

COLONIAL HEIGHTS, VIRGINIA

CITY FOCUS

75



Anniversary

Years

FALL 2023



John A. Rooney, Jr.

City of Colonial Heights Council Members



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kochubag@colonialheightsva.gov



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City Clerk of Council
wallacep@colonialheightsva.gov
(804)520-9360

Contact the City Manager



Douglas E. Smith
City Manager
City Hall
201 James Avenue
smithd@colonialheightsva.gov
(804) 520-9265



COUNCIL COLUMN

T. Gregory Kochuba

Mayor

It is hard to believe that our city, once a town in Chesterfield County, is now celebrating its 75th Anniversary as an independent city! Back in March of 1948, this small town, with a population of 5,000 citizens, became an independent city, thanks to the efforts of Mayor Fred R. Shepherd. Yes, Shepherd Stadium was named for this founding father!

Now, 75 years later, with a population of 18,000 citizens, Colonial Heights continues to maintain its small-town atmosphere while serving as an indispensable retail hub between Richmond and the North Carolina border. With restaurants, retail, and service businesses lining the Boulevard and South Park Shopping area, Colonial Heights serves its residents, the Fort Gregg-Adams community, and Tri-City residents, as well as travelers and visitors - catering to a retail population of over 1.1 million people annually.

Over the years, Colonial Heights has established itself as an ideal place to live, work and raise a family! Offering a high-quality school system, wide assortment of parks and recreational activities, dedicated civic organizations, extensive faith based community, strong senior citizen programs, safe community emphasis, and extensive retail and service resources, Colonial Heights is unique in the quality lifestyle that it offers.

Since 1948, the city has continued many traditional events - the annual Christmas parade, the Fort Clifton Festival, and the Fourth of July fireworks celebration. Newer traditions include the honoring of men and women from Colonial Heights, who served in the Armed Forces, by displaying street banners with their names/photo/rank, and conducting recognition ceremonies to honor deserving community members. Most recently, the city partnered with a hometown baseball team, the Chili Peppers, a Coastal Plains League team (comprised of college baseball players), that plays at the beloved, iconic Shepherd Stadium baseball facility.

In an effort to maintain our historic roots, the city has preserved historic landmarks, such as the Old Brick House, Violet Bank, Shepherd Stadium, and the 300+ year old Cucumber Tree.

Significant residential and retail growth over the years has led to growth in the public safety departments, city library, courthouse services, and community services. Transportation developments, including the opening of the Temple Ave. bridge connecting Colonial Heights with Prince George, the development of the Appomattox River Trail, new Interstate 95 on ramp, and state of the art roundabout traffic system have improved access and enhanced city travel.

We are blessed to live in a community that offers so much for citizens of all ages, is financially strong, provides excellent emergency and safety services, and maintains a strong sense of community. The dedication of past and present city leaders, employees, community volunteers, and citizens have contributed to the growth and success of Colonial Heights over the past 75 years. I encourage you to find ways to get involved to help raise our city to new heights! Love your city!

SEPTEMBER

September 4th	City Holiday (Government Offices Closed)	
September 6th	Planning Commission	6:00 pm
	Council Chambers (Tentative)*	
September 12th	City Council Regular Meeting	7:00 pm
	Council Chambers	
September 19th	City Council Work Session	6:00 pm
	Council Chambers	

OCTOBER

Oct. 3rd	Planning Commission	6:00pm
	Council Chambers (Tentative)*	
Oct. 9th	City Holiday (Government Offices Closed)	
Oct. 10th	City Council Regular Meeting	7:00 pm
	Council Chambers	
Oct. 17th	City Council Work Session	6:00 pm
	Council Chamber	

NOVEMBER

Nov. 8th	Planning Commission	6:00pm
	Council Chambers (Tentative)*	
Nov. 10th	City Holiday (Government Offices Closed)	
Nov. 14th	City Council Regular Meeting	7:00 pm
	Council Chambers	
Nov. 21st	City Council Work Session	6:00 pm
	Council Chambers (Tentative)	
Nov. 23 & 24	City Holidays (Government Offices Closed)	

*Note: Meeting moved due to another City Event/Holiday

IMPORTANT COLONIAL HEIGHTS PHONE NUMBERS

POLICE/FIRE EMERGENCY	DIAL 911
POLICE/FIRE NON-EMERGENCY.....	(804)520-9300
BILLING & COLLECTION.....	(804)520-9320
CIRCUIT COURT.....	(804)520-9364
CITIZENS ASSISTANCE HOTLINE	(804) 520-9266
COLONIAL HEIGHTS HEALTH DEPARTMENT.....	(804)520-9380
CH RECYCLING CENTER	(804)479-7056
(Household Hazardous Waste & Other Materials)	
COMMISSIONER OF REVENUE.....	(804)520-9280
CURBSIDE TRASH/RECYCLING SERVICES.....	(804)340-0900
DMV SELECT.....	(804)497-7100
GENERAL DISTRICT COURT	(804)520-9346
JUVENILE & DOMESTIC RELATIONS DISTRICT COURT	(804)451-0213
LIBRARY.....	(804)520-9384
OFFICE ON YOUTH & HUMAN SERVICES.....	(804)520-9286
PLANNING & COMMUNITY DEVELOPMENT.....	(804)520-9297
RECREATION & PARKS.....	(804)520-9390
REGISTRAR/DIRECTOR OF ELECTIONS.....	(804)520-9277
SHERIFF.....	(804)520-9352
STREET MAINTENANCE	(804)520-9372
TREASURER.....	(804)520-9321
UTILITIES BILLING.....	(804)520-9288



In 1926 Colonial Heights was incorporated as a Town and in 1948 by Court Decree, Colonial Heights became a City!

We invite you to tour the City through the eyes of those that were able to experience it the way it was when it all began!

Follow the link below or scan QR Code to enjoy some historic pictures, videos, and hear from the residents that helped grow Colonial Heights into the wonderful City we all enjoy and love!

<https://www.youtube.com/@cityofcolonialheightsvirgi6858/videos>



In just a few years, the City will celebrate a major milestone with the 100th anniversary of Colonial Heights incorporation as a town! Look for future news on major celebration activities in 2026!

