

Spring 2022 Issue

COLONIAL HEIGHTS

CITY FOCUS





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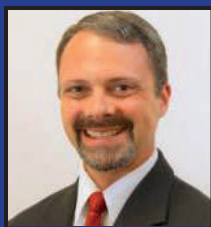
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Contact the City Manager



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(804) 520-9265



COUNCIL COLUMN

John T. Wood, Councilman

Why is Colonial Heights Exceptional?

Many of us have noticed just how special our small city really is. Some may say special, others might say only different.

Consider the following:

1. In response to cries to defund the police, Richmond City Council cut twelve police positions from its force and diverted three million dollars from its police budget. Colonial Heights Council allocated additional funds as signing bonuses for new police recruits and supplemental payments for our sheriff's deputies.

2. Alexandria imposed a mask mandate for all employees regardless of vaccination status or impact on staffing. Colonial Heights quickly secured vaccines, testing and protective medical gear to guard the health of all our public safety employees and slow the spread of COVID-19 without mandates.

3. Charlottesville removed its Lewis and Clark monument and voted their Robert E. Lee statue may be melted. Colonial Heights City Council appropriated new funds to stabilize, restore and preserve historic Violet Bank Headquarters Museum.

4. Fairfax Public Schools countenanced the teaching that one ethnic group of Americans is responsible for the plight of another ethnic group of Americans. Colonial Heights Council working together with the Colonial Heights School Board borrowed money to install new science labs in our High School to promote the learning of scientific skills among our students and is now reviewing major structural plans to strengthen security at our High School.

5. Virginia Beach upgraded all its single stall restrooms in all its municipal facilities to "All Gender". Colonial Heights City Council chose to use your tax dollars to upgrade the lighting, seating and turf of Shepherd Stadium improving recreational and economic opportunities for all.

6. Arlington is grappling with their efforts to rename their city streets with "less offensive" titles. Your City Council has directed its efforts to repave, widen and add new signalization on Conduit, Ellerslie, Temple and the Boulevard improving traffic flow and economic development.

Why is Colonial Heights so exceptional in these and other matters of public policy? The simple answer is you dear voting citizen. Colonial Heights' exceptionalism is a direct consequence of its voting citizens who insist their representatives serve the health, safety, education and economic development of our community above all other endeavors. I am proud to know we on Council are mere reflections of those who placed us here. And that is as it should be.

Still, I wonder if and when the voting Colonial Heights' citizen will abandon practical local necessities and adopt other priorities? Until that time, however, we on Council despite our feeble talents will strive to fulfill those core functions of local government with as little imposition on your freedoms as possible.

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MARCH

Mar. 1st - Planning Commission 7:00pm

Council Chambers

Mar. 4th-5th - Annual City Council Retreat

Smithfield Station

Mar. 8th - City Council Regular Meeting 7:00 pm

Council Chambers

APRIL

April 5th - Planning Commission 7:00pm

Council Chambers (Tentative)

April 12th - City Council Regular Meeting 7:00 pm

Council Chambers

April 15th - City Holiday

(Government Offices Closed)

April 19th - City Council Special Meeting 6:00 pm

Council Chambers

MAY

May 3rd - Planning Commission 7:00pm

Council Chambers (Tentative)

May 10th - City Council Regular Meeting 7:00 pm

Council Chambers

May 17th - City Council Special Meeting 6:00 pm

Council Chambers

May 30th - City Holiday

(Government Offices Closed)

JUNE

June 7th - Planning Commission 7:00pm

Council Chambers (Tentative)

June 14th - City Council Regular Meeting 7:00 pm

Council Chambers

June 21st - City Council Special Meeting 6:00 pm

Council Chambers

Important Colonial Heights Phone Numbers

POLICE/FIRE EMERGENCYDIAL 911

POLICE/FIRE NON-EMERGENCY (804)520-9300

RECREATION & PARKS (804)520-9390

OFFICE ON YOUTH & HUMAN SERVICES. (804)520-9286

LIBRARY (804)520-9384

COLONIAL HEIGHTS HEALTH DEPARTMENT. (804)520-9380

UTILITIES BILLING (804)520-9288

BILLING & COLLECTION (804)520-9320

COMMISSIONER OF REVENUE..... (804)520-9280

TREASURER..... (804)520-9321

PLANNING & COMMUNITY DEVELOPMENT. (804)520-9297

REGISTRAR/DIRECTOR OF ELECTIONS (804)520-9277

STREET MAINTENANCE (804)520-9372

CURBSIDE TRASH COLLECTION (804)425-0500

CURBSIDE RECYCLING COLLECTION..... (804)340-0900

CIRCUIT COURT (804)520-9364

GENERAL DISTRICT COURT (804)520-9346

JUVENILE & DOMESTIC RELATIONS DISTRICT COURT (804)451-0213

SHERIFF..... (804)520-9352

CH RECYCLING CENTER (804)479-7056

(Household Hazardous Waste & Other Materials)

JOIN US IN WELCOMING OUR NEW CITY TREASURER

The
Colonial Heights
Treasurer
is an elected city
official responsible for
the collection of state
funds as they relate to
the city.



