

COLONIAL HEIGHTS, VIRGINIA

Celebrating

CITY FOCUS

75



Years

Winter 2023



Photo by Tatiana



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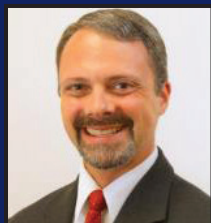
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(804) 520-9265



COUNCIL COLUMN

Kenneth B. Frenier
Councilman

Now that the temperatures are dropping and leaves are falling, after a very hot Summer, it's time to do some safety checks of your home.

1. Make sure you have a working smoke detector or have replaced the battery. The battery should be replaced every time the time changes. If the smoke detector is 10 years old or older, it needs to be replaced. Contact Colonial Heights Fire and EMS for a Detector or inspection of your detector at 804-524-8773.
2. At least once a year your heating system should be inspected by a certified heating and A/C Technician. Many fires occur during the winter months caused by your heating unit.

New Equipment

The Fire and EMS Department has received a new 2023 E-One Typhoon Fire Engine.



The state-of-the-art unit has the capacity of flowing 1500 gallons of water per minute. This engine carries 750 gallons of water, 30 gallons of foam, extrication equipment and has a rear hose bed that is low to prevent firefighter injuries. The truck is also equipped with front and jump seat air bags and has roll over protection for the safety of its personnel that ride and operate the truck.

The Police Department continues to look for new ways to leverage technology to keep our residents safe and protect our businesses. One such piece of technology was recently added that alerts our officers to the presence of stolen vehicles, missing persons, and violent offenders. This technology has been used to not only arrest individuals for possession of stolen property, but also various other crimes including narcotics and weapons offenses. More importantly, they have used this technology to find and locate nearly five individuals that were known to be missing and/or endangered, securing their safety and bringing comfort to their families.

New Development Coming to the City

- Town Place Suites Next to Comfort Suites – Opened November 2024.
- Panera w/drive through – Located behind Longhorn Steak House.
- RIO Car Wash – next to Kentucky Fried Chicken on the Boulevard.
- Flag Stop Car Wash – Located on the old Sun Trust Property on Charles Dimmock Parkway.
- Popeyes Restaurant – On Ring Road at SouthPark Mall.
- Self-Storage Facility – 4 story storage facility, between Circle K and Hardees on Temple Ave.

Projects that are Complete or in Progress.

- New sidewalks have been installed on Eastman Ave., Hill Crest Ave. and Orange Ave. This is part of the Safe Routes to Schools Fund.
- Lakeview Ave. Modernization Phase 1 is almost complete.
- Right Turn Lane Complete at Branders Bridge Road and Boulevard.
- Right Turn Lane on the East side of Westover Ave. is in progress.
- Repairs on the dam at Lakeview Park are underway.
- Construction of a Pickle Ball Court is underway on Lake Ave.

City Events:

- Christmas Tree Lighting Ceremony Saturday, Dec. 2nd. Starting at 6pm at the Courthouse Complex.
- 70th Annual Christmas Parade Tuesday, Dec. 5th, at 7pm. From Boulevard and Temple Ave. to the Courthouse.

Thank you for your support and if I can be of any assistance, contact me at my e-mail frenierk@colonialheightsva.gov.

NOVEMBER

November 14 th	City Council Regular Meeting Council Chambers	7:00 pm
Nov 23 rd & 24 th	City Holiday (Government Offices Closed)	

DECEMBER

December 6 th *	Planning Commission Council Chambers	6:00 pm
December 12 th	City Council Regular Meeting Council Chambers	7:00 pm
December 19 th	City Council Special Meeting Council Chambers (Tentative)	6:00 pm
Dec. 25 th & Dec. 26 th	City Holiday (Government Offices Closed)	

JANUARY

January 1 st	City Holiday (Government Offices Closed)	
January 3 rd *	Planning Commission Council Chambers (Tentative)	6:00pm
January 9 th	City Council Regular Meeting Council Chambers	7:00 pm
January 16 th	City Council Special Meeting Council Chambers	6:00 pm

FEBRUARY

February 7 th	Planning Commission Council Chambers (Tentative)	7:00pm
February 14 th	City Council Regular Meeting Council Chambers	7:00 pm
February 21 st	City Council Work Session Council Chambers (Tentative)	6:00 pm
February 19 th	City Holiday (Government Offices Closed)	

*Note: Meeting moved due to another City Event/Holiday

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City Focus - Winter 2023

Information for Property Owners

The City of Colonial Heights will complete the 2024 real estate reassessment in early January 2024 and notices will be mailed in mid-January. Property owners should expect to receive their notices by the end of January. The reassessment notices will contain the two previous years assessed values associated with the property and will include instructions regarding the 2024 reassessment.

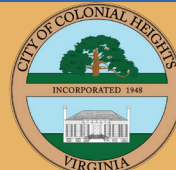


City Assessor's Office
201 James Ave. / P.O. Box 3401
Colonial Heights, VA 23834
(804) 520-9272 Fax-(804) 520-9218
www.colonialheightsva.gov

Water Meter Notification



Property owners and occupants are legally required to keep their water meters clear of debris, shrubbery, home decor, vehicles, mulch, garbage cans, tall grass, plants, or other objects that partially or completely obstruct access to meters. Although the majority of Colonial Heights property owners are compliant with the requirement to keep their meters clear of obstructions, City Meter Readers encounter certain obstructed meters. The obstructions cause Meter Readers to work less efficiently and require them to place a notice on the building door with an explanation about what prevented a reading. Let's all do our part to keep costs low by regularly maintaining the area around your meters to ensure easy access.