FUN FACTS

Incorporated as a Town in 1926
Incorporated as a City in 1948
Colonial Heights Annexation from County in 1956

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CRIME SOLVERS

CHESTERFIELD | COLONIAL HEIGHTS

Light up the Night Against Crime 5K Run/Walk

October 7, 2023

Registration: 5:30 p.m.

Run Starts 7 p.m.

We need your help!

Food • Music • Trophies • Run for Time

Cost: \$30

Students: \$20
(18 & under)

Late Registration: \$35
(after 10/1)



Scan QR code or go to
www.crimesolvers.net
(scroll to 5K Run/Walk)

Sponsorship Information:

PLATINUM

\$2500

Logo/Name on Start/Finish Line Banner
Logo/Name on Front of T-shirt
6 Complimentary Tickets to Event

GOLD

\$1500

Prominent Display of Logo/Name on
Back of Race T-Shirts
5 Complimentary Tickets to Event

SILVER

\$1000

Prominent Display of Logo/Name on
Back of Race T-Shirts (Below Gold)
3 Complimentary Tickets to Event

BRONZE

\$500

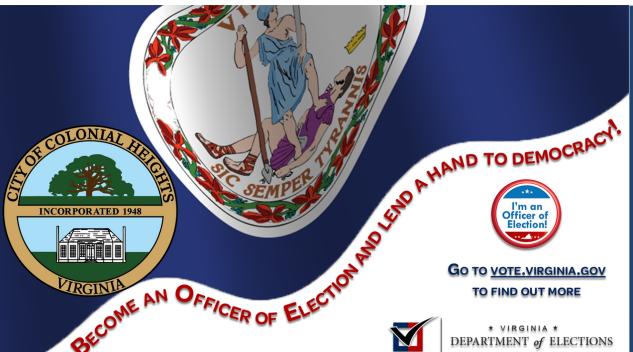
Logo/Name on Back of Race T-Shirts
2 Complimentary Tickets to Event

MARKER

\$100

Name on Back of Race T-Shirts
Logo/Name on Kilometer Sign Trail

Questions? Contact Mike Beavers 804-356-0012 or Crimesolvers5k@gmail.com



BECOME A POLL WORKER FOR THE CITY OF COLONIAL HEIGHTS
TRAINING PROVIDED. PAY OFFERED!

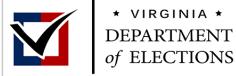
APPLY TODAY ONLINE: ELECTIONS.VIRGINIA.GOV/OFFICERS
IN PERSON: CITY HALL, 201 JAMES AVENUE

QUESTIONS? PLEASE CALL THE GENERAL REGISTRAR'S OFFICE
AT 804-520-9277 OR
EMAIL: REGISTRAR@COLONIALHEIGHTSVA.GOV

BE SURE YOUR VOTER INFORMATION UP TO DATE!

Help us

Help you
Vote



Are you registered to vote?

Is your address current?

Have you changed your name?

Go to vote.virginia.gov and

CHECK NOW!

Before it's too late!



WANT TO LEARN MORE ABOUT
HOW THE CITY OPERATES?
APPLY FOR THE
CITIZENS GOVERNMENT ACADEMY

The Citizens Government Academy, a free 8-week program, provides residents with an opportunity to learn more about the operations and services of their City government. Each week, program participants visit different departments to meet the director or elected official and learn about specific departmental operations through hands on activities, demonstrations, group discussions and site tours.

Academy programs are held during the spring (March - May) on Thursday evenings from 6:00 p.m. to 8:30 p.m. at various facilities throughout the City. Applicants must be 18 years-of-age or older, a resident of the City of Colonial Heights, attend at least 7 out of 8 sessions and participate in the graduation ceremony. Class size is limited.

If you are interested in being considered for a future academy, applications are available at www.colonialheightsva.gov or by contacting the Human Resources Department at carpenterj@colonialheightsva.gov or (804) 524-8749.



Member, Senate of Virginia 12th District

- Glen H. Sturtevant Jr. - R
- Natan D. McKenzie - D

Member, House of Delegates 74th District

- Michael A. Cherry - R

Write-ins are permissible for all offices

In-person early voting at the City Hall Registrar's office begins September 22, 2023 and will be available through Saturday, November 4, 2023. To receive an absentee ballot by mail, an application must be submitted by October 27, 2023.

Election Day polls open from 6:00 am to 7:00 pm.

To register to vote, check your registration status, or apply to vote by mail, go to www.elections.virginia.gov/citizen-portal or call the Registrar's office at 804-520-9277. Please see the City's website www.colonialheightsva.gov, under Registrar/Director of Elections, for voting information.

OFFICE HOURS:

Monday - Friday, 8:30am - 5:00pm
P.O. Box 3401 / 901 Meridian Avenue
Colonial Heights, VA 23834
www.colonialheightsva.gov/recandparks
Recreation and Parks Office
(804) 520-9390 Senior Activities & Classes
(804) 520-9220 Senior Transportation
(804) 520-9219
Office on Youth & Human Services
(804) 520-9286 Weather Cancellation Line
(804) 524-8788 Violet Bank Museum
(804) 520-9395

REGISTER BY MAIL

To register by mail, send your registration form with check to:
Colonial Heights Recreation and Parks
P.O. Box 3401
Colonial Heights, VA 23834

REGISTER IN PERSON

To register in-person, please visit our office, Monday - Friday 8:30am-5:00pm:
Recreation and Parks Office Shepherd Stadium, 901 Meridian Avenue
Colonial Heights, VA 23834

REGISTER BY PHONE

Call the office at (804) 520-9390 during office hours to register. All phone-in registrants are responsible for signing a waiver form and returning it to the Recreation office before the first class.

REGISTER ONLINE

To register online, please visit us at www.colonialheightsva.gov/recandparks and click the Recreation Programs link.

DROP BOX

We have a drop box for after hours collection of registrations, payments and uniforms; located in front of our office at Shepherd Stadium, 901 Meridian Avenue. Checks only, please do not place cash in the drop box.

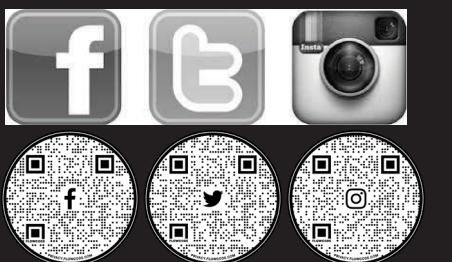
PAYMENT OPTIONS

The Recreation Dept accepts Cash, Check, money order and major Credit Cards.