TREASURER

TERESA CHERRY

To contact the Treasurer's Office, call (804)520-9321

CONGRATULATIONS

2022 CITY RETIREES



Harriet Frenier
City Treasurer
15 YEARS



Lieutenant Horace Hines
Colonial Heights Fire
Department
25 YEARS



Sergeant Renee Walters
Colonial Heights Police
Department
32 YEARS

SIGN UP ONLINE TODAY:

Visit www.colonialheightsva.gov and
click on the homepage "Community
Spotlight" Link to get started!

2 City Services:



NOTIFY ME

We are encouraging ALL residents to sign up for
both of our notification systems!

- **Civic Ready:** Water Outages, Delayed Trash & Recycling Collection Services, & other Significant Emergency Events (thunderstorms, tornadoes, hurricanes, or other urgent widespread events.)
- **Notify Me Alert Center:** Choose what City information is important to you! City News and Updates, Events, Meetings, and other Important City Alerts.

For assistance please call
(804)520-9265.

Colonial Heights Fire Department



FIREMAN IN A CAN

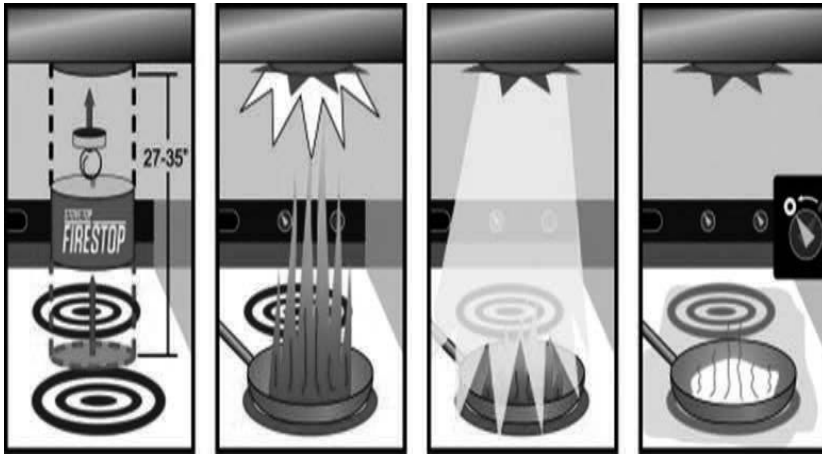
We will start with a question. Looking at your house; what is the number one cause of fires in Virginia? What is the number one location and cause of fires in Colonial Heights? Both have the same answer; in the kitchen because of unattended cooking.



Above photo of a kitchen fire in Colonial Heights

How would you like to have a something in your home as a first line of defense in controlling or extinguishing these fires?

Let us introduce you to a Fireman in a Can or Stovetop Firestop. The original, best-selling StoveTop FireStop is a small automatic fire suppressor for traditional range hoods 24-35 inches above the cooking surface. It mounts under the range hood using an industrial-strength magnet. StoveTop FireStop is designed to protect a cooktop with a traditional vent hood. Activated only by direct, sustained contact with a flame, it delivers non-toxic fire suppressing powder automatically to both the front and back burners, alerting the resident with a “pop” sound.



StoveTop FireStop limits the potential for personal injury, property damage, and lost revenue that can occur with a cooking fire.

They offer products for the standard range hood or for the over the range microwave.

StoveTop FireStop units do not require maintenance, inspections, or repairs during their five year effective life. In the event of grease build-up, gently wipe off accumulated grease using a damp cloth. Be sure that no liquids come in contact with the fuse or the label.

Go to www.StoveTopFireStop.com for more information and where to buy. Information provided by StoveTop Firestop.

National Fire Protection Association (NFPA) also recommends a Fire extinguisher should be placed on every level of your house, especially in the kitchen and garage.

Residential Cooking Safety Tips

- Be on alert! If you are sleepy or have consumed alcohol don't use the stove or stovetop.
- Stay in the kitchen while you are frying, boiling, grilling, or broiling food. If you leave the kitchen for even a short period of time, turn off the stove.
- If you are simmering, baking, or roasting food, check it regularly, remain in the home while food is cooking, and use a timer to remind you that you are cooking.
- Keep anything that can catch fire — oven mitts, wooden utensils, food packaging, towels or curtains — away from your stovetop.

If you have a small (grease) cooking fire and decide to fight the fire...

- On the stovetop, smother the flames by sliding a lid over the pan and turning off the burner. Leave the pan covered until it is completely cooled.
- For an oven fire, turn off the heat and keep the door closed.
- If you have any doubt about fighting a small fire...Just get out!
- When you leave, close the door behind you to help contain the fire.
- Call 9-1-1



Historical Commission Seeks New Members

The Colonial Heights Historical Commission is seeking new members who are interested in delving into the history of Colonial Heights. We meet every other month at the Colonial Heights Public Library's large meeting room at 7:00 p.m.

For such a small town we have a very interesting history. Old Brick House in Conjuror's Neck was the first structure seen by passengers as they traveled up the Appomattox River in route to Petersburg in the 1700s.

