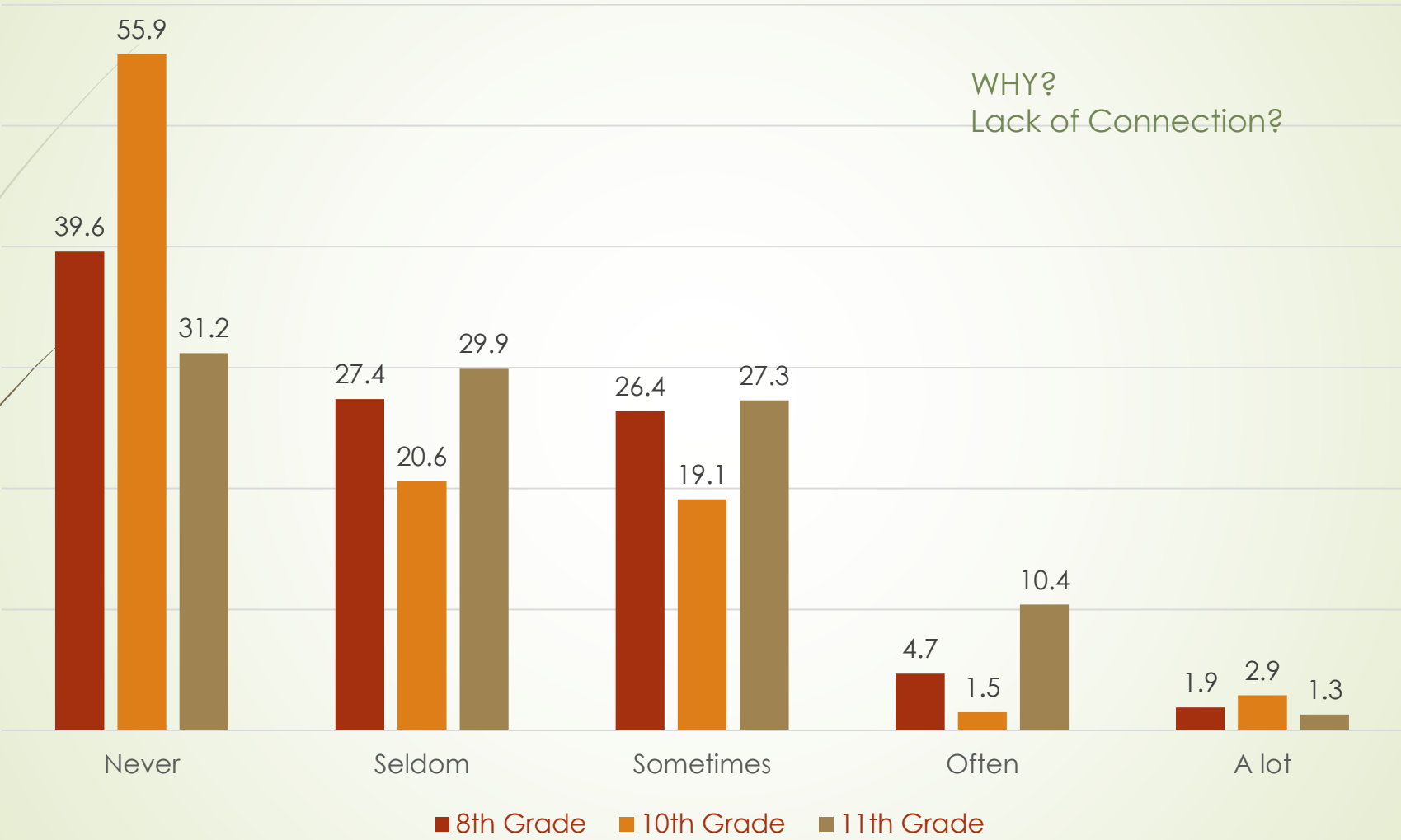
If you are having an issue (like feeling depressed or anxious), do you have a trusted adult you can talk to at school?



Do you think teachers and other school employees understand the mental health needs of their students?



If your school offered more mental health resources (like more hours of counseling or group conversations), how likely would you be to use them?



Breaking Down the Survey: The Where

- ▶ Where do we go from here?
 - ▶ Data delivers a snapshot of what students know, what students should know, and what students do not yet know. Understanding the data, positions us to make decisions that inform instruction/programming/messages to positively affect student outcomes.
 - ▶ Where do we start? What are the concerns?
 - ▶ Perception of Risk/Violence Indicators/Mental Health
 - ▶ Conversations about dangers of use
 - ▶ Conversations on assault, anger and weapons
 - ▶ What are we doing to keep our students safe and making them “feel” safe.
 - ▶ What are we doing to let students know they are being heard?
 - ▶ Conversations on depression, anxiety, suicide
 - ▶ What can we do?

Breaking Down the Survey: The How

- ▶ Community Partnerships
 - ▶ Courts
 - ▶ Police
 - ▶ Schools
 - ▶ Community Services Board
 - ▶ Recreation
- ▶ Develop New Partnerships
- ▶ Office on Youth Programming
 - ▶ CADRE
 - ▶ Life Skills
 - ▶ YAC
 - ▶ Middle School Leaders
 - ▶ Youth Services Commission
- ▶ Community Conversations
 - ▶ Focus Groups



Comments and Questions