Please make checks payable to:
"City of Colonial Heights"

\$50 fee may apply for returned checks

CONNECT WITH US ON SOCIAL MEDIA...



COLONIAL HEIGHTS RECREATION & PARKS DEPARTMENT

SPORTS AND ATHLETICS

Fall 2023 Soccer Registration

CHSA offers 3 levels of play. We have Travel Soccer, Cross-Association Recreational, and our in-house Recreational program. Travel Soccer through for the players that have been selected via the tryout process for our teams. Tryouts are conducted in the Spring for the Fall/Spring season(s). Cross-Association is a recreational program offered on a wider scale. Our teams will compete against teams from surrounding areas, meaning approximately half of our games will not be played at our Colonial Heights location. Cross-Association registration can be done online which closes on July 31st. The recreational program online registration closes August 12th. Games will begin in early September. To register visit www.colonialheightssoccer.com.

All Travel Players must upload a copy of their birth certificate and a photo during the registration process

Pickleball

Progressive Hello/Goodbye Round Robin League

Join us for our popular Wednesday night Pickleball League. With enough room for 24 players per evening, scoring is cumulative, so consistent attendance is a positive! Play consists of two 45 minute sessions resulting in 1.5 hours of active playing time per night
Wednesdays 9/20-10/25 5:45pm-8:00pm
Session 1 6:00 pm to 6:45 pm
Session 2 7:00 pm to 7:45 pm
\$5 CHMS Courts

Pickleball 101

Join us for Pickleball Beginner classes! If you've never played Pickleball before, this is designed especially for you! This instructed course will cover the basics of Pickleball rules, terminology, primary skills, coordination, beginner court time, and more.

Mondays 9/18 - 11/20 6:00pm-8:00pm
FREE CHMS Courts

Youth Hello/Goodbye Round Robin Tournament

Join us for our inaugural youth pickleball tournament! This Youth Hello/Goodbye Round Robin League has enough room for 24 players, reported scores will be used to publish win/loss and total points scored standings to seed individual players to games in order to establish a Gold, Silver, and Bronze finishing duos! Pre-Registration is highly recommended due to the 24 player limit!

Saturday September 23
FREE CHMS Courts
Pre-Register to Save Your Spot

Youth Basketball

Grades K - 10

Registration for 2023/2024 youth basketball will begin on September 1, 2023. The deadline to register is November 22, 2023. To register you must be a City of Colonial Heights resident. Weekly Saturday clinics will be held for age 7+ during December. Practices begin in late December. Practice/game times will vary depending on the number of teams in each age group.
Fee: \$20

COED:

Parent/Child Instructional	Grades K-1 / Ages 5-6
8U Instructional	Grades 2-3 / Ages 6-8
10U Developmental	Grades 4-5 / Ages 9-10

BOYS:

U12 League	Grades 6-7 / Ages 11-12
U15 League	Grades 8-9 / Ages 13-15

GIRLS:

U12 League	Grades 6-7 / Ages 11-12
U15 League	Grades 8-9 / Ages 13-15

Youth Basketball Cheerleading

Registration for 2023/2024 youth basketball cheerleading will begin on September 1, 2023. The deadline to register is November 22, 2023. To register you must be a City of Colonial Heights resident. Weekly practices begin November 27, 2023. Game times will vary depending on the number of teams in each age group.
Fee: \$20
Grades 3-8 / Ages 8-13

SOVA CHAMBER 11TH ANNUAL
2023
TURKEY TROT
BROUGHT TO YOU BY STROSNIDER CHEVROLET

SIGN-UP TODAY
WWW.SOVACHAMBER.COM
THANKSGIVING DAY
THURSDAY, NOVEMBER 23, 2023
9AM - 12PM

Classes and Activities

Beginner & Intermediate Swing Dance

Join our instructors, Roger and Denise Underhill, for this 6-week beginner and/or intermediate swing dance class series. Want to learn how to turn that stumbling into dancing or are new to partner dancing to classic blues, rhythm and blues, soul, and beach music? These 7:00 pm beginner lessons are a great place to start and as you get more and more comfortable then stay for the 8:00 pm class!

Are you looking for more of a challenge or to learn new moves? Start with the beginner class at 7:00 pm for a good warm-up and help the new dancers, then stay for the 8:00 pm class to challenge your abilities with new patterns and movements! Before you know it, you'll be dancing at any place where there is music being played!

All classes are open to couples and individuals!

Thurs 9/21-10/26 / Beginner Class / 7pm-8pm
Intermediate / 8pm-9pm

Colonial Heights Moose Lodge
\$45/person or FREE to Moose Members

Wild Child

Recommended for Grades K-5. Calling all home schoolers to join us in this immersive nature-based program. We will meet at White Bank Park and learn about the ecosystems within. All equipment/materials will be provided. Participants must provide their own transportation. **Pre-Registration required.**

Tues, September 19th.

Tues, October 3rd

Tues, October 17th

11am-12pm / White Bank Park / Free.

Wiggle Worms

Recommended for ages 3-5. Join us each week to discover and learn about a new park in Colonial Heights! We will explore the park, use our senses, make crafts and more! Parent participation is required. All equipment/materials will be provided. Participants must provide their own transportation. **Pre-Registration required.**

Thurs, September 7 / Lakeview Park

Thurs, September 14 / White Bank Park

Thurs, October 5 / Fort Clifton Park

11am-12pm / Free.

Grandparent's Night Out

Recommended for ages 5-12. Celebrate National Grandparents Day with us! Grandparents bring out your grandkids and enjoy a night of food, games and crafts! All equipment/materials will be provided. Participants must provide their own transportation. **Pre-Registration required.**

Fri, September 15th. 6:00pm-8:00pm.

Colonial Heights Community Center. \$5/Person.

Messy Monday's

Recommended for ages 5-7. We welcome those of all abilities. Join us as we make messy creations! We will incorporate arts and crafts, sensory and other fun activities into our masterpieces. All the mess your kids could want with none of it being at your house! All equipment/materials will be provided. Participants must provide their own trans-

portation.

Mon, September 18: Splat Painting. 5:30-6:30pm.
Mon, October 30: Spooky Fun. 5:30-6:30pm.
Mon, November 27: Fall Painting & Sensory Bins. 5:30-6:30pm.
Senior Center. \$5/child.