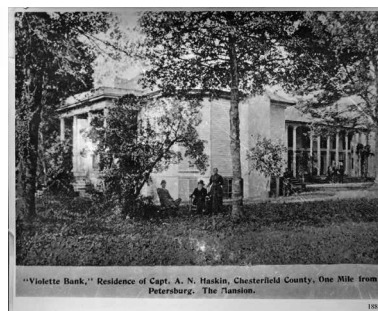
Colonial militia assembled at our southern border near the present day Boulevard in preparation for the Revolutionary War's Battle of Petersburg. Outnumbered, the Colonial troops lost the battle and crossed the bridge back over the Appomattox River taking up the flooring planks as they retreated.

Violet Bank that exists today is more than 200 years old. It is currently being renovated in phases thanks in part to the efforts of our Historical Commission.

If you are that person who would love to uncover and explore the history of this rich area, you may apply for membership into our Historical Commission. Fill out an application in

City Hall at the Clerk of Council's office. Applicants shall be a resident of the City, shall own or operate a business in the City or shall, as determined by Council, have historical knowledge of the city that Council believes would benefit the Commission. Members are appointed by the City Council for three year terms.

If there are any questions contact John A. Rooney, Jr. (Chairman) at johnarooneyjr@gmail.com



City of Colonial Heights, VA / The Code / Part I, Administrative Legislation / Boards, Commissions and Authorities

Article VI Historical Commission

[Adopted 8-11-1981 as Ord. No. 81-34]

§ 13-17. Commission established; membership; appointment; terms. [Amended 10-12-1982 by Ord. No. 82-41; 11-13-1984 by Ord. No. 84-45; 3-10-1992 by Ord. No. 92-4; 4-9-2002 by Ord. No. 02-10; 7-11-2006 by Ord. No. 06-23]

- A. There shall be a Historical Commission established, such Commission to consist of 20 members appointed by City Council. Each member shall be a resident of the City, shall own or operate a business in the City or shall, as determined by Council, have historical knowledge of the City that Council believes would benefit the Commission. There shall be included in its membership:

Colonial Heights Office On Youth

Leadership Summer Camp

Office on Youth is hosting a **FREE** leadership camp for rising 6th graders June 13th to the 23rd.

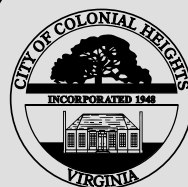
The Camp will run from 9AM to 1PM and will run Monday to Thursday; youth will meet at City Hall.

Youth should bring lunches. Water and a snack will be provided.

Youth will learn about leadership and be introduced to some of our departments here at City Hall, including a tour of the Fire Department and Police Department.

The Leadership camp will cover topics such as what a Leader is, Setting Goals and Decision making, Problem Solving, and Managing Stress and Conflict.

Please contact us at 804-524-8752 and ask for Christian Velez to Register.



Looking for a way to make a difference in our Community?

We are always looking for volunteers. We have positions for various levels of involvement from just a few hours a month up to 32 hours or more a month. Volunteers are needed for our Community Emergency Response Team, Volunteer Fire/EMS Support staff and Volunteer Fire/EMS Operational staff.

If you want to make a difference in your community and help your neighbors, give us a call at Fire Administration (Tim 804-524-8773 or Kevin 804-805-2563) and we can give you additional information.

The Commissioner of the Revenue

January 2022

Thank you to our citizens and businesses that were patient and understanding as we processed our first round of Personal Property bills utilizing our new financial software. Initial billing, second billing and supplemental billing have all taken place for 2021. Now we are faced with the challenge of rolling over our data base from 2021 to 2022 with the hope that all the information comes over as it should. Vehicles you told us you sold in 2021 or prior, hopefully, are gone forever. New vehicles you purchased in 2021 are hopefully on the roll as planned. And vehicles that you had in 2021 and prior and retained going into 2022, all came over to the 2022 tax roll. Still some unknowns, however, we are working hard to make sure that all the above happened as we hope the software was designed. You know by now, that you did not get the usual "Blue" form that listed what we showed you owning here in Colonial Heights on January 1. It was designed as a pre-assessment tool for you to let us know if anything was not correct. We are now relying on you telling us that all year long when you do buy and sell or otherwise dispose of vehicles or other personal property. We are unsure at this time, if we will be able to send out that "Blue" form in the future, however, we know it did not happen this year. So, to save us all a lot of time and apprehension, I continue to ask you to let us know about any changes to your address or what you own as soon after they occur as possible. It remains our goal to get it right every time and we need your help in doing so. 100% disabled Veterans, one passenger vehicle that you own or co-own is exempt from personal property tax. Please keep us updated on which vehicle you would like exempt if you own more than one. Active Duty military with an out of state HOR, you must provide us with a current LES to be exempt from personal property taxes and license fees. As always, remember, there is nothing that we cannot fix or make correct, so please be patient as we navigate these new waters. It will get smoother, I promise. As I noted in the Winter Edition, the continued short supply of new and used automobiles has resulted in record breaking INCREASES in the values of used automobiles. Experts say an average INCREASE of 37%, so please do not be taken by surprise. This is not the normal pattern and it is projected by used car valuation experts, that the trend will continue well into 2022.

Due dates will remain the same, tax rates remain the same and what you must do as citizens and taxpayers remains the same.