City Utility Billing Office
201 James Ave. / P.O. Box 3401
Colonial Heights, VA 23834
(804) 520-9288 - Phone
www.colonialheightsva.gov

IMPORTANT NUMBERS

POLICE/FIRE EMERGENCY	DIAL 911
POLICE/FIRE NON-EMERGENCY.....	(804) 520-9300
BILLING & COLLECTION	(804) 520-9320
CIRCUIT COURT	(804) 520-9364
CITIZENS ASSISTANCE HOTLINE	(804) 520-9266
COLONIAL HEIGHTS HEALTH DEPARTMENT	(804) 520-9380
CH RECYCLING CENTER.....	(804) 479-7056
(Household Hazardous Waste & Other Materials)	
COMMISSIONER OF REVENUE	(804) 520-9280
CURBSIDE TRASH/RECYCLING SERVICES	(804) 340-0900
DMV SELECT	(804) 497-7100
GENERAL DISTRICT COURT.....	(804) 520-9346
JUVENILE & DOMESTIC RELATIONS DISTRICT COURT	(804) 451-0213
LIBRARY.....	(804) 520-9384
OFFICE ON YOUTH & HUMAN SERVICES	(804) 520-9286
PLANNING & COMMUNITY DEVELOPMENT	(804) 520-9297
RECREATION & PARKS.....	(804) 520-9390
REGISTRAR/DIRECTOR OF ELECTIONS.....	(804) 520-9277
SHERIFF.....	(804) 520-9352
STREET MAINTENANCE	(804) 520-9372
TREASURER	(804) 520-9321
UTILITIES BILLING.....	(804) 520-9288

Holiday Shopping Tips from the Colonial Heights Police Department

As holiday shoppers head to the mall and shopping centers to purchase gifts, you should be aware that thieves are also out looking for their next victim. The Colonial Heights Police Department wants to give our citizens and guests a few tips that can possibly reduce your chances of becoming a victim.



- Choose well lighted parking areas.
- Carry a purse close to your body, under a coat or wear a cross-body bag.
- Carry a wallet in a front pants pocket.
- Have your keys ready before you approach your car.
- Pay attention to your surroundings and remain alert while walking through the parking lot.
- Don't carry large sums of cash with you, and avoid carrying a lot of bags or packages.
- If you are shopping after dark, go with a family member or friend and try to park close to the store.
- Keep track of credit cards; Protect your pin number & don't allow others access.
- Look for anyone who appears to be "hanging out" in the parking lot. Contact the Colonial Heights Police Department to report any suspicious activity.
- Keep your purse closed or zipped up, don't leave your purse unattended in a shopping cart or hang your purse on the back of the chair in a restaurant while out shopping.
- Do Not leave children unattended at any time or in restrooms. Remember, predators are on the prowl for unattended children.
- Lock your vehicle at all times. Do not leave gifts in plain view and never leave a firearm in a vehicle.
- If anyone tries to sell you anything in the parking lot, call the Colonial Heights Police Department.
- When utilizing ATM machines, look for any unusual hardware attached to the card scanner. If it appears to be out of the ordinary, do not use the machine and contact the Colonial Heights Police.
- If shopping outside of Colonial Heights, put the local police department phone number in the area you are shopping at in your phone contacts for a quicker response.

The Colonial Heights Police Department hopes everyone has an enjoyable shopping experience, remember to exercise patience as lines and traffic will cause delays. Please stay safe, be aware of your surroundings, and conceal items in your vehicle so that they can not be seen.

Colonial Heights Police Department
Non-Emergency Number 804-520-9300, option 7,
Emergency 911



Applications for CDBG Home Repair



The application period for Program Year 2023 of the City's CDBG Home Repair Program is now open. Applications are available online and at the Planning Department located on the 1st floor of City Hall, 201 James Avenue. In order to qualify, total household income must be below the HUD Income Limits. Applicants are ranked based on a number of factors including disability status, elderly status, children present in the home, and location within a prioritized neighborhood. On average, the City is able to serve 5 to 7 households a year. Previously qualified applicants who were not served are encouraged to re-apply.

Eligible activities include but are not limited to addressing leaking roofs, leaking plumbing, unsafe electrical, lack of heating, and accessibility needs.

If you have any questions, do not hesitate to contact the Planning Office at (804) 520-9297. Please share this information with anyone eligible and residing within the City

OFFICE HOURS:

Monday - Friday, 8:30am - 5:00pm

P.O. Box 3401 / 901 Meridian Avenue

Colonial Heights, VA 23834

www.colonialheightsva.gov/recandparks

Recreation and Parks Office (804)520-9390

Senior Activities & Classes (804)520-9220

Senior Transportation (804)520-9219

Office on Youth & Human Services (804)520-9286

Weather Cancellation Line (804)524-8788

Violet Bank Museum (804)520-9395

REGISTER BY MAIL

To register by mail, send your registration form with check to:

Colonial Heights Recreation and Parks

P.O. Box 3401

Colonial Heights, VA 23834

REGISTER IN PERSON

To register in-person, please visit our office, Monday - Friday 8:30am-5:00pm:

Recreation and Parks Office Shepherd Stadium, 901 Meridian Avenue

Colonial Heights, VA 23834

REGISTER BY PHONE

Call the office at (804)520-9390 during office hours to register. All phone-in registrants are responsible for signing a waiver form and returning it to the Recreation office before the first class.

REGISTER ONLINE

To register online, please visit us at

www.colonialheightsva.gov/recandparks and click the Recreation Programs link.

DROP BOX

We have a drop box for after hours collection of registrations, payments and uniforms; located in front of our office at Shepherd Stadium, 901 Meridian Avenue. Checks only, please do not place cash in the drop box.

PAYMENT OPTIONS

The Recreation Dept accepts Cash, Check, money order and major Credit Cards.

Please make checks payable to:

"City of Colonial Heights"

\$50 fee may apply for returned checks

CONNECT WITH US ON SOCIAL MEDIA...



COLONIAL HEIGHTS RECREATION & PARKS DEPARTMENT

SPORTS AND ATHLETICS

Youth Baseball/Softball Registration

Registration for 2024 youth baseball and softball leagues will begin on January 2, 2024. The deadline to register is March 17, 2024. To register you must be a City of Colonial Heights resident. Practices begin in April. Practice/game times will vary depending on the number of teams in each league.

Fee: \$20 until Mar 17

\$30 after Mar 17

(Children registered after deadline may be placed on a waiting list)

Coed Instructional/Developmental:

U4 Instructional Blast Ball Grade Pre-K to K

U5 Instructional T-Ball Baseball Grades K-1

U7 Developmental Coach Pitch Baseball Grades 2-3

U9 Developmental Machine Pitch Grades 4-5

Boys Competitive (CBC):

U10 Baseball Grades 4-5

U12 Baseball Grades 6-7

U15 Baseball Grades 8-9

Girls Competitive (CYSA/CBC):

U10 Fastpitch Softball Grades 4-5

U12 Fastpitch Softball Grades 6-7

U15 Fastpitch Softball Grades 8-9

Spring Soccer Registration

The Colonial Heights Soccer Association offers 3 levels of play; Travel Soccer, Cross-Association Recreational, and in-house Recreational programs. Travel Soccer is through Virginia Soccer League for the players that have been selected via the tryout process. Registration can be done online beginning December 1st. For a listing of fees, program information, and to register visit the CHSA website at: www.colonialheightssoccer.com. Games will begin in mid to late March 2024.