Imagination Thursday's

Recommended for ages 5-11. We welcome those of all abilities. Join us as we use creative thinking to complete STEM challenges. This interactive program will engage our brains and hands as we build, create and plan designs! All equipment/materials will be provided. Participants must provide their own transportation. **At the Community Center unless otherwise noted. **

Thurs, September 21 / Boats / 5:30-6:30pm.
Thurs, October 26th / Spooky STEM / 5:30-6:30pm.
Thurs, November 30th / Weather Exploration / 5:30-6:30pm.
Community Center. \$3/child.

Tadpole Time

Recommended for ages 3-5. We welcome those of all abilities. Join us for some time learning about nature through books, crafts, games and other activities! Each time we will focus on different animals in Virginia. Parent participation is required. All equipment/materials will be provided. Participants must provide their own transportation. **At the Library unless otherwise noted. **

Mon, September 25th / Hooting Owls / 11am-12pm.
Mon, October 23rd / Creepy Critters / 11am-12pm.
Thursday, November 9th / Bats / 1pm-2pm.
Library. Free.

Critters & Crafts

Recommended for ages 5-7. We welcome those of all abilities. Join us as we learn about new critters through arts, crafts, activities, stories and more! These interactive sessions will give a glimpse at how animals live and what makes them unique. All equipment/materials will be provided. Participants must provide their own transportation.

Tues, September 26th / Fantastic Foxes / 5:30-6:30pm.
Tues, October 24th / Spiders & Owls / 5:30-6:30pm.
Thur, November 16th / Talking Turkeys / 5:30-6:30pm.
Library. \$3/child.

Pumpkin Phun

Recommended for ages 5-11. We welcome those of all abilities. Join us in celebrating fall by doing a combination of games, STEM and crafts with pumpkins! Work together to solve challenges and join us for all things pumpkin related. All equipment/materials will be provided. Participants must provide their own transportation.

Thurs, October 19th / 5:30-7pm.
Community Center / \$5 Child.

Fall Sensory Fest

Recommended for ages 3-8. Join us in exploring and using our senses during this fall fest! We will have stations for participants to move through that focus on one of our senses. Activities will include, but not limited to sensory bins, games, crafts and more! All equipment/materials will be provided. Participants must provide their own trans-

portation.

Fri, October 20th / 6:00pm-8:00pm.
Community Center. \$3/Child.

Finding Fossils

Recommended for ages 5-11. Join us as we learn all about fossils! Participants will get to look for fossils, create their own fossils and see real ones in this immersive program. All equipment/materials will be provided. Participants must provide their own transportation.

Thurs, November 2nd / 5:30pm-6:30pm.
Community Center. \$3/Child.

Turkey Talk

Recommended for ages 3-5. Ever wonder what turkeys are saying when the gobble? Well find out in this fun preschool program! We will read a book, make crafts and more! Parent participation is required. All equipment/materials will be provided. Participants must provide their own transportation.

Mon, November 13th / 11am-12pm.
Library. Free.

A Night Under the Stars

Recommended for ages 5-11. Join us as a family for a fun filled night. Dress in your best and enter a world beneath the stars! Enjoy time together while dancing, eating and playing games. Parent participation is required. All equipment/materials will be provided. Participants must provide their own transportation.

Sat, November 18th / 5:30pm-7:30pm.
Community Center. \$3/Person.

Hooting Owls

Recommended for ages 5-11. Join us to learn about majestic owls. Participate in a guided owl pellet dissection after learning about what makes owls so unique. All equipment/materials will be provided. Participants must provide their own transportation.

Mon, November 20th / 5:30-6:30pm.
Senior Center. \$3/Child.

Halloween Drive in Movie Night

Recommended for all ages and welcoming of all abilities. Get together to enjoy some quality time together while munching on candy and watching a movie! *(Please note: we will be watching a Halloween movie. This will be a family friendly movie, no horror or scary movies.)*

Tue, October 31 / 6-9pm.
Colonial Heights Community Center. Free.

Kid's in the Kitchen

Join us with your child for a night of cooking, eating, and fun! In this class your child will learn some basic cooking skills, easy meals to prepare, as well as some more difficult meals to cook. *This class is designed for children ages 7-12.*

Preregistration Required.

Stir Fry / Thurs, September 14 / 6-7:30pm
CYO Bento Boxes / Thur, September 28 / 6-7:30pm
Sheet Pan Nachos / Thurs, October 5 / 6-7:30pm
Burger Bar / Thurs, October 19 / 6-7:30pm
All Things Salad / Thurs, November 26 / 7:30pm
Dumplings & Wontons / Thurs, November 16 / 6-7:30pm
Holiday Feast / Thurs, December 14 / 6-7:30pm
Community Center \$10/class

Classes and Activities Cont.

What's Cooking

Join us with your child for a series of nights of cooking, eating, and fun! In this series, your child will learn proper kitchen safety and attempt a variety of different recipes. *Suited for children ages 9-12.*

Preregistration Required.

September 5- September 26 / 5-6:30pm

Community Center \$45/4 sessions

Science Mania

Join us with your child as we explore the world of science through experiments! Your child will have the opportunity to become a little scientist while participation in fun lab sessions. **Preregistration required.** *Suitable for ages 5-7.*

Soap Creations / Mon, September 25 / 5:30-7pm

Bubble Exploration / Tues, October 17 / 5:30-7pm

The Water Cycle / Mon, November 6 / 5:30-7pm

Build Your Own Rocket / Tues, December 12 / 5:30-7pm

Senior Center \$10/class

DIY Kid's: "I Spy" Bags

Come join us as we create our own "I Spy" bags! All materials are provided. Participants must provide their own transportation. *Suited for ages 8-12.*

Preregistration required.