- *It is the taxpayer who is responsible for notifying this office of new purchases as well as personal property sold, not DMV or a car dealer.*
- *New business owners are required to get a Business License prior to opening.*
- *Renewal of existing Business Licenses is required by March 1st*
- *You must keep your name and address updated at DMV. Changes are required by State Law within 30 days. You can do that on the DMVNow website.*
- *Colonial Heights does not pro-rate personal property tax. If you owned the vehicle or other property on January 1, 2021, you will pay taxes for the entire year in Colonial Heights regardless of when you move or when you sold it.*

Any questions can be directed to your commissioner, Bill Feasenmyer at feasenmyerw@colonialheightsva.gov or 804 520-9281.

City Focus - Spring 2022



March 25, 2022 - March 27, 2022

FREE TICKETS

TRI CITIES HOME & GARDEN SHOW

PRESENTED BY



CHAMBER OF COMMERCE
COLONIAL HEIGHTS VIRGINIA
Connecting Business, Education and Community



SVAR
SOUTHSIDE VIRGINIA
ASSOCIATION OF REALTORS®



The Chamber
Petersburg Chamber of Commerce

SPONSORED BY



SOUTHPARK
CARPET
& FLOORING OUTLET
804-520-2763



INCREDIBLE HVAC LLC
10111 10th St, Suite 100, Petersburg, VA 23801
(804) 805-2181



COLONIAL
HEATING & AIR

You'll find something for everyone at the Tri Cities Home & Garden Show! It's a HOME SHOW, GARDEN SHOW! Where you can hire contractors or landscapers AND shop and save on products, services and décor from over 50 exhibitors! There are hundreds of home improvement ideas, along with outdoor living displays and beautifully themed gardens! Hundreds of Experts! Thousands of Ideas!

Tickets are FREE if you Register!

SCAN WITH PHONE TO REGISTER



Solid Waste and Recycling Container Collection NOTICE



Monitor the City's Website

(colonialheightsva.gov) "In the News" Section and the City's Facebook Page for collection updates and announcements.

For additional assistance, please call our Citizen's Assistance line at (804) 520-9266.

To receive electronic updates, please sign up for our notification systems.

(See page 3)



COLONIAL HEIGHTS RECREATION & PARKS DEPARTMENT

Office Hours: Monday - Friday, 8:00am - 5:00pm
P.O. Box 3401 / 901 Meridian Avenue
Colonial Heights, VA 23834
www.colonialheightsva.gov/recandparks

Recreation and Parks Office (804)520-9390
Senior Activities & Classes (804)520-9220
Senior Transportation (804)520-9219
Office on Youth & Human Svcs (804)520-9286
Weather Cancellation Line (804)524-8788
Violet Bank Museum (804)520-9395

REGISTER BY MAIL

To register by mail, send your registration form with check to:

Colonial Heights Recreation and Parks
P.O. Box 3401
Colonial Heights, VA 23834

REGISTER IN PERSON

To register in-person, please visit our office, Monday - Friday 8:00am-5:00pm:

Recreation and Parks Office Shepherd Stadium
901 Meridian Avenue
Colonial Heights, VA 23834

REGISTER BY PHONE

Call the office at (804)520-9390 during office hours to register. All phone-in registrants are responsible for signing a waiver form and returning it to the Recreation office before the first class.

REGISTER ONLINE

To register online, please visit us online at www.colonialheightsva.gov/recandparks and click the Recreation Programs link.

DROP BOX

We have a drop box for after hours collection of registrations, payments and uniforms; located in front of our office at Shepherd Stadium, 901 Meridian Avenue. **Checks only, please do not place cash in the drop box.**

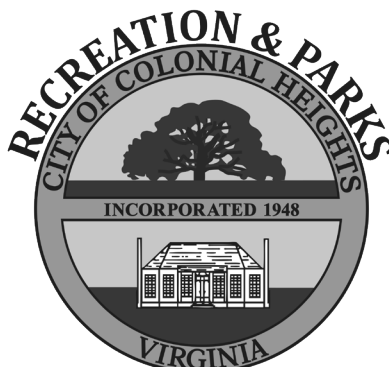
PAYMENT OPTIONS

The Recreation Dept accepts Cash, Check, money order and major Credit Cards.

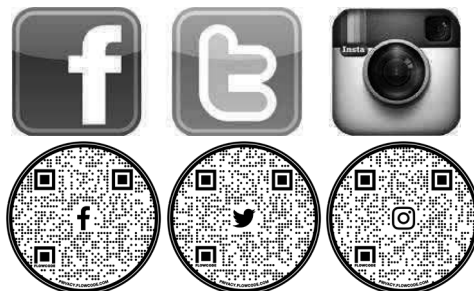
Please make checks payable to:

"City of Colonial Heights"

\$50 fee may apply for returned checks



CONNECT WITH US ON SOCIAL MEDIA...



Sports and Athletics

Spring Break Athletics

Join us for these Spring Athletics events. These activities are designed to provide accelerated player development within an enjoyable atmosphere, provide education of the game while allowing the player to be creative, as well as, explore and make mistakes, and participate in a level that the player may engage in and is comfortable with. Participants will be split during their times based on their ages.

3v3 Basketball Festival

Ages 7-16
Players will be randomly divided into teams of three. Teams will rotate to play different opponents in 3 x 20-minute games.