CLASSES AND ACTIVITIES

Belly Dance

Ages 13+

This class is designed to teach the traditional Cabaret Style belly dancing while providing an excellent cardio workout that strengthens your core and your abdominal and lower body muscles. All shapes, sizes, and fitness levels are welcome.

Thu 12/7-12/28 6:00 p.m.-7:00 p.m.

Thu 1/4-1/25 6:00 p.m.-7:00 p.m.

Thu 2/1-2/29 6:00 p.m.-7:00 p.m.

\$30 Community Center

Fitness Warriors

Ages 13+

We have partnered with Sports backers to bring you this FREE and fun fitness class on Monday evenings. Overflow with Ebo - A beginner friendly fun mix of Cardio, Pilates and Yoga. We move to the beat all while improving muscle strength, balance and flexibility.

Mon 12/4-12/18 6:00pm

Mon 1/8-1/29 6:00pm

Mon 2/5-2/26 6:00pm

FREE Community Center

Soul Line Dance w/Rhonda

Ages 13+

Rhonda is a nationally-recognized soul line dance instructor. Come learn basic terminology, counts, footwork, and learn dances with easy to follow steps. Dances vary in tempo (slow - very fast). As your skills develop expect to see slightly more

challenging dances. Classes are held every Tuesday.

Tue 12/5-12/26 6:30 p.m.-8:00 p.m.

Tue 1/2-1/30 6:30 p.m.-8:00 p.m.

Tue 2/6-2/27 6:30 p.m.-8:00 p.m.

\$5/class Community Center

Martial Arts/Self Defense

Ages 7-18

This class focuses on strong basics, self-discipline, respect and teamwork concentrating on martial arts and self-defense techniques. All fitness and experience levels are welcome. No contracts, pay by the month.

Tue 12/5-12/26 6-7:30pm

Tue 1/2-1/30 6-7:30pm

Tue 2/6-2/27 6-7:30pm

\$40 Lakeview Elem. Gym

Yoga with Mckenzie

Ages: 10 - Adult

Full scope yoga class that includes breathwork, stretching, self reflection/meditation exercises, and an overview of their benefits. (Beginner- Intermediate level, modifications will be provided). Class will meet the 2nd and 4th Tuesday every month.

Tue 12/12, 12/26 5:30-6:30pm

Tue 1/9, 1/23 5:30-6:30pm

Tue 2/13, 2/27 5:30-6:30pm

\$10 Violet Bank Museum

Swing Dance Classes

Whether you're a beginner or looking for a challenge, these partner dancing lessons for classic blues, rhythm and blues, soul, and beach music are a great way to learn new moves and have fun. For the Thursday night classes, the beginner class starts at 7:00 pm, and the intermediate class starts at 8:00 pm.

If you're new to partner dancing, the beginner class is a great place to start. You'll learn the basics of partner dancing, such as how to move together, how to lead and follow, and how to turn your stumbling into dancing. If you're an experienced partner dancer, the intermediate class is a great way to learn new moves and challenge yourself. You'll learn more complex patterns and movements, and you'll get to practice your dancing with other experienced dancers.

Either way, before you know it, you'll be dancing at any place where there is music being played!

Wednesday Classes

Holiday Party Prep and Guided Practice

We 11/15-12/27 7pm-9pm No class 11/22
FREE Community Center

New Year, New You and Guided Practice

We 1/17-2/28 7pm-9pm No class 2/14
FREE Community Center

Swing Into Spring and Guided Practice

We 4/10-5/15 7pm-9pm FREE Community Center

Thursday Classes

Holiday Party Prep!

Thurs 11/16-12/28 7pm Beginner
8pm Intermediate

Colonial Heights Moose Lodge, 100 Moose Lane
Free to Current or New Moose Members - For member information send an email to w.rogier.underhill@gmail.com

New Year, New You!

Thurs 1/18-2/29 7pm Beginner
8pm Intermediate

Colonial Heights Moose Lodge, 100 Moose Lane
Free to Current or New Moose Members - For member information send an email to w.rogier.underhill@gmail.com

Swing Into Spring!

Thurs 4/11-5/16 7pm Beginner
8pm Intermediate

Colonial Heights Moose Lodge, 100 Moose Lane
Free to Current or New Moose Members - For member information send an email to w.rogier.underhill@gmail.com

Donut Olympics

Recommended for all age 5+. Think you have what it takes to be a Donut Olympian and represent your team? Then sign up in teams of two to compete in Colonial Heights' first Donut Olympics! Walk into the arena representing your team and try to take home the gold medal while doing challenges and activities involving donuts. Teams consist of 2 people. All materials provided.

Fri Dec 1st. 5:30pm-7pm.
\$5/Team Community Center.
(2 People Per Team).

Ornament Making

Recommended for all ages. Come as a family and enjoy time making ornaments for your house. Participants will have a selection of materials to choose from for their own creations. Staff will provide a book of ideas for participants to look through, but creativity is encouraged in designing your new ornaments! Parent participation is required. All equipment/materials will be provided. Participants must provide their own transportation.

Thursday, December 7th. 5-7pm.
\$3/Person Community Center.

Puzzle Puzzlooz

Recommended for ages 5+. Get your puzzle on in this friendly competition! Race to be the first team to complete a 500-piece puzzle. You will have two hours to complete the puzzle. Register in teams of up to four. All equipment/materials/puzzles will be provided. Participants must provide their own transportation.

Friday, December 15. 6pm-8pm.
\$10/Team Community Center.
(Team includes up to 4 individuals).

Holiday Tea Tasting

Recommended for ages 12+. Get into the holiday spirit with this event. Join us for a holiday tea tasting in the decorated Lee Parlor of Violet Bank Museum. A guided craft will also be provided. Participants are welcome to dress up if they would like. Light refreshments provided. All equipment/materials will be provided. Participants must provide their own transportation.