September 15 / 5:30-6:30pm

Violet Bank \$10/participant

DIY Kid's: Sculpting

Come join us as we create our very own sculpture! Children will embark on a creative adventure filled with clay, tools, and boundless possibilities. All materials are provided. Participants must provide their own transportation. *Suited for ages 7-12. Preregistration required.*

October 10 / 5:30-6:30pm

Community Center \$10/participant

Artistic Adventures: Paint & Sip for Kids

Come join us for our delightful paint and sip program, where young artists can express themselves in vibrant colors while sipping on refreshing drinks! All materials are provided. Participants must provide their own transportation. *Suited for ages 5-12. Preregistration required.*

November 29 / 5:30-6:30pm

Violet Bank \$5/participant

The Great Pumpkin Party

Come join us with your family for a fun dance party at the park! We will have games, crafts, music, and light refreshments. All materials are provided. Participants must provide their own transportation. *Suited for all ages.*

October 13 / 6-8:30pm

White Bank Park / Free

Cultural Connections

Join us as we embark on a remarkable exploration of different places, culture, and wonders through food, art, music, dance and more! All materials are provided. Participants must provide their own transportation. *Suited for ages 6-12. Preregistration required.*

Greece / Mon, October 23 / 5:30-6pm

Russia / Mon, November 13 / 5:30-6pm

China / Mon, December 11 / 5:30-6pm

Senior Center \$5/class

Musical Creations

Come join us as we create our own musical instruments using recycled materials and art supplies! All materials are provided. Participants must provide their own transportation. *Suited for ages 6-12. Preregistration required.*

October 6 / 5:30-6:30pm

Community Center \$5/participant

Belly Dance

Ages 13+

This class is designed to teach the traditional Cabaret Style belly dancing while providing an excellent cardio workout that strengthens your core and your abdominal and lower body muscles. All shapes, sizes, and fitness levels are welcome.

Thu 9/7-9/28 6:00 p.m.-7:00 p.m.

Thu 10/5-10/26 6:00 p.m.-7:00 p.m.

Thu 11/2-11/30 6:00 p.m.-7:00 p.m.

\$30 Community Center

Fitness Warriors

Ages 13+

We have partnered with Sports backers to bring you this FREE and fun fitness class on Monday evenings. Overflow with Ebo - A beginner friendly fun mix of Cardio, Pilates and Yoga. We move to the beat all while improving muscle strength, balance and flexibility.

Mon 9/4-9/25 6:00pm

Mon 10/2-10/30 6:00pm

Mon 11/6-11/27 6:00pm

FREE Community Center

Soul Line Dance w/Rhonda

Ages 13+

Rhonda is a nationally-recognized soul line dance instructor. Come learn basic terminology, counts, footwork, and learn dances with easy to follow steps. Dances vary in tempo (slow - very fast). As your skills develop expect to see slightly more challenging dances. Classes are held every Tuesday.

Tue 9/5-9/28 6:30 p.m.-8:00 p.m.

Tue 10/3-10/31 6:30 p.m.-8:00 p.m.

Tue 11/7-11/28 6:30 p.m.-8:00 p.m.

\$5/class Community Center

Martial Arts/Self Defense

Ages 7-18

This class focuses on strong basics, self-discipline, respect and teamwork concentrating on martial arts and self-defense techniques. All fitness and experience levels are welcome. No contracts, pay



by the month.

Tue 9/5-9/26 6-7:30pm

Tue 10/3-10/24 6-7:30pm

Tue 11/7-11/28 6-7:30pm

Tue 12/5-12/19 6-7:30pm

\$40 Lakeview Elem. Gym

Yoga with McKenzie

Ages: 10 - Adult

Full scope yoga class that includes breathwork, stretching, self reflection/meditation exercises, and an overview of their benefits. (Beginner- Intermediate level, modifications will be provided). Class will meet the 2nd and 4th Tuesday every month.

Tue 9/12, 9/26 5:30-6:30pm

Tue 10/10, 10/24 5:30-6:30pm

Tue 11/14, 11/28 5:30-6:30pm

\$10 Violet Bank Museum

OFFICE ON YOUTH

Youth Advisory Council

Here in the community of Colonial Heights, the Office on Youth offers leadership programs such as the Youth Advisory Council also known as YAC. YAC is offered to students between the grades of 6-12th. YAC is extremely involved in the community and has participated in programs such as the City Spring Clean-up Day, Lemonade Stand, collecting items for the Colonial Heights Food Pantry and volunteering at the Back to School Festival. YAC currently accepts applications on a rolling basis and will meet the last Thursday of each month in Council Chambers at 6:30pm.

Kids Achieving Progress After School Program. Why K.A.P.?

Academic Support, Mentoring, Steam Activities, Field Trips, Community Service Projects, Improve Self-Confidence and Social Skills!

Kids' Achieving Progress Afterschool Program (K.A.P.) is a referral-based, free program serving 4th-5th grade students residing in Colonial Heights. KAP is held at Tussing, North, and Lakeview Elementary Schools on Monday through Thursday from 3:05 pm to 5:30 pm. The program is active from September to April.

Call today to reserve your space for 2023-2024 school year. Office on Youth is looking for Volunteers! Be part of our amazing program!

If interested please contact Christian Velez at (804) 524-8752 or email velez-ortizc@colonialheightsva.gov.

CHARLESTON, SC & SAVANNAH, GA

4 DAYS - 3 NIGHTS

APRIL 15 - 18, 2024

\$755 Per Person Double Occupancy
\$1,030 Per Person Single Occupancy

FOR INFORMATION AND RESERVATIONS CONTACT:

COLONIAL HEIGHTS SENIOR CENTER

Stacy Sandry

157 Roanoke Ave.

Colonial Heights, VA 23834

(804) 520-9220



VIOLET BANK MUSEUM EVENTS

Violet Bank Garden Club

Formed at Violet Bank in 1949. The club helps with special projects at the facility such as working with the gardens, hosting special events such as the Christmas Open House and whatever the curator needs the members to do. It is a "treasure" for the city that we need to cherish for generations to come. Our members are delighted in being able to help maintain and help preserve the facilities.

If you would like to know more about the club and what the club does to help showcase Violet Bank Museum and Colonial Heights, please contact Jan Pingel at 804-731-3599. The club meets on the third Monday at noon from September through June.

Violet Bank Stitchers From The Heart

This group meets at Violet Bank Museum every Tuesday from 10:00am-12pm to create beautiful items for those in need. Items include hats, scarves, baby blankets, cotton wash cloths, toys, pet cage cozies and more. The group gratefully accepts yarn donations,



SENIOR CENTER EVENTS

The Senior Center is located at the Community Building at 157 Roanoke Avenue. It is open Monday through Friday, 8:30 am to 4:30 pm. The Center is open to adults 50 years of age and older who are City Residents. All Senior Citizen programs are FREE unless noted. The Senior Center monthly calendar lists daily and monthly activities and is available for pick-up at the Senior Center or call (804)520-9220.