Monday, 4/4	
7-12 yr olds	9:00am-12:00pm
13-16 yr olds	1:00pm-4:00pm
\$5	CH Middle School

Home Run Derby

Ages 7-16
Players will be randomly divided into teams of three, four, or five. Teams will rotate to play different opponents in 3 x 20-minute or 5 inning games.

Tuesday, 4/5	
7-10 yr olds	9:00am-12:00pm
11-16 yr olds	1:00pm-4:00pm
\$5	Shepherd Stadium Fields

Hike/Ride the Appomattox River Trail

Ages 7-16
Participants can take the opportunity to hike or ride their bikes along the Appomattox River trail beginning at Roslyn Landing Park to Appamatuck Park and back to Roslyn Landing Park. This approximate 2 mile walk/ride will feature several stops for educational programs, park information and refreshments along the way.

Wednesday, 4/6	
All ages	10:00am-2:00pm
\$5	Roslyn Landing Park

3v3 Soccer Festival

Ages 7-16
Players will be randomly divided into teams of three. Teams will rotate to play different opponents in 3 x 20-minute games.

Thursday, 4/7	
Ages 7-10	9:00am-12:00pm
Ages 11-16	1:00pm-4:00pm
\$5	Soccer Complex

Pickleball

Ages 7-18
A 1-hour player clinic instructed by members of the Colonial Heights Pickleball Club will be held to introduce players to the game of Pickleball. At the completion of the clinic, players will be randomly divided into courts of four. Teams will rotate to play different opponents in two sessions of 3 x 15-minute games.

Ages 7-11	9:00am-1:00pm
Ages 12-18	1:00pm-5:00pm
\$5	CH Middle School

Pickleball 101

Join us for Pickleball Beginner classes! If you've never played Pickleball before, this is designed especially for you! This instructed course will cover the basics of Pickleball rules, terminology, primary skills, coordination, beginner court time, and more.

Wednesdays	4/13-5/18	5:30pm-7:30pm
FREE		CHMS Courts

Pickleball -Progressive Round Robin League

Join us for our popular Friday night Pickleball League. With enough room for 24 players per evening, scoring is cumulative, so consistent attendance is a positive! Play consists of two 45 minute sessions resulting in 1.5 hours of active playing time per night: Session 1 played 6:00 pm to 6:45 pm, Session 2 played 7:00 pm to 7:45 pm

Fridays	4/15-5/20	5:45pm-8:00pm
\$5		CHMS Courts

Sports and Athletics

Baseball Camp

Join the Tri-City Chili Peppers players and coaches for youth baseball camps this summer. Two days of skill building activities, the opportunity to "shag" balls during pre-game batting practice and two tickets (for the player and parent) for a game that night. Registration and more information, please visit; chilipeppersbaseball.com

Ages 6-13 June 15 & 16 July 12 & 13
\$110 Shephard Stadium

YOUTH BASEBALL & SOFTBALL REGISTRATION

Ages: Boys 4-18 (as of 4/30/22)
Girls 4-15 (as of 7/31/22)

Registration for 2022 youth baseball and softball leagues will begin on January 3, 2022. The deadline to register is March 4, 2022. To register you must be a City of Colonial Heights resident. Practices begin late-March. Practice times will vary depending on the amount of teams in each league.

Fee: \$20 until March 4; \$30 after March 4, children registered after deadline may be placed on a waiting list.

Coed:
Rookie League (Instructional) ages 4-5
Coach Pitch (Instructional) ages 6-8

Boys:
AAA League ages 9-10
Major League ages 11-12
National League ages 13-15
Big League ages 16-18

Girls:
Angels ages 9-10
Ponytails ages 11-12
Belles ages 13-15
Debs ages 16-18

Classes and Activities

YOGA IN THE PARK

Yoga class lead by Hope Helton-Lynch, E-500RYT, owner of Yoga One. This class is appropriate for all levels and beginners are encouraged to attend. Some of the benefits of yoga are improved strength, balance, flexibility, and inner peace. The practice will be accentuated by being in nature. Bring a yoga mat or a large towel.

Mondays, 4/25-5/16 5:30 pm - 6:30 pm
Free Fort Clifton Park

ART IN THE PARK

Ages 5-12 (Max at 15)

Calling all home schoolers.... Join us at White Bank Park for some fun outdoor art activities. This program will run for 4 weeks. Space is limited! Pre-registration is required!

Thursdays, 3/10-3/31 11:00 am - 12:00 pm
\$20.00 White Bank Park

MOMMY AND ME TEA

(max at 20?)

Ages 3-5

Let's have a tea party! This event for Moms and daughters. Come dressed in your Sunday's best and favorite hat to enjoy a craft corner, casual conversation, music and fun! Juice, tea, and light refreshments will be served. Pre-registration is required and space is limited. Register now!

Friday, 4/1 5:00-7:00
\$12.00 Colonial Heights Community Center

SENSORY STORY AND PLAY

(max 10) Ages 3-5

Let's read a story and have some sensory fun! Children will listen to a story followed by some fun sensory activities.

Thursdays, 4/7-4/28 11:00 am-12:00pm
\$20.00 Violet Bank Museum

PARENT AND CHILD CLAY

(max 15) Ages 5-11

Parents bring your children out to have fun with some clay. Create your own masterpiece with some air dry clay!