Sat, Dec 16. 2pm-4pm.
\$5/Person Violet Bank Museum.

Snowy STEM

Recommended for ages 5-11. Join us as we have fun making and playing with fake snow! We will use other winter items to create more STEM projects. All equipment/materials will be provided. Participants must provide their own transportation.

Thurs Dec 28. 5:30-7pm.
\$5/child Community Center.

Messy Monday's

Recommended for ages 5-7. We welcome those of all abilities. Join us as we make messy creations! We will incorporate arts and crafts, sensory and other fun activities into our masterpieces. All the mess your kids could want with none of it being at your house! All equipment/materials will be provided. Participants must provide their own transportation.

Mon, Dec 18 Holiday Fun 5:30-6:30pm.
Mon, Jan 22 Edible Art 5:30-6:30pm.
Mon, Febr 26 Shaving Cream Mayhem 5:30-6:30pm.
\$5/child Senior Center.

Imagination Thursday's

Recommended for ages 5-11. We welcome those of all abilities. Join us as we use creative thinking to complete STEM challenges. This interactive program will engage our brains and hands as we build, create and plan designs! All equipment/ma-

terials will be provided. Participants must provide their own transportation.

Theme: Astronomy

Thurs, Febr 1st. 5:30-6:30pm.
\$3/Participant Community Center

Critters & Crafts

Recommended for ages 5-7. We welcome those of all abilities. Join us as we learn about new critters through arts, crafts, activities and more! These interactive sessions will give a glimpse at how animals live and what makes them unique. All equipment/materials will be provided. Participants must provide their own transportation.

Tues, Dec 19th Snowy Bears 5:30-6:30pm.
Tues, Jan 30th Pretty Penguins. 5:30-6:30pm.
Thurs, Feb 22nd Arctic Animals 5:30-6:30pm.
\$3/child Library.

Winter Mini Day Camp

Recommended for Grades K-5. Join us for a mini day camp! We will make art projects, play games and travel offsite for some activities. Price also includes a lunch and snack.

Fri, Jan 5. 9am-4pm.
\$25/Child Colonial Heights Optimist Club.

Spy Academy

Recommended for ages 8-11. Ever wonder what it takes to be a spy? Join us at this academy where we will test our abilities and see if we have what it takes to be one! All equipment/materials will be provided. Participants must provide their own transportation.

Thurs, Jan 11th. 5:30-7pm.
\$3/Child Community Center.

Daddy-Daughter Dance

Recommended for ages 3-12. Calling all fathers and daughters to join us for a magical night. Be transported into a winter wonderland and join us for music, food, crafts and more! This is an unforgettable night so make sure you pre-register before all spots are filled! Parent participation is required. All equipment/materials will be provided. Participants must provide their own transportation. Please register both parent and child.

Sat, Jan 20th. 6-8pm.
\$5/Person Community Center.

Winter Sensory Fest

Recommended for ages 3-7. Join us in exploring and using our senses during this winter fest! We will have stations for participants to move through that focus on one of our senses. Activities will include but are not limited to ,sensory bins, games, crafts and more! All equipment/materials will be provided. Participants must provide their own transportation.

Fri, Feb 9th. 6:00pm-8:00pm.
Free/Child Community Center.

Dino Discovery

Recommended for ages 5-11. Join us as we learn about dinosaurs and the world they lived in. We will create our own dinosaurs, hunt for dinosaurs and look at preserved reminders of these magnificent animals that once roamed the Earth. All

equipment/materials will be provided. Participants must provide their own transportation.

Thurs, Feb 15 5:30 p.m-7 pm.
\$3/child Community Center.

Mother-Son Dance

Recommended for ages 3-12. Calling all mothers and sons to join us in an unforgettable night! Join us as your own superhero and partake in food, dancing, activities and more! This is an unforgettable night so make sure you pre-register before all spots are filled! Parent participation is required. All equipment/materials will be provided. Participants must provide their own transportation. Please register both child and parent.

Sat, Feb 24 6-8 pm.
\$5/Person Community Center.

Preschool Program Offerings:

Reindeer Watch

Recommended for ages 3-5. We welcome those of all abilities. Join us in preparing for Santa's reindeer with this interactive program! We will make an ornament, make reindeer food and more! Parent participation is required. All equipment/materials will be provided. Participants must provide their own transportation.

Mon, Dec 4 11am-12pm.
Free. Library.

Tadpole Time

Recommended for ages 3-5. We welcome those of all abilities. Join us for some time learning about nature through books, crafts, games and other activities! Parent participation is required. All equipment/materials will be provided. Participants must provide their own transportation.

Mon, Dec 11 Holiday Critters 11am-12pm.
Mon, Jan 8th Winer Fun 11am-12pm.
Mon, Feb 12th Arctic Animals 11am-12pm.
Free. Library.

Sensory Storytime

Recommended for ages 3-5. We welcome those of all abilities. Join us for a story time and sensory play in this new program! Parent participation is required. All equipment/materials will be provided. Participants must provide their own transportation.

Fri, Dec 29th 11am-12pm.
Fri, Jan 26th 11am-12pm.
Fri, Feb 16th 11am-12pm.
Free. Library.

Giggles & Goo

Recommended for ages 3-5. We welcome those of all abilities. Join us as things get messy in this sensory class! We will enjoy story time before playing with oobleck and other sensory bins. Parent participation is required. All equipment/materials will be provided. Participants must provide their own transportation.

Mon, Jan 29th 11am-12pm.
Free Library.

Happy Hearts

Recommended for ages 3-5. We welcome those of all abilities. Join us in a fun celebration of Valentine's Day with friends. We will play games, make crafts, have snacks and more! Parent participation is required. All equipment/materials will be provided. Participants must provide their own transportation.

Mon, Feb 5. 11am-12pm.
Free Library

Snow Fun!

Recommended for ages 3-5. We welcome those of all abilities. Join us as we have fun playing with fake snow! We will make fake snow, have sensory bins and make crafts to enjoy the season winter. Parent participation is required. All equipment/materials will be provided. Participants must provide their own transportation.

Fri, Feb 23 11am-12pm
Free Library

Homeschool Program Offerings:

Home 2 Learn: STEM

Recommended for grades K-5. Join us for this homeschool program that focuses on STEM (Science, Technology, Engineering, Math). Each month we will create a new project and test participants creativity, problem solving skills and critical thinking skills. Participants will be given challenges that correspond with their age/grades and will have guidance from staff if they have questions. All equipment/materials will be provided. Participants must provide their own transportation.

Tues, Dec 5th 2-3pm.
Tues, Jan 9th 2-3pm.
Tues, Feb 6th 2-3pm.
Free Library.

Young Artists

Recommended for grades K-5. Join us for this homeschool program that focuses on using creativity and artistic skills. Each month we will create a new art projects that are fun and creative. Participants will be given projects that correspond with their age/grades and will have guidance from staff if they have questions. All equipment/materials will be provided. Participants must provide their own transportation.

Tues, Dec 19th 2-3pm.
Tues, Jan 23rd 2-3pm.
Tues, Feb 20th 2-3pm.
Free Library

Kid's in the Kitchen

Join us with your child for a night of cooking, eating, and fun! In this class your child will learn some basic cooking skills, easy meals to prepare, as well as some more difficult meals to cook. This class is designed for children ages 7-12. Preregistration Required.

Holiday Feast Thur, Dec 14 6-7:30pm
Meatball Subs Thur, Jan 4 6-7:30pm

Pancake Art Thur, Jan 18 6-7:30pm
Valentine's Sweets Thur, Febr 8 6-7:30pm
Under the Sea Thur, Feb 22 6-7:30pm
Potato Nachos Thur, Mar 7 6-7:30pm
Shephard's Pie Thur, Mar 21 6-7:30pm
Mini Chef's Rest. Thur, Apr 18 6-7:30pm
(\$15 per child, includes 2 Dinner Guests)
\$10/class Community Center

Science Mania

Join us with your child as we explore the world of science through experiments! Your child will have the opportunity to become a little scientist while participation in fun lab sessions. Preregistration required. Suitable for ages 5-12.

"Snow" Much Fun! Tue, Jan 23 5:30-7pm
Dancing Hearts Tue, Febr 27 5:30-7pm
Shamrock Science Tue, Mar 26 5:30-7pm
\$10/class Violet Bank

DIY Kid's

Come join us as we explore the world of DIY projects! All materials are provided. Participants must provide their own transportation. Suited for ages 7-12. Preregistration required.

Frankentoys Mon, Jan 8 5:30-6:30pm
Cupcake Decorating Mon, Feb 12 5:30-6:30pm
"Noodling" Around Mon, Mar 11 5:30-6:30pm
Shoe Painting Mon, Apr 22 5:30-6:30pm
(\$20 per child, Includes Shoes, Ages 7-14)
\$5/participant Community Center

Artistic Adventures: Paint & Sip for Kids

Come join us for our delightful paint and sip program, where young artists can express themselves in vibrant colors while sipping on refreshing drinks! All materials are provided. Participants must provide their own transportation. Suited for ages 5-12. Preregistration required.

Jan 31 5:30-6:30pm
\$5/participant Violet Bank

Cultural Connections

Join us as we embark on a remarkable exploration of different places, culture, and wonders through food, art, music, dance and more! All materials are provided. Participants must provide their own transportation. Suited for ages 6-12. Preregistration required.

South Korea Mon, Jan 29 5:30-6:30pm
India Mon, Feb 19 5:30-6:30pm
Ethiopia Mon, Mar 18 5:30-6:30pm
Mexico Mon, Apr 29 5:30-6:30pm
\$5/class Senior Center

Lego Builders

Join us as we use discover the endless possibilities of building with Legos! All materials are provided. Participants must provide their own transportation. Suited for ages 6-12. Preregistration required.

Jan 26 5:30-6:30pm
Mar 15 5:30-6:30pm
Free Community Center

Nerf Wars

Join us as we engage in a friendly Nerf Battle! Nerf Darts are provided, participants must bring their own Nerf Blasters. Participants must provide their own transportation. Suited for ages 10-18. Preregistration required.

Feb 16 5:00-6:00pm Pre-Teens (10-13)
Feb 16 6:00-7:00pm Young Adults(14-18)
\$5/ participant Optimist Club

Doggy Easter Egg Hunt

Calling all dog owners to bring out their furry friends to this brand-new event! Join us in treat filled egg hunts, pictures with the Easter bunny and more! View egg hunt times below to select the correct one for your furry friends!

Sat, Mar 16 11am-1pm
FREE Fort Clifton Park

Egg Hunt Times:

Small Dogs (under 50lbs) 11:15am-11:30am
Medium Dogs (51-100lbs) 11:45am-12pm
Large Dogs (101-150lbs) 12:15-12:30pm
Super Dogs (151lbs+) 12:45-1pm



Join us as we engage in a colorful battle in honor of **National Child Abuse Prevention Month** on April 13th from 11am-1pm! Shirt and paint pouch provided. We will have three rounds: Youth, Teen, and Sponsors/Teams. **Children and Teens are FREE** for this event and receive shirts and paint for their time slots but you must register. Adults must register a team to participate. All teams and sponsors receive may have a maximum of 8 people and will receive shirts, different color paint, and bandanas for the event.



COLOR WARS

Sponsorships Opportunities

(Please contact us for more information)

Vendor	\$25
Adult Team Registration	\$100
Silver Sponsor	\$250
Gold Sponsor	\$500
Presenting Sponsor	\$1000

Sat, Apr13	11am-1pm	Ft. Clifton Park
Youth (Ages 6-12)	11:25am-11:50am	
Teen (Ages 13-17)	12:00pm-12:25pm	
Team/Sponsors	12:35-1:00pm	

OFFICE ON YOUTH

Youth Advisory Council

The Office on Youth offers leadership programs such as the Youth Advisory Council also known as YAC. YAC is a leadership organization for teens in grades 6-12. YAC works with members of City Council and the Youth Services Commission to identify, address, and resolve issues that affect teens. Our overall goal is to instill a sense of pride in and around Colonial Heights and encourage responsible citizenship. YAC members receive volunteer hours for participating in community programs and attending meetings, host bring a friend events and participate in team building activities. YAC is extremely involved in the community and has engaged in several events and programs such as the Office on Youth Lemonade Stand, City Spring Clean-up Day, Back to School Festival and collecting items for the Colonial Heights Food Pantry. If making a difference in your community sounds like you, join YAC! We accept applications on a rolling basis.

For more information please call Yvette Hawthorne at 804-520-9289 or email colhts.yac@gmail.com.

Kids Achieving Progress After School Program.

Why K.A.P.?

Academic Support, Mentoring, Steam Activities, Field Trips, Community Service Projects, Improve Self-Confidence and Social Skills!

Kids' Achieving Progress Afterschool Program (K.A.P) is a referral-based, free program serving 4th-5th grade students residing in Colonial Heights. KAP is held at Tussing, North, and Lakeview Elementary Schools on Monday through Thursday from 3:05 pm to 5:30 pm. The program is active from September to April.

Call today to reserve your space for 2023-2024 school year. Office on

Youth is looking for Volunteers! Be part of our amazing program!

If interested please contact Christian Velez at (804) 524-8752 or email velez-ortizc@colonialheightsva.gov.

Tackling for the Tough Skills

An interactive program that encourages youth to think about decision making skills, attitudes, responsibility, initiative, communication skills and problem solving. A combination of discussion of the various topics are paired with practicing skills. Topics covered include: Attitude, Responsibility, Communication, Problem Solving, Practicing for the Workplace. Life skills aid in the development of self-esteem and the effective management of major life changes and challenges. This program is designed to enhance interpersonal skills, emotional intelligence and decision-making ability while building strengths in personal growth and development.

Offered at no cost to youth ages 12-18.

For information, call (804) 520-9286

Botvin Life Skills Training

An interactive program using evidence-based practices to teach adolescents important skills that lead to increased self-esteem, assertiveness and communication skills. Youth learn the risks and consequences associated with drug, tobacco and alcohol use. They learn and practice strategies to resist pressure to use substances.

Offered at no cost to youth ages 12-18.

For information, call (804) 520-9286



VIOLET BANK MUSEUM EVENTS

Violet Bank Garden Club

Formed at Violet Bank in 1949. The club helps with special projects at the facility such as working with the gardens, hosting special events such as the Christmas Open House and whatever the curator needs the members to do. It is a "treasure" for the city that we need to cherish for generations to come. Our members are delighted in being able to help maintain and help preserve the facilities.

If you would like to know more about the club and what the club does to help showcase Violet Bank Museum and Colonial Heights, please contact Jan Pingel at 804-731-3599. The club meets on the third Monday at noon from September through June.

Violet Bank Stitchers From The Heart

This group meets at Violet Bank Museum every Tuesday from 10:00am-12pm to create beautiful items for those in need. Items include hats, scarves, baby blankets, cotton wash cloths, toys, pet cage cozies and more. The group gratefully accepts yarn donations, just drop it off during normal museum operating hours. Thank you for your support of this worthwhile endeavor. Any skill level is welcome to join the group.

Popsicle Stick Christmas Ornaments

Sat, December 2 / 10am-11am

All materials and instructions will be provided to complete a glittering Christmas Tree and a Christmas door with wreath ornament.

\$3.00 per child and registration is required. *Best suited for ages 5 to 10;* involves paint, glue and glitter.

Sounds of the Season

Sat, December 9 / 1pm-3pm

Please come to hear the Immanuel Baptist Church Choir perform in the lovely Lee Parlor at Violet Bank. *This is suited for all ages.* Free but donations are welcomed.

Candlelight Christmas Open House

Sat, December 9 / 5pm-7pm

Visit the beautifully decorated house in the soft glow of candlelight, listen to the delightful playing of Red Tenor Sax and Flutist, Iris Schwartz. Free but donations are welcomed. *Suitable for all ages.*

Candlelight Christmas Open House

Sun, December 10 / 5pm-7pm

Join us at Violet Bank to admire the holiday decorations and ambiance of this special place. Clan Haggis will be performing so you won't want to miss it! Free but donations would be appreciated. *This is an all ages program.*



SENIOR CENTER EVENTS

The Senior Center is located at the Community Building at 157 Roanoke Avenue. It is open Monday through Friday, 8:30 am to 4:30 pm. The Center is open to adults 50 years of age and older who are City Residents. All Senior Citizen programs are FREE unless noted. The Senior Center monthly calendar lists daily and monthly activities and is available for pick-up at the Senior Center or call (804)520-9220.

Senior Transportation

Hours of Operation are Monday-Friday 8:00 a.m. to 4:00 p.m. (With services being provided from 8:15a.m. to 3:45 p.m.) and Saturday (for special circumstances) from 8:00 a.m. to 1:00 p.m. (With services being provided from 8:15 a.m. to 12:30 p.m.). Service is available to Colonial Heights residents who are at least 60 years of age, and adult special needs or handicapped. Transportation will be available to and from most Colonial Heights destinations and to a few out of City medical appointments only. Registration for services is required and is available by calling Senior Transportation at (804)520-9219. Appointments must be made at least 24 hours in advance. There are no fees for transportation services, but donations are accepted.

Monday

8:30am Muscles in Motion
9:30am Tai Chi (Library)
9:30am Bowling (League Fee)
10:00am Strength & Stretch
11:00am.....Pickle Ball (Swift Creek Baptist Church)
11:00am.....Line Dancing
12:30pm.....Pinochle
1:15pm.....Chair Volleyball

Tuesday

8:30am Tap Dancin' Grannies
(American Legion Post 284)
9:30am Yoga Core
10:30am.....Sit & Let's Get Fit
11:00am.....Water Aerobics \$ (VSU)
11:20am.....World Religion
11:40am.....Meditation
12:00pm.....Lunch (\$-must register)
12:45pm.....Bingo
1:45pm.....It's Game Time
3:00pm.....Open Sew (1st, 2nd & 3rd Tues)
3:00pm.....Quilts for Vets (last)

Wednesday

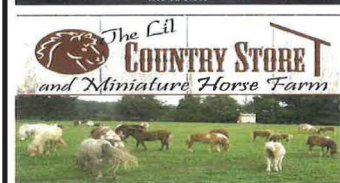
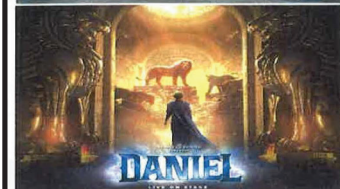
8:30am Crochet & Knitting
8:30am Muscles in Motion
9:30am Drum Fit 30
10:05am.....Balance
11:00am.....Line Dancing
11:00am.....Pickle Ball (Swift Creek Baptist Church)
12:00pm.....Lunch & Learn (must register)
12:00pm.....Tech Heads (4th-must register)
12:30pm.....Party Bridge
1:00pm Mexican Train Dominoes

Thursday

8:30am Cardio Ball
9:00am Beginner's Line Dancing (Library)
9:30am Yoga Warrior
10:30am.....Sit & Let's Get Fit
11:15am Coffee Break
11:20am.....Meditation & Chair Yoga
12:00pm.....Lunch (\$-must register)
1:15pm.....Senior Citizens Club Mtg.
(4th Thursday at Golden Corral - 11:30am)
1:30pm Open Paint

Friday

8:30am Muscles in Motion
9:00am Walk this Weigh
10:00am Strength & Stretch/Stretch it Out
11:00am.....Line Dancing
11:00am.....Pickle Ball (Swift Creek Baptist Church)
1:00pm Mahjong (2nd, 3rd & 5th)
1:00pm Intro to Mahjong (1st)
1:30pm Movie (4th)



SIGHTS & SOUNDS OF LANCASTER, PA

Featuring Sight & Sound's "DANIEL"

3 DAYS - 2 NIGHTS

OCTOBER 21 - 23, 2024

\$599 Per Person Double Occupancy
\$778 Per Person Single Occupancy

FOR INFORMATION AND RESERVATIONS CONTACT:

COLONIAL HEIGHTS SENIOR CENTER
Stacy Sandry
157 Roanoke Ave.
Colonial Heights, VA 23834
(804) 520-9220

THERAPEUTIC RECREATION

Therapeutic Recreation (TR) uses recreational activities (such as art, games or dance) to help people with disabilities to improve their physical, cognitive and social skills. These activities will be offered to help enhance their recreation interests and participation. Prior to the activity the participant must register and complete a participant profile. Activity schedules are subject to change.

TR Library Trips

Recommended for all ages and welcoming of all abilities. Join us for a monthly trip to the library to enjoy books, crafts, robots, virtual reality and more! Transportation services available for Colonial Heights residents. Please contact the office for more information.

Thursday, December 21 3:30-5pm.

Thursday, January 25, 3:30-5pm.

Thursday, February 29, 3:30-5pm.

Library. Free.

TR Movie Sing Along

Recommended for all ages and welcoming of all abilities. Get together to enjoy some quality time together while munching on candy and watching a movie! We will watch two Disney Movie Sing-Along versions!

Friday, January 19, 6-9:30pm.

Colonial Heights Community Center. Free.

TR Trip - Children's Museum

Recommended for all ages and welcoming of all abilities. Join us in a fun Saturday at the Children's Museum! We will get to play with water, arts and crafts, grocery shop and more. Transportation services available (twelve passenger vans) and will meet at the Colonial Heights Community Center to depart. Please get in contact with us at 804-520-9390 or via email at bellh@colonialheightsva.gov if you plan on riding in the van. Participants must pre-register for this trip. Parents and guardians are not required to go on the trip but need to tell staff if they plan on going.

Sat 2/10 1:30-4:30pm

\$10/Participant. Registration ends 2/7/24.

TR Wednesday Classes

December 6: Holiday Crafts.....FREE

December 13: Bingo.....FREE

December 20: Holiday Party.....FREE

December 27: New Year's Kickoff.....FREE

January 3: Game Night.....FREE

January 10: Puzzle Palooza.....FREE

January 17: Open Mic Night.....FREE

January 24: Music Therapy.....FREE

January 31: SPECIAL TR: Valentine's Making.....FREE

February 7: Bingo.....FREE

February 14: Valentine's Day Party.....FREE

February 21: Paint & Sip.....FREE

February 28: Library Night.....FREE

Have you Heard about the Colonial Heights Community Garden Park Project?

The Colonial Heights Community Gardens Park is a project to create a community garden on donated property on Dunlop Farms Blvd., where people can come together to learn about agriculture, enhance environmental awareness, grow their own fresh, organic produce, enjoy the outdoors, and create a greater sense of community within our fine city. The Colonial Heights Community Gardens Park is to be a non-profit organization with the following mission and purpose:



Mission:

- Build a stronger community through agricultural education and environmental awareness.
- Promote gardening techniques and principles to gardeners and the public.
- Act as stewards of the parkland on which it operates

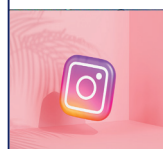


Purpose:

- Maintain and encourage urban gardening in the Colonial Heights Community Gardens Park for the benefit of all the people of the City of Colonial Heights and surrounding communities.
- Provide a chance to work outdoors, enjoy green space, and work with nature.
- Cooperate with the Colonial Heights Recreation and Parks Department and other related government agencies, community groups, and urban gardeners in preserving, maintaining, and beautifying city park areas and other green spaces.

The Colonial Heights Community Garden Park will be a valuable resource for the community by providing additional park space, a place for people to learn about agriculture, to grow their own food, and connect with others in the community. The park will also help to beautify the city and promote a healthy lifestyle.

The Recreation and Parks Dept has been receiving applications for individuals interested in serving on the initial Board of Directors or Committees and we are planning to meet with them during the month of November. If you are interested in serving on a board or committee, or volunteering in any capacity please contact Roger Underhill by email at underhillr@colonialheightsva.gov.



Colonial Heights

We Want to
connect with
you in new
ways!

**LET'S GET
SOCIAL!!!**

Did you know you can find us, follow us, and Connect with us on
FACEBOOK YOUTUBE INSTAGRAM



Lights in the Heights
Decorating Contest

JUDGING
DECEMBER 8-11
6-8PM

WINNERS
ANNOUNCED
DECEMBER 14TH

Entry is FREE
Must Register
online or by
phone by
December 6

BE CREATIVE
BE FESTIVE
HAVE SOME FUN!

RECREATION & PARKS
CITY OF COLONIAL HEIGHTS
VIRGINIA

For complete contest details and judging categories visit
colonialheightsva.gov or call us at (804)520-9390

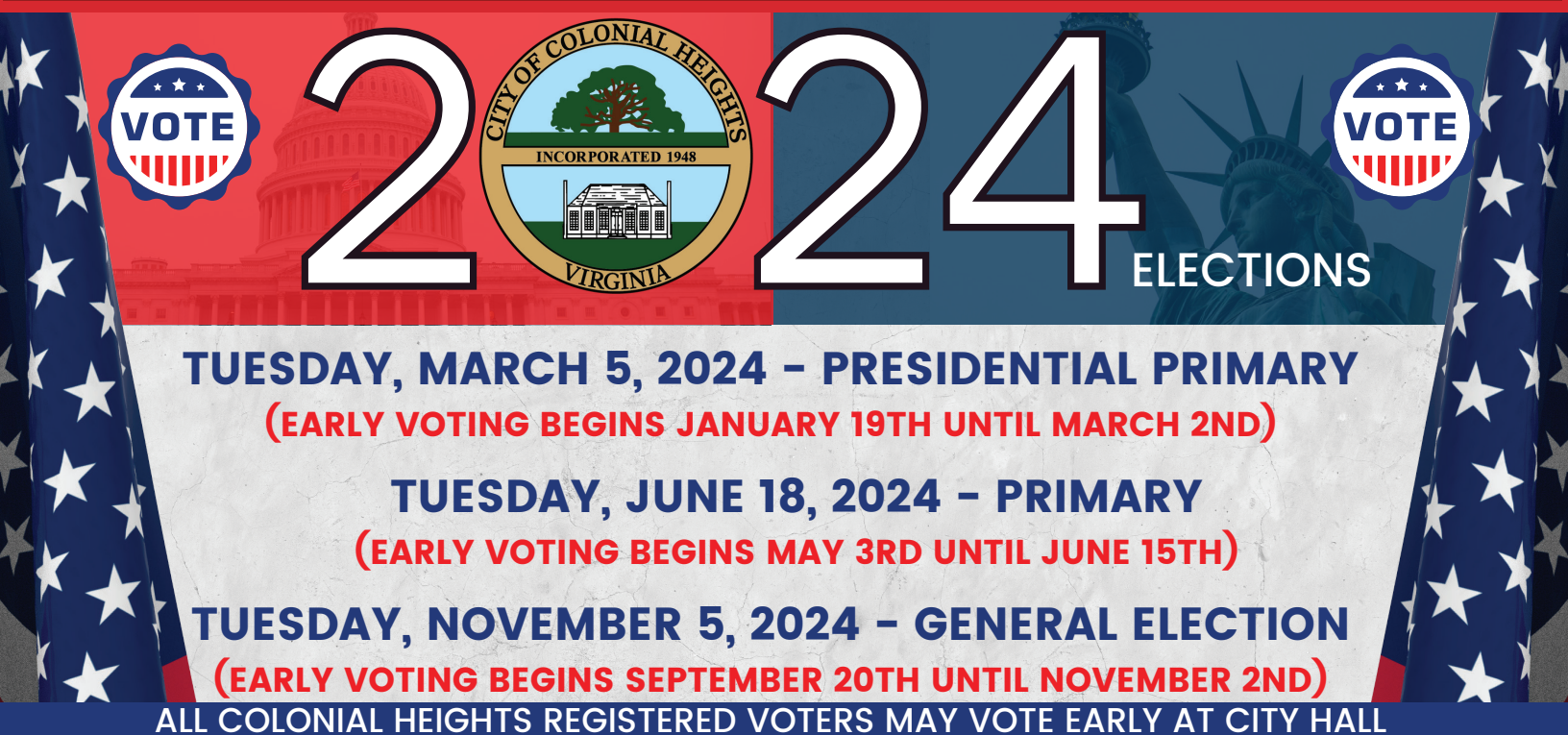
Colonial Heights Beautification Committee



*Neighborhood Leaf
Collection Schedule*

For Leaf Collection
Questions,
Please Call
**PUBLIC WORKS -
MAINTENANCE DEPT.**
at (804) 520-9372

SCAN QR



2024 ELECTIONS

TUESDAY, MARCH 5, 2024 - PRESIDENTIAL PRIMARY
(EARLY VOTING BEGINS JANUARY 19TH UNTIL MARCH 2ND)

TUESDAY, JUNE 18, 2024 - PRIMARY
(EARLY VOTING BEGINS MAY 3RD UNTIL JUNE 15TH)

TUESDAY, NOVEMBER 5, 2024 - GENERAL ELECTION
(EARLY VOTING BEGINS SEPTEMBER 20TH UNTIL NOVEMBER 2ND)

ALL COLONIAL HEIGHTS REGISTERED VOTERS MAY VOTE EARLY AT CITY HALL

VOTE

VOTE

CITY OF COLONIAL HEIGHTS
INCORPORATED 1948
VIRGINIA

THE 70TH ANNUAL

Christmas PARADE



**5
DEC**

The Biggest Event of the Year!
ON THE BOULEVARD
 FROM TEMPLE AVE TO THE COURTHOUSE
PARADE BEGINS AT 7:00PM

<http://www.colonialheightsva.gov/627/Christmas-Parade>

Made with PosterMyWall.com

CHOOSE COLONIAL HEIGHTS

The City of Colonial Heights Economic Development and Tourism has launched a new website:

ChooseColonialHeights.com

The website hosts information that can be used by realtors, developers, and anyone looking for available space or property to locate a business.

There is also information regarding different resources that could be helpful for new or existing businesses.

Since the department also handles tourism, there is a section titled "Explore" that provides a list on the wonderful parks located in the city, as well as shopping and dining, and various attractions throughout the city.

For more information call: (804)898-3002

City of Colonial Heights
 welcomes you to the

Christmas Tree grand Illumination



Saturday, December 2nd

6:00pm-8:00pm

Colonial Heights Courthouse
 (550 Boulevard)

Tree Lighting Ceremony

Music Performances by
 The Tussing Children's Choir,
 The C.H. High School Choir,
 and a Live Band.

Hot Chocolate & Popcorn,
 Children's Ornament, Craft Station
 and a Photo Booth

FREE EVENT

CVWMA & COLONIAL HEIGHTS FOOD PANTRY
 Central VA Waste Management
 Thank you for supporting our mission.

Colonial Heights Food Pantry will be on site at the special event.
 (Please consider bringing canned goods to donate)

CITY FOCUS

City of Colonial Heights
 Office of the City Manager
 Post Office Box 3401
 Colonial Heights, Virginia 23834-9001
www.colonialheightsva.gov

PRSERSTD
 ECRWSS
 U.S.POSTAGE

*****ECRWSS****

Local
 Postal Customer