Senior Transportation

Hours of Operation are Monday-Friday 8:00 a.m. to 4:00 p.m. (With services being provided from 8:15a.m. to 3:45 p.m.) and Saturday (for special circumstances) from 8:00 a.m. to 1:00 p.m. (With services being provided from 8:15 a.m. to 12:30 p.m.). Service is available to Colonial Heights residents who are at least 60 years of age, and adult special needs or handicapped. Transportation will be available to and from most Colonial Heights destinations and to a few out of City medical appointments only. Registration for services is required and is available by calling Senior Transportation at (804)520-9219. Appointments must be made at least 24 hours in advance. There are no fees for transportation services, but donations are accepted.

just drop it off during normal museum operating hours. Thank you for your support of this worthwhile endeavor. Any skill level is welcome to join the group.

Community Yard Sale

Sat, September 9 / 7:00 am-noon

\$5.00 for a 10 foot by 10 foot space, no tables, chairs or canopies provided. Sale starts at 7:00 am, so please no early birds. Please register online to guarantee your sales space or drop in day-of to set up where ever there is room.

An Old-Fashioned Tent Meeting

Sat. September 30 / 11:00am-2:00pm

Enjoy an anti-bellum (pre-Civil war) service with a timely message. Sing hymns along with Harken Back String Band. A family friendly event, suited for all ages. Free to come, donations are appreciated

Vintage Doll Display and Creepy Doll Contest

Daily / October 1 - October 31

Vintage dolls will be displayed in the Shore Parlor during normal operating hours for visitors to admire and vote for the creepiest one on display, vote in person at Violet Bank Museum. The doll with the most votes by 5pm on October 30th will be declared the winner and be posted on October 31st. Free.

Popsicle Stick Christmas Ornaments

Sat, December 2 / 10am-11am

All materials and instructions will be provided to complete a glittering Christmas Tree and a Christmas door with wreath ornament.

\$3.00 per child and registration is required. *Best suited for ages 5 to 10; involves paint, glue and glitter.*

Sounds of the Season

Sat, December 9 / 1pm-3pm

Please come to hear the Immanuel Baptist Church Choir perform in the lovely Lee Parlor at Violet Bank. *This is suited for all ages.* Free but donations are welcomed.

Candlelight Christmas Open House

Sat, December 9 / 5pm-7pm

Visit the beautifully decorated house in the soft glow of candlelight, listen to the delightful playing of Red Tenor Sax and Flutist, Iris Schwartz. Free but donations are welcomed. *Suitable for all ages.*

Candlelight Christmas Open House

Sun, December 10 / 5pm-7pm

Join us at Violet Bank to admire the holiday decorations and ambiance of this special place. Clan Haggis will be performing so you won't want to miss it! Free but donations would be appreciated. *This is an all ages program.*

Monday

8:30am	Muscles in Motion
9:30am	Tai Chi (Library)
9:30am	Bowling (League Fee)
10:00am	Strength & Stretch
11:00am.....	Pickle Ball (Swift Creek Baptist Church)
11:00am.....	Line Dancing
12:30pm.....	Pinocle
1:15pm.....	Chair Volleyball

11:00am..... Pickle Ball
(Swift Creek Baptist Church)

12pm..... Lunch & Learn (must register)

12pm..... Tech Heads (4th-must register)

12:30pm..... Party Bridge

1:00pm..... Mexican Train Dominoes

Tuesday

8:30am	Beginning Cardio Drumming
8:30am.....	Tap Dancin' Grannies (American Legion Post 284)
9:30am	Yoga Core
10:30am.....	Sit & Let's Get Fit
11:00am.....	Water Aerobics \$ (VSU)
11:20am.....	World Religion
11:40am.....	Meditation
12:00pm.....	Lunch (\$-must register)
12:45pm.....	Bingo
3:00pm.....	Open Sew (1st, 2nd & 3rd Tues)
3:00pm.....	Quilts for Vets (last)

Thursday

8:30am	Cardio Ball
9:00am	Beginner's Line Dancing (Library)
9:30am	oga Warrior
10:30am.....	Sit & Let's Get Fit
11:15am.....	Coffee Break
11:20am.....	Meditation
12:00pm.....	Lunch (\$-must register)
1:15pm.....	Senior Citizens Club Mtg. (4th Thursday at Golden Corral - 11:30am)
1:30pm	Open Paint

Friday

8:30am	Muscles in Motion
9:00am	Walk this Weigh
10:00am	Strength & Stretch/Stretch it Out
11:00am.....	Line Dancing
11:00am.....	Pickle Ball (Swift Creek Baptist Church)
1pm	Mahjong (2nd, 3rd & 5th)
1pm	Intro to Mahjong (1st)
1:30pm	Movie (4th)
4:00pm	Senior Dance (2nd)- \$

THERAPEUTIC RECREATION

Therapeutic Recreation (TR) uses recreational activities (such as art, games or dance) to help people with disabilities to improve their physical, cognitive and social skills. These activities will be offered to help enhance their recreation interests and participation. Prior to the activity the participant must register and complete a participant profile. Activity schedules are subject to change.

TR Library Trips

Recommended for all ages and welcoming of all abilities. Join us for a monthly trip to the library to enjoy books, crafts, robots, virtual reality and more! Transportation services available for Colonial Heights residents. Please contact the office for more information.

Wed, September 20 / 2-3:30pm.

Wed, October 25 / 2-3:30pm.

Wed, November 29 / 2-3:30pm.

Library. Free.

TR Wednesday Classes

5:30-7pm. Colonial Heights Community Center.

5:30-7pm. Colonial Heights Community Center.

September 6 Open Mic Night FREE

September 13 Park Play FREE

September 20 5 Year TR Birthday Party FREE

September 27 BINGO FREE

October 4 Campout FREE

October 11 Taste Testing FREE

October 18 Library Night FREE

October 25 Halloween Party FREE

November 1 Music Therapy FREE

November 8 Paint & Sip FREE

November 15 Thanksgiving Party FREE

November 22 NO TR

November 29 Sit & Fit FREE

Please welcome our new Colonial Heights Public Schools Superintendent. Haidee S. Ratliff



Mrs. Ratliff is a life-long resident of Colonial Heights. She married her husband, Mike Ratliff, on June 29, 2023.