Pre-registration is required
5/20 5:30 pm-6:30 pm
\$5.00 Community Center

SWING DANCE CLASSES

All Ages Welcome

Want to learn how to turn that stumbling into dancing? Looking for more of challenge or learn new moves. Join our instructors for our beginner or intermediate swing dance classes. This is a 6 week session and registration is available online.

BEGINNER LESSONS

Tu 3/1-4/5 6:00pm-7:00pm

INTERMEDIATE LESSONS—must complete Beginner lessons or have instructor approval. These classes meet as individual sessions. You may register for multiple sessions

Tu 3/1-4/5 7:00pm-8:00pm
FREE Community Center

BELLY DANCE

Ages 13+

This class is designed to teach the traditional Cabaret Style belly dancing while providing an excellent cardio workout that strengthens your core and your abdominal and lower body muscles.

Thursdays 3/3-3/31 6:00pm-7:00pm
Thursdays 4/7-4/28 6:00pm-7:00pm
Thursdays 5/5-5/26 6:00pm-7:00pm
\$30 Community Center

VIOLET BANK MUSEUM

CRAFT CLASS

Ages: 6 and older / Class size limited to 12.

All supplies and instructions for your child to paint a butterfly house and take it home.

Saturday, April 23, 2022 10:00am to Noon
Craft Supply Fee: \$5.00
Violet Bank Museum



VISIT THE CUCUMBER TREE

The Cucumber Tree at 303 Virginia Avenue should be in bloom the second half of the month of May. The yellowish green blooms have a faint smell and as they fall off of the tree, they leave behind the small green seed cones that give the tree its common name. This is a great time to see the tree in new leaves, flowers and seed cones all at once. Grounds around the tree are open to the public, please be respectful and kind to the over three hundred year old tree when you visit.

STITCHER'S FROM THE HEART

Looking for something to do to chase away the winter blues? Stop by and join the Violet Bank Stitcher's From The Heart on Tuesday from 10:00 am to noon as these volunteers gather to make

items for those in need. There are knitters and crocheters from novice to expert and a variety of items needed for any skill level or interest. It's a fun and creative way to spend a couple of hours doing something to benefit yourself and others. If you would like to learn more about the Stitcher's From The Heart organization please visit: <http://www.fromtheheartstitchers.org>.

The Violet Bank Stitcher's From The Heart also will gratefully accept yarn donations of any type, in any amount. Please don't trash that yarn stash, drop it by Violet Bank Museum at 303 Virginia Avenue Colonial Heights, Virginia during operating hours and the Stitcher's From The Heart will use it to continue their work in benefiting those in need.

SENIOR CENTER

The Senior Center is located at the Community Building at 157 Roanoke Avenue. It is open Monday through Friday, 8:30 am to 4:30 pm. The Center is open to adults 50 years of age and older who are City Residents. All Senior Citizen programs are FREE unless noted. The Senior Center monthly calendar lists daily and monthly activities and is available for pick-up at the Senior Center or call (804)520-9220.

Senior Transportation

Hours of Operation are Monday-Friday 8:00 a.m. to 4:30 p.m. (With services being provided from 8:15 a.m. to 4:00 p.m.) and Saturday from 8:00 a.m. to 1:00 p.m. (With services being provided from 8:15 a.m. to 12:30 p.m.). Service is available to Colonial Heights residents who are at least 60 years of age, and adult special needs or handicapped. Transportation will be available to and from any Colonial Heights destination and to a few out of City medical offices. Registration for services is required and is available by calling Senior Transportation at (804)520-9219. Appointments must be made at least 24 hours in advance. There are no fees for transportation services, but donations are accepted.

Activities & Fitness

Monday

8:30am Muscles in Motion
9:30am..... Tai Chi (Library)
9:30am..... Bowling (League Fee)
10:00am.....Strength & Stretch
11:00am Pickle Ball
(Swift Creek Baptist Church)
11:00am Line Dancing
1:30pm Senior Singers
4:00pm Beginners Sewing
(sign up \$12)

Tuesday

8:30am Total Body Strength
9:00am Tap Dancin' Grannies
9:30am..... Yoga Core
10:30am Sit & Let's Get Fit
11:30am Meditation
11:30am Water Aerobics
(VA State University)
12:00pm World Religion
1:00pm Bingo
2:00pm Meaningful Exchanges
2:30pm Open Sew
(1st, 2nd & 3rd Tues)

Wednesday

8:30am Crochet & Knitting
8:30am Muscles in Motion
10:00am Balance
11:00am Line Dancing
11:00am Pickle Ball
(Swift Creek Baptist Church)
11:00am Tech Heads
(4th Wednesday)
2:00pm Worthy Wednesdays
(3rd Wed)

Thursday

8:30am Total Body Strength
9:30am..... Yoga Warrior
10:00am... Beginner's Line Dancing (Library)
10:30am Sit & Let's Get Fit
11:30am Meditation
12:15pm Game Day
1:15pm Senior Citizens Club Mtg.
(4th Thursday at Golden Corral - 11:30am)

Friday

8:30am Muscles in Motion/TNT
10:00am Strength & Stretch/Yoga Flow
11:00am Line Dancing
11:00am Pickle Ball
(Swift Creek Baptist Church)
1:30pm Movie Day
(monthly)



