

Colonial Heights

VIRGINIA

CITY FOCUS



Winter Edition - 2024

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COUNCIL COLUMN



Greetings Friends,

I want to thank each of you who voted in the recent election. Voting is a privilege to voice your choice in leadership and the laws that govern us. I also want to thank all the volunteers and poll workers.

As the holiday season nears, it is a great time to reflect upon the accomplishments of the past year.

Infrastructure improvements continue with roadway pavement in the southern and northern end of the city. Lakeview Avenue, Dupuy Avenue, and the addition of a turn lane on Westover Avenue are complete. Presently, repaving around Shepherd Stadium, Conduit Road and Hamilton Avenue are in process. The city applied and obtained state and federal grant funds for the first three projects which paid the majority of the costs, saving our tax payer dollars. Paving during warmer months ensures the best in quality and durability. Council is very concerned about our roads and infrastructure needs. Sanitary sewer lining on several streets is underway and will continue. Sidewalks are being added on portions of Conduit Road, Roanoke Avenue and the Boulevard with goals for additional future sidewalks.

My last report to you mentioned a comprehensive plan submitted to the Virginia Department of Transportation for improvement of the roundabout on Temple Avenue including installation of three lighted flag poles and low growth plantings. Also, clean up around the pond at the I-95 interchange adding a large lighted sign and water fountain. I'm sorry to say, permit delay from the state has been incurred however; I will continue to aggressively pursue approval for completion.

Several key initiatives have been added to aid our Police Department in crime solving and locating missing persons. Our Fire and EMS Departments have maintained excellent response times reducing health and injury emergencies and reducing property damage.

Regarding renovations at Violet Bank, the first phase was completed for foundation and roof repairs. The second phase is underway which includes exterior work and related finishings. Our Parks and Recreation Department is to be commended for seeking grants for these renovations which are now in the review and approval stage.

Replacement of a new van for our senior citizens at the Community Building is underway and grant funding was also obtained further saving tax dollars. A special "Thank You" to all the grant donors for their contributions.

Our city has maintained its credit rating of AA+ which, proves Council is serious about operating within the budget. Annually, Council spends several months reviewing each budget item to ensure your tax dollars are properly utilized.

Council is very concerned regarding inflationary costs just as you are facing within your household. We aggressively search for all available grants and funds from outside sources in order to save your tax dollars while providing the best living conditions possible. Council is not in favor of increasing tax rates.

We are your representatives who listens and responds to problems with solutions, not excuses or rumor mill comments from social media. Your voice matters and you are welcome to attend City Council meetings and weigh in on your ideas and concerns. If you would like to participate on a specific committee, please go to the city website and complete an application.

Finally, we are grateful for the last 75 years. Colonial Heights incorporation has been a success and our goal is to continue to build on that foundation. We are grateful for your partnership.

Serving as your vice-mayor, I have been honored to serve you with the opportunity to work with high caliber men and women of our City Council and staff.

On behalf of City Council we wish everyone a very Merry Christmas and a safe and blessed New Year.

Hope you enjoy the annual Christmas Parade.

Happy Holidays,

Bobby Wade

UPCOMING IMPORTANT DATES

NOVEMBER 2024

Nov 11th City Holiday (Government Offices Closed)
Nov 12th City Council Regular Meeting 7:00pm
Council Chambers
Nov 19th City Council Special Meeting 6:00pm
Council Chambers
Nov 28th & 29th City Holiday
(Government Offices Closed)

DECEMBER 2024

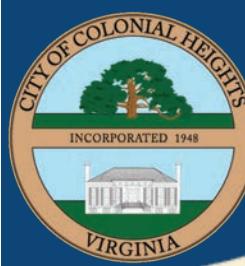
Dec 4th Planning Commission 6:00pm
Council Chambers
Dec 10th City Council Regular Meeting 7:00pm
Council Chambers
Dec. 24th & Dec. 25th City Holiday
(Government Offices Closed)