Mrs. Ratliff has dedicated her career to serving the students and families of Colonial Heights Public Schools for 34 years. She has served as a teacher, coach, school counselor, administrator for special education, Director of Assessment and Data, Assistant Superintendent for Instruction, and Interim Executive Director of Appomattox Regional Governor's School.

She attended Flora M. Hill, Tussing Elementary, CH Junior High School, Colonial Heights High School and graduated from Longwood College with an undergraduate degree in Special Education and earned her Master's Degrees from Virginia State University in Guidance and Counseling and School Administration and Leadership.

City of Colonial Heights Christmas Parade

The 70th Annual Christmas Parade

A longtime Colonial Heights tradition - will occur on Tuesday, December 5, 2023, 7:00pm on the Boulevard, starting at Temple Ave and concluding at the Colonial Heights Courthouse. This year's theme is Rockin' Around the Christmas Tree.

Applications are now being accepted for the 2023 City of Colonial Heights Christmas Parade. Please contact the Recreation and Parks Department at (804) 520-9390 or apply online at www.colonialheightsva.gov/christmasparade.

The following entry fees will be required with application:

- Non-Profit (Church, Civic Group, etc.) - \$25.00
- For Profit (Business, Corporate, etc.) - \$50.00
- School Marching Bands - NO CHARGE

The deadline to submit an application for the Christmas Parade is Friday, November 3, 2023. If you have any questions, please contact the Recreation & Parks Department at (804) 520-9390. We are also accepting sponsorships for the 2023 Christmas Parade. Visit the Christmas Parade page on our website at www.colonialheightsva.gov/christmasparade for information on becoming a sponsor for this year's City of Colonial Heights Christmas Parade or call us at (804) 520-9390.



SIGN UP ONLINE TODAY:

Visit www.colonialheightsva.gov and click on the homepage "Community Spotlight" Link to get started!

2 City Services:



We are encouraging ALL residents to sign up for both of our notification systems!

- **Civic Ready:** Water Outages, Delayed Trash & Recycling Collection Services, & other Significant Emergency Events (thunderstorms, tornadoes, hurricanes, or other urgent widespread events.)
- **Notify Me Alert Center:** Choose what City information is important to you! City News and Updates, Events, Meetings, and other Important City Alerts.



NOTIFY ME

For assistance please call (804)520-9265.

NEIGHBORHOOD LEAF REMOVAL

FALL 2023/WINTER 2024



Convenient Service During Fall Season

The City of Colonial Heights Department of Public Works is pleased to announce that convenient leaf removal services will be provided in city neighborhoods again this year. Each fall, residents collect and stockpile loose leaves along city streets, which city crews remove and make available to local recycling businesses. During the 2022/23 season, city crews collected approximately 2,600 cubic yards of leaves.

Bagged Leaves (Require Bulk Waste Service Request)

Bagged leaves that are not placed inside trash carts are considered "bulk waste".

- A bulk waste service request must be completed by 2:00pm on the Tuesday before collection.
- Call **CVWMA at (804)340-0900** or submit a bulk waste request online at <https://cvwma.com/cvwma-locations/colonial-heights/>
- Bagged leaves may be collected year round and may be placed at the curbside with regular trash cart on regular trash collection days if a bulk waste service request is submitted on-time.

Neighborhood Service Areas

Leaf removal operations will occur in four main service areas, each consisting of three to four neighborhoods. (See page 11 for service areas and schedules)

- Signs will be installed on adjacent thoroughfares to let residents know in advance when service is scheduled in their area.
- Service timeframes in each area are subject to change depending on inclement weather conditions and other events beyond the City's control.

Fall Curbside (Loose-Leaf) Collection Service Hours

Leaves will be collected and removed from 7:30 AM through 3:00 PM, Monday through Friday, beginning November 13, 2023 and ending February 29, 2024 except on holidays (weather delays may affect this collection schedule).

Preparing Leaves for City Collection

- Residents are asked to **place leaf piles behind the curb or the edge of pavement along the street** one week before service is scheduled to begin in their neighborhood, as **only one (1) pass** will be made on each street during the scheduled collection service for the area.
- Leaves that are not placed out before regularly scheduled removal times will be removed during the next regularly scheduled service in the area.
- City crews cannot remove leaves from private property, so leaf piles must be placed behind the curb or the edge of pavement along the street which is the city right-of-way.
- Leaf piles need to be free of tree branches, lumber, steel, rock, concrete or other debris. (Hard objects mixed with leaves are hazardous and may damage leaf vacuum equipment causing unnecessary time and expense to repair or replace.

Neighborhood Parking During Leaf Removal Service

Residents can assist city leaf removal operations by keeping parked vehicles clear of leaf piles. The use of off-street parking is encouraged wherever available. "No Parking" signs may be used to restrict parking on neighborhood streets while city crews remove leaf piles. To avoid damaging personal property, city crews will not rake leaf piles out from under or between parked cars.

**Residents may contact the Public Works Department at (804)520-9372
for more information about this convenient neighborhood service.**