THERAPEUTIC RECREATION

Wednesday, 3/2Sculpting Time.....	\$35:30pm-7:00 pm
Wednesday, 3/9Bingo	\$35:30 pm-7:00 pm
Wednesday, 3/16St. Patrick's Day Party	\$55:30 pm-7:00 pm
Wednesday, 3/23Music Activities.....	\$35:30 pm -7:00 pm
Wednesday, 4/6Chat and Nibble Café' Social hour.....	\$35:30 pm-7:00 pm
Wednesday, 4/13Bingo.....	\$35:30 pm- 7:00 pm
Wednesday, 4/20Group Art.....	\$35:30 pm-7:00 pm
Wednesday, 4/27Ice Cream Social	\$35:30 pm-7:00 pm
Wednesday, 5/4Indoor Sports Fun.....	\$35:30 pm-7:00 pm
Wednesday, 5/11Bingo	\$35:30 pm-7:00 pm
Wednesday, 5/18Magazine Art.....	\$35:30 pm -7:00 pm
Wednesday, 5/25Luau Party.....	\$55:30 pm-7:00 pm

Therapeutic Recreation (TR) uses recreational activities (such as art, games or dance) to help people with disabilities to improve their physical, cognitive and social skills. These activities will be offered to help enhance their recreation interests and participation. Prior to the activity the participant must register and complete a participant profile. Activity schedules are subject to change.

PARK PAVILION RENTALS

As warmer weather arrives this upcoming Spring and Summer consider reserving a park pavilion for your family reunion, birthday party, baby shower, or other family event. Rental of park pavilions are now available by contacting our office at (804)520-9390. City residents can reserve a pavilion for just \$15 and includes the whole day. See below for available park pavilions and contact us with any questions about reserving a pavilion. A

White Bank Park - (2) pavilions available. Both pavilions seat up to 200 and have restrooms and a charcoal grill available. White Bank Park also features a full accessible playground, disc golf course, sand volleyball courts, and open space.

Ft. Clifton Park - (1) pavilion available. Pavilion seats up to 60 people and has a restroom available. Ft. Clifton Park also features walking trails and open space.

Lakeview Park - (1) pavilion available. Pavilion seats up to 60 people and has a restroom available. Lake-view Park features a playground, fishing pier, and a boat ramp.

Park restrooms and electricity are available for use April 1 - October 31 only.

YARD SALE INFORMATION

Colonial Heights City Ordinance 187-19 states that a license for yard or garage sales is re-quired. The license is available at the Commissioner of the Revenue's Office, 201 James Avenue, City Hall during regular business hours (8:30 am to 5:00 pm, Monday through Friday). The cost for the license is \$5.00. Contact the Commissioner of the Revenue's Office at (804) 520-9280 for more information.

No sales are allowed on Sunday. The Yard Sale license includes a Temporary sign permit. The list of licensed yard sales will be posted on the City website not later than Friday at 4:00 pm. In order to be included in the on-line list, the host must obtain a yard sale license no later than 3:00 pm on the Friday prior to the yard sale.

PUBLIC LIBRARY

Family Storytime

Join us for stories, music, and creative movement. Each story hour ends with a craft or STEM activity. Children build early literacy proficiency while making new friends and developing social skills. The suggested age is 3-5 years old, but all ages are welcome. No registration is needed.

Tuesday 3/1 11:00am Creative Kids
Wednesday 3/2 11:00am Creative Kids

Tuesday 3/8 11:00am Peek A Boo, Where are You?
Wednesday 3/9 11:00am Peek A Boo, Where are You?

Tuesday 3/15 11:00am Everything's Comin Up Green
Wednesday 3/16 11:00am Everything's Coming Up Green

Public Meeting Rooms Now Available

The Colonial Heights Public Library has reopened its three meeting rooms for reservations. Non-profit clubs and organizations can now reserve the rooms by contacting Brooke Hopper at the Library.

Phone: 520-9384

Email: hopperb@colonialheightsva.gov

The meeting room application form is available at:
<http://www.colonialheightsva.gov/236/Public-Meeting-Rooms>

Library Staff Assistance

Enjoy reading, but your eyesight is failing and making it difficult for you, or a relative, to read regular print?

Did you know? The Colonial Heights Public Library staff can provide you with a range of choices that will allow you to continue the enjoyment of reading, comfortably. Please visit the library and allow a staff member to guide you through the options that will allow you to retrieve and read any book you want with ease.

Public Computer Center

The library's public computer center is open during regular library hours and provides the following services:

- Computers may be checked out by a patron using his/her own Colonial Heights Public Library Card
- Internet access (high-speed cable connection)
- Office applications (Word, Excel, Access, Publisher, and Powerpoint)
- No appointment necessary
- No time limitations
- There is a 10¢ per page charge for printouts



Colonial Heights Police Department

CHPD Supports the Marcus Alert Program

In 2020, the Virginia General Assembly enacted the Marcus-David Peters Act, which enhances mental health services for individuals experiencing a mental health crisis, substance use, or developmental disabilities. The goal of the **Marcus Alert** was to provide behavioral health response to behavioral health emergencies. It also establishes coordination between 911 and 988 regional crisis call centers, along with specialized behavioral health practitioners who assist law enforcement when responding to behavioral health situations.

Marcus Alert is a statewide mental health framework developed to ensure behavioral health experts are involved in responding to individuals in crisis. There are four fundamental goals of the framework:

- Limiting the involvement of law enforcement officers
- Diverting individuals away from the criminal justice system and directing them to resources that support treatment and recovery
- Achieving positive outcomes for individuals experiencing a mental health crisis
- Increasing awareness and understanding of available mental health resources in our community

MARCUS ALERT COMMUNITY LISTENING SESSION

The first phase of the program requires localities to establish a self-reporting system that would collect data that is managed by the locality. The Colonial Heights Police Department, in conjunction with the Colonial Heights Emergency Communications Center, has implemented a self-reporting form and placed it onto the City of Colonial Heights home page located at www.colonial-heightsva.gov. This form allows adults to provide information on their mental health status, to include diagnoses and medications. It also provides addresses of the individual, which provides first responders with vital information during a response. Officers can be alerted to mental health issues related to 911 calls from individuals who have self-reported. Parents of juveniles with mental health issues also benefit from the **Marcus Alert** link, as it allows them the opportunity to report information about their child's mental health, so officers can provide the necessary assistance to address the child's mental health needs.

The **Marcus Alert** form can be located on the City's main page under the I Want To section. Once selected, look for the "request, report, or submit" section. The **Marcus Alert** form is the last item under this section. Clicking this link will open the form and allow individuals to enter the information and submit to the E911 center. Once the form is submitted, the information is collected, and alerts are placed in our 911 system so that call-takers and officers can be made aware of possible mental health crisis situations prior to being dispatched.



GET
YOUR
2022
SEASON
TICKETS
TODAY



CHILIPEPPERSBASEBALL.COM

2022 Fort Clifton Arts & Crafts Festival



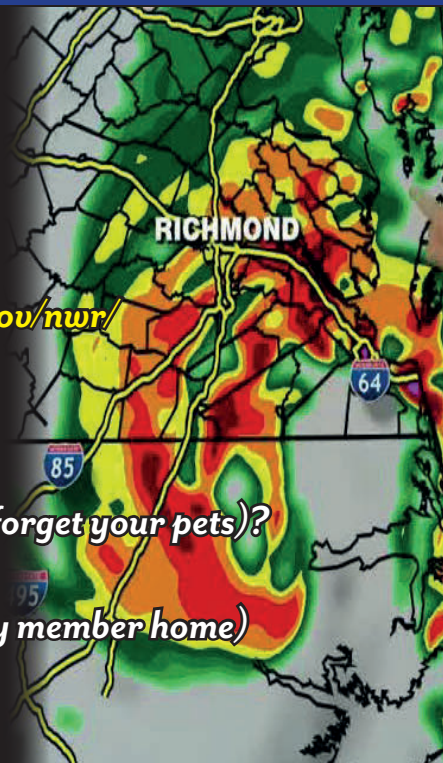
DATES & TIME

May 7, 2022 10:30 a.m. - 5:00 p.m.
May 8, 2022 10:30 a.m. - 5:00 p.m.

Are you ready for Spring Storms?

Here is a simple checklist

- Do you know the difference between a weather watch and warning?
- If not, visit <https://www.weather.gov/safety/tornado-ww>
- Do you have a weather radio with extra batteries?
- Information on weather radios can be found at: <https://www.weather.gov/nwr/>
- Have you signed up for Civic Ready Emergency Notifications?
- If not, sign up at: <https://www.colonialheightsva.gov/list.aspx>
- Does your family have an emergency evacuation and shelter plan?
- Do you have a 3-5-day supply of water and non-perishable food (don't forget your pets)?
- Do you have a list of important personal information?
- Keep a copy at home and another somewhere else (safety deposit, family member home)
- Do you have a kit? Do you have a plan? Do you stay informed?
- If not, get more information at: <https://www.ReadyVirginia.gov>



Chili Peppers BASEBALL CAMP 2022

\$110
per participant

Join the Tri-City Chili Pepper's players and coaches for youth baseball camps this Summer. Two days of skill building activities, the opportunity to "shag" balls during pre-game batting practice and two tickets (for the player and a parent) for a game that night.

KIDS AGES 6-13

To register or for more information visit:
CHILIPEPPERSBASEBALL.COM

CHOICE OF:
JUNE 15-16
JULY 12-13

KIDS FUN DAY

**APRIL IS
CHILD ABUSE
PREVENTION MONTH**

and to bring this issue to the forefront

**SUNDAY, APRIL 24, 2022
1:00PM TO 3:00PM**

We are partnering with the American Legion Post 284 to bring this event to beautiful White Bank Park.

Games, activities, food and fun await at this family friendly event.

Come out and meet community good guys like; "Sally: The Cell Phone", "McGruff, The Crime Dog", the Tri-City Chili Peppers Team Mascot, local Fire/EMS and more.

Parents can get information about community resources and opportunities for their children.

ALL FREE!

Colonial Heights
We want to connect with you in new ways!

**LET'S GET
SOCIAL!!!**

Did you know you can find us, follow us, and Connect with us on:



CITY FOCUS

City of Colonial Heights
Office of the City Manager
Post Office Box 3401
Colonial Heights, Virginia 23834-9001
www.colonialheightsva.gov

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Postal Customer