JANUARY 2025

Jan. 1st City Holiday (Government Offices Closed)
Jan. 2nd City Council Organizational Meeting 7:30pm
Council Chambers
Jan. 7 Planning Commission 6:00pm
Council Chambers
Jan. 14 City Council Regular Meeting 7:00pm
Council Chambers
Jan. 20 City Holiday (Government Offices Closed)
Jan. 21 City Council Special Meeting 6:00pm
Council Chambers

FEBRUARY 2025

Feb. 4 Planning Commission 6:00pm
Council Chambers (Tentative)
Feb. 11 City Council Regular Meeting 7:00pm
Council Chambers
Feb. 17 City Holiday (Government Offices Closed)
Feb. 18 City Council Special Meeting 6:00 pm
Council Chambers (Tentative)
Feb. 21 & 22 City Council Retreat @
Smithfield Station



WELCOME TO THE TEAM

We are pleased to welcome Dr. Leonardo 'Lenny' Caballero as our City's new Assistant City Manager. Dr. Caballero will also be overseeing the city's Economic Development and Tourism functions.

Dr. Caballero has extensive experience in public service in the arenas of municipal government and higher education. He previously served as an Assistant City Manager in central Texas. In this capacity, Dr. Caballero assisted with the strategic executive management of the city, the development and implementation of various policies, budgets, and ordinances. Other duties included developing and managing the city's economic development strategic plan, a comprehensive city-wide master plan, tourism plan, marketing/branding/special events, and community relations.

Dr. Caballero began his career serving in the United States Navy as an Electrical Engineer. He was awarded two Naval Achievement Medals and served in Operation Desert Storm. He attended Lamar University where he earned his Master's Degree in Business Administration (MBA), as well as his Doctorate in Educational Leadership. Additionally, he has served as an adjunct professor at Lamar University, Tarleton State University, Baylor University, and as a Visiting Fellow Professor at the University of Pisa. Dr. Caballero is also bilingual in English and Spanish.

Dr. Caballero brings with him a vast and diverse amount of experience and knowledge. We look forward to discovering new heights and opportunities with him on our team!



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Prevent Package theft this Holiday Season!



As online shopping becomes more prevalent in our society, a new trend has also increased nationwide. This trend, which is commonly known as "porch piracy" occurs when a package has been successfully delivered to the intended recipient, however that package, often left unattended for hours while the resident is away from the house, is stolen by criminals who regularly practice this type of theft.

It is important for community members to understand the tactics employed by porch pirates, in order to reduce the likelihood of falling victim to these thefts. Here are some helpful tips which can allow you to avoid becoming a victim to porch piracy.

Choose a Secure Deliver Option: Many shipping carriers offer delivery options requiring a signature for delivery or delivering the items to a secure locker.

Track and Schedule Deliveries: Utilize the tracking services provided by carriers to stay updated on estimated delivery times, and schedule deliveries when you will be home, or a trusted neighbor can safely secure your packages.

Opt for In-Store Pickups: Consider selection the "pick up in store" option when checking out with online retailers that have a physical location nearby. Not only does this deter package theft, but it allows for the convenience of picking up your item at your own convenience.

Request Discreet Packaging: Many online retailers allow for the option of discreet packaging which does not reveal the contents of what is delivered.

Install Security Cameras: Investing in security cameras which cover the area of your home where packages are normally delivered, such as the front porch or steps. This could discourage potential thieves when a camera is clearly visible and can provide you extra security when away from home.

Report Suspicious Activity: If you notice any suspicious individuals in your neighborhood, or behaving strangely around you or your neighbors' doorsteps, report it to the police department immediately. Sharing information about potential thieves can help police take necessary actions to prevent future thefts.

Your Colonial Heights Police Department is committed to keeping our community safe and secure. As a result, we will aggressively investigate any reported crimes of "porch piracy" in our jurisdiction and will work to bring these culprits to justice. Let's work together to stop these thieves before they have a chance to make us or one of our neighbors a victim.

ARE YOU ON A LIMITED/FIXED INCOME? IS YOUR HOME IN NEED OF REPAIRS?

The City's Home Repair Program is a HUD-sponsored grant program to assist low to moderate-income residents with repairs and upgrades such as (but not limited to):

*Roof replacements and repairs *Front porch replacements and repairs *Electric amp upgrades and outlet replacement
*The sealing of windows, doors, and crawl spaces *Installation of deadbolt locks and flood lights

*Conversion of bathtubs to showers to prevent slips and falls *Conversion of carpet to hard surface floors to prevent slips and falls
*Installation of bath room grab bars, shower seats, and raised toilets

To know more about the Home Repair Program call the Planning & Community Development Department at (804) 520-9297



HEATER SAFETY TIPS



The days are getting shorter, the leaves are beginning to turn, and the mornings/evenings are cooler. Fall must be right around the corner and it's time for sitting around camp fires, plugging in portable heaters, and firing up the fire places and wood stoves. Though it can be a special time for many, it also brings some safety issues to light.

Heating fires in homes remained the second leading cause of residential fires in 2021. An estimated 32,200 fires in the home were reported in our country. These fires accounted for an estimated 190 fatalities, 625 injuries, and \$442 million in property loss. Portable heaters of various types only caused 3% of residential heating fires but they accounted for 41% of fatal heating fires in our homes. What can we do to prevent becoming a statistic?

Maintain a 36' clearance from all heat sources (i.e., space heaters, fireplaces, wood stoves, etc.)

Turn off space heaters when leaving the room and before going to bed.

Only plug space heaters directly into wall outlets and never into power strips or extension cords.

Have your chimneys/wood stoves inspected and cleaned if needed.

Only use proper fuels in heating appliances; no paper in wood stoves, no gasoline!

Above all, please be sure you have working smoke detectors in your home. Change your batteries as needed and test them monthly. In a national study, only 56% of homes that experienced heating-related fires had working smoke detectors. If you do not have a smoke alarm or you would like assistance with installing one, you are encouraged to contact your fire department at (804) 520-9387. Let's enjoy the upcoming season safely.

IMPORTANT COLONIAL HEIGHTS PHONE NUMBERS

Police/Fire Emergency	Dial 911
Police/Fire Non-Emergency	(804)520-9300
Billing & Collection	(804)520-9320
Circuit Court	(804)520-9364
Citizens Assistance Hotline	(804) 520-9266
Colonial Heights Health Department	(804)520-9380
CH Recycling Center	(804)479-7056
(Household Hazardous Waste & Other Materials)	
Commissioner of Revenue.....	(804)520-9280
Curbside Trash/Recycling Services.....	(804)340-0900
General District Court.....	(804)520-9346
Juvenile & Domestic Relations District Court	(804)451-0213
Library	(804)520-9384
Office on Youth & Human Services	(804)520-9286
Planning & Community Development	(804)520-9297
Recreation & Parks	(804)520-9390
Registrar/Director of Elections	(804)520-9277
Sheriff	(804)520-9352
Street Maintenance.....	(804)520-9372
Treasurer	(804)520-9321
Utilities Billing.....	(804)520-9288

OFFICE HOURS:

MON - Fri, 8:30am - 5:00pm

P.O. Box 3401 / 901 Meridian Avenue

Colonial Heights, VA 23834

www.colonialheightsva.gov/recandparks

Recreation and Parks Office (804)520-9390

Senior Activities & Classes (804)520-9220

Senior Transportation (804)520-9219

Office on Youth & Human Services (804)520-9286

Weather Cancellation Line (804)524-8788

Violet Bank Museum (804)520-9395

REGISTER BY MAIL

To register by mail, send your registration form with check to:

Colonial Heights Recreation and Parks

P.O. Box 3401

Colonial Heights, VA 23834

REGISTER IN PERSON

To register in-person, please visit our office, MON - Fri 8:30am-5:00pm:

Recreation and Parks Office Shepherd Stadium, 901 Meridian Avenue

Colonial Heights, VA 23834

REGISTER BY PHONE

Call the office at (804)520-9390 during office hours to register. All phone-in registrants are responsible for signing a waiver form and returning it to the Recreation office before the first class.

REGISTER ONLINE

To register online, please visit us at www.colonialheightsva.gov/recandparks and click the Recreation Programs link.

DROP BOX

We have a drop box for after hours collection of registrations, payments and uniforms; located in front of our office at Shepherd Stadium, 901 Meridian Avenue. Checks only, please do not place cash in the drop box.

PAYMENT OPTIONS

The Recreation Dept accepts Cash, Check, money order and major Credit Cards.

Please make checks payable to:

"City of Colonial Heights"

\$50 fee may apply for returned checks

CONNECT WITH US ON SOCIAL MEDIA...



COLONIAL HEIGHTS RECREATION & PARKS DEPARTMENT

Sports & Athletics

Youth Baseball/Softball Registration

Registration for 2025 youth baseball and softball leagues will begin on Jan 1, 2025. The deadline to register is Mar 17, 2025. To register you must be a City of Colonial Heights resident. Practices begin in Apr. Practice/game times will vary depending on the number of teams in each league.

Fee: \$20 until Mar 17

\$30 after Mar 17

(Children registered after deadline may be placed on a waiting list)

Coed Instructional/Developmental:

U4 Blast Ball Grades PreK-K

U5 T-Ball Grades K-1

U7 Coach Pitch Grades 2-3

U9 Machine Pitch Grades 4-5

Boys Competitive (CBC):

U10 Baseball Grades 4-5

U12 Baseball Grades 6-7

U15 Baseball Grades 8-9

Girls Competitive (CYSA/CBC):

U10 Fastpitch Softball Grades 4-5

U12 Fastpitch Softball Grades 6-7

U15 Fastpitch Softball Grades 8-9

Spring Soccer Registration

The Colonial Heights Soccer Association offers 3 levels of play; Travel Soccer, Cross-Association Recreational, and in-house Recreational programs. Travel Soccer is through Virginia Soccer League for the players that have been selected via the tryout process. Registration can be done online beginning Dec 1st. For a listing of fees, program information, and to register visit the CHSA website at: www.colonialheightssoccer.com. Games will begin in mid to late Mar 2025.

Elite Youth Development Basketball

Competitive Youth Basketball program (try-out based) with teams competing in tournaments, one weekend a month in the Richmond-Metro regional area.

Practice: Twice per week

Training/Game Sessions: Varies

Time: Varies

Location (Training): Tussing Elementary School

Location (Games): Richmond Metro Area

Residency Requirement: No

Fee: \$150

REMINDER!
Youth Basketball
Registration
ENDS
December 1st!

Family Fun

Puzzle Puzzloza

Recommended for ages 5+. We welcome those of all abilities. Get your puzzle on in this friendly competition! Race to be the first team to complete a 500-piece puzzle. You will have two hours to complete the puzzle. Register in teams of up to four. All equipment/materials/puzzles will be provided. Participants must provide their own transportation. Registration **Deadline: 12/5**.

Fri, Dec 6. 6pm-8pm.

Community Center. \$12/Team
(Team includes up to 4 individuals).

Registration Deadline: Dec 4.

Family Ornament Making Night

Recommended for ages 3+. We welcome those of all abilities. Join us for an evening of free-flowing craft making. Take inspiration from our ornament book or create your own unique ornament with your loved ones. Enjoy a hot coco bar and holiday movies playing in the background. All equipment/materials/puzzles will be provided. Participants must provide their own transportation. Parent Participation Required. **Registration Deadline: 12/11**.

Fri, Dec 13. 6-8pm.

Community Center. \$5/Child.
Registration Deadline: Dec 11.

Charcutier & Paint Night

Recommended for ages 18+. We welcome those of all abilities. Join us for a night out that consists of charcutier, sparkling non-alcoholic drinks and crafting. Leave the stress and frustrations at home and take some me time with us! All equipment/materials will be provided. Participants must provide their own transportation. **Registration Deadline: 12/17**.

Thur, Dec 19. 6-8pm.

Senior Center. \$10/Person.
Registration Deadline: Dec 17.

Father-Daughter Dance

Recommended for ages 3-12. We welcome those of all abilities. Calling all Dads/Grandpas/Uncles to be the knight in shining armor and bring out the princess in their life. Join us for dancing, crafts, food and more! Parent participation is required. All equipment/materials will be provided. Participants must provide their own transportation.

(Father-Daughter Dance continued on page 6)

Please register both the parent AND adult. Registration Deadline: 1/23.
Sat, Jan 25. 6-8pm.
Theme: Fairytales.
Community Center. \$5/Person.
Registration Deadline: Jan 22.

Galentine's Night

Recommended for ages 18+. We welcome those of all abilities. Celebrate Galentine's Day with us! Grab your favorite gal for a night out of wine glass painting, charcutier boards and more. All equipment/materials will be provided. Participants must provide their own transportation. Registration Deadline: 2/11.

Thur, Feb 13. 6-7:30pm.
Senior Center. \$8/Person.
Registration Deadline: Feb 11.

Mother-Son Dance

Recommended for ages 3-12. We welcome those of all abilities. Calling all Moms/Grandmas/Aunts to go all out for your own red carpet moment. Join us for dancing, crafts, food and more! Parent participation is required. All equipment/materials will be provided. Participants must provide their own transportation. Please register both the parent AND adult.

Registration Deadline: 2/20.
Sat, Feb 22. 6-8pm.
Theme: Formal/Red Carpet/Gala.
Community Center. \$5/Person.
Registration Deadline: Feb 19.

Youth & Teen Fun:

Critters & Crafts

Recommended for Grades K-2. We welcome those of all abilities. Join us as we learn about new critters through arts, crafts, activities and more! These interactive sessions will give a glimpse at how animals live and what makes them unique. All equipment/materials will be provided. Participants must provide their own transportation.

Mon, Dec 2: Holiday Friends. 5:30-6:30pm.
Mon, Jan 6. Arctic Animals.
5:30pm-6:30pm.
Mon, Feb 3. Fantastic Foxes.
5:30pm-6:30pm.
Senior Center. \$3/Child.

Imagination Thur's

Recommended for Grades K-5. We welcome those of all abilities. Join us as we use creative thinking to complete STEM challenges. This interactive program will engage our brains and hands as we build, create and plan designs! All equipment/materials will be provided. Participants must provide their own transportation.

Theme: Holiday STEAM.
Thur, Dec 12. 5:30pm-6:30pm.
Theme: Snow.

Thur, Jan 16. 5:30pm-6:30pm.
Theme: Hearts.
Thur, Feb 20. 5:30pm-6:30pm.
Senior Center. \$3/Child.

Artistic Adventures

Recommended for Grades 6-8. We welcome those of all abilities. Join us for a creative evening! Work on various projects from painting canvases and totes. All equipment/materials will be provided. Participants must provide their own transportation.
Mon, Dec 16. Candle Making. 5:30-7pm.
Mon, Jan 27. Mug Decorating. 5:30-7pm.
Senior Center. \$5/Teen.

Spy Academy

Recommended for Grades K-5. We welcome those of all abilities. Think you have what it takes to be a spy? Join us at the Spy Academy where we test your skills and then enjoy pizza and watch Spies in Disguise (PG). All equipment/materials will be provided. Participants must provide their own transportation.
Fri, Jan 10. 5:30-8:30pm.
Community Center. \$5/Child.

Squishmallow Party

Recommended for Grades K-5. We welcome those of all abilities. Bring out your favorite Squishmallow for a party with friendship bracelets, painting, games, snacks and more! All equipment/materials will be provided. Participants must provide their own transportation.
Thur, Jan 30. 5:30-7pm.
Senior Center. \$5/Child.

Happy Hearts

Recommended for Grades K-5. We welcome those of all abilities. Join us for a Valentine themed night where we make crafts using hearts, eat some snacks, play games and more! All equipment/materials will be provided. Participants must provide their own transportation.
Thur, Feb 6. 5:30-6:30pm.
Senior Center. \$3/Child.

Croc & Roll:

Recommended for Grades 6-12. We welcome those of all abilities. Wear your favorite pair of crocs and join us for an evening of pizza, music, friendship bracelets and trading