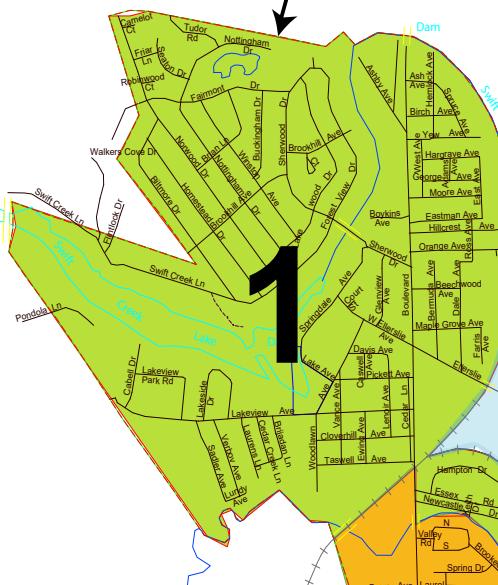
Neighborhood Leaf Removal Schedule

Fall 2023/Winter 2024

AREA #1
Sherwood Hills, Lakeview & Toll House

Scheduled Pickup Dates
11/13/23 - 11/27/23
01/09/24 - 01/22/24

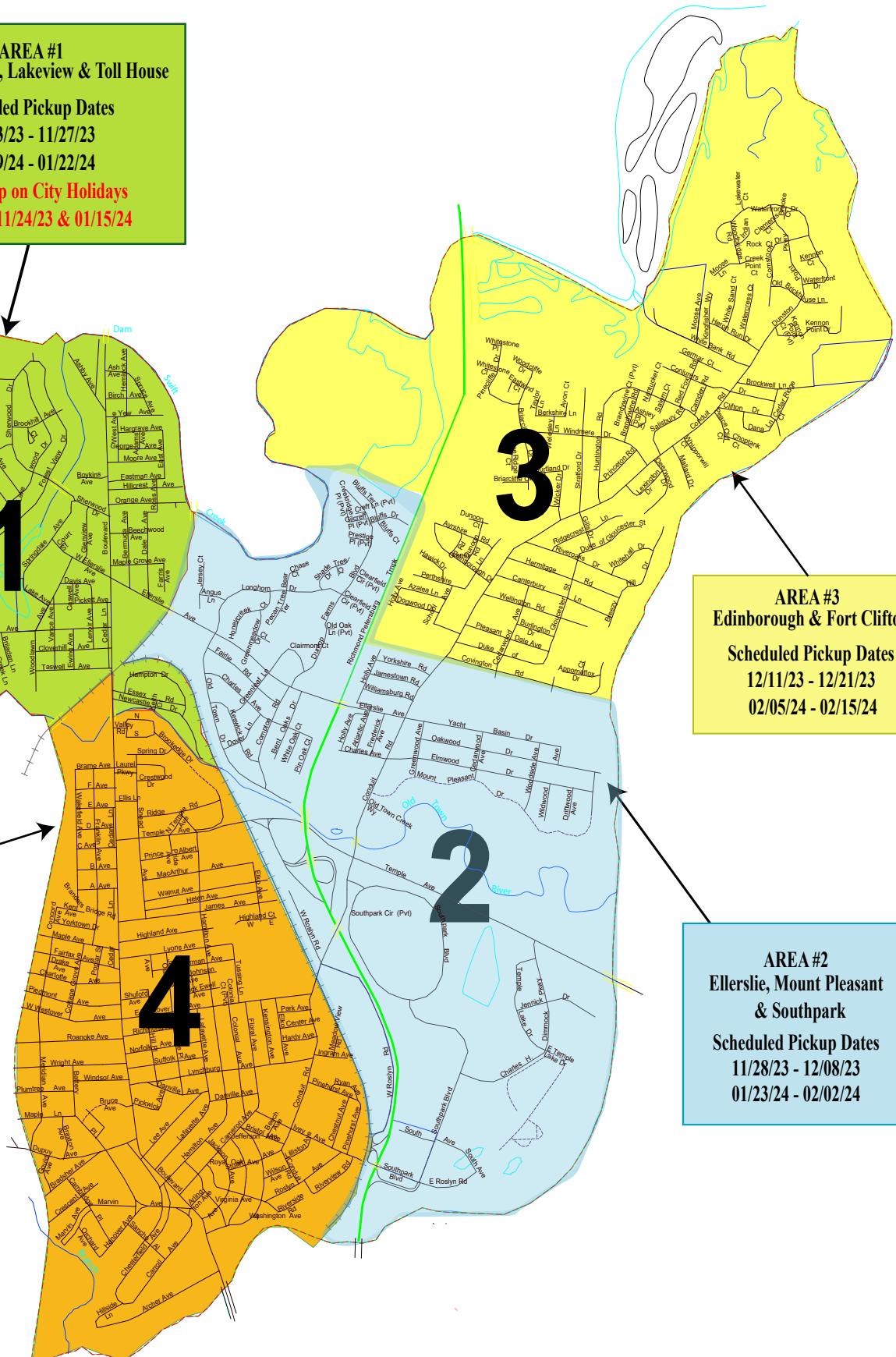
No Pickup on City Holidays
11/23/23, 11/24/23 & 01/15/24



AREA #4
Oak Hill, Shepherd Stadium,
Violet Bank-Flora Hill &
Westover-Snead

Scheduled Pickup Dates
12/22/23 - 01/08/24
02/16/24 - 02/29/24

No Pickup on City Holidays
12/25/23 & 12/26/23
01/01/24 & 02/19/23



AREA #3
Edinborough & Fort Clifton

Scheduled Pickup Dates
12/11/23 - 12/21/23
02/05/24 - 02/15/24

AREA #2
Ellerslie, Mount Pleasant
& Southpark

Scheduled Pickup Dates
11/28/23 - 12/08/23
01/23/24 - 02/02/24

BE HANDS-ON IN YOUR COMMUNITY.
VOLUNTEERING IS MORE THAN JUST FULL PLATES.

By volunteering twice a month, will help to feed over 1,000 folks in the Richmond area who need our help.

MEALS ON WHEELS



We are looking for volunteers for:
Meals on Wheels Drivers in your area!

- Colonial Heights/ Petersburg
- Chesterfield
- Highland Springs and Henrico
- Richmond City
- South Richmond and Manchester



VOLUNTEER AT
FEED MORE™



CHOOSE
COLONIAL HEIGHTS



The City of Colonial Heights Economic Development and Tourism has launched a new website:
ChooseColonialHeights.com

The website hosts information that can be used by realtors, developers, and anyone looking for available space or property to locate a business.

There is also information regarding different resources that could be helpful for new or existing businesses.

Since the department also handles tourism, there is a section titled "Explore" that provides a list on the wonderful parks located in the city, as well as shopping and dining, and various attractions throughout the city.

For more information call:
(804)898-3002



FALLOWEEN FESTIVAL

Ft. Clifton Park | 100 Brockwell Lane

**28 | OCTOBER
10AM-5PM**

ARTS & CRAFTS VENDORS

FARMER'S MARKET VENDORS

MOONBOUNCES

PUMPKIN CARVING

COSTUME CONTEST

SCARECROW STUFFING

**FAMILY FUN
YARD GAMES**

Visit

www.colonialheightsva.gov

FREE



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CITY FOCUS

City of Colonial Heights
Office of the City Manager
Post Office Box 3401
Colonial Heights, Virginia 23834-9001
www.colonialheightsva.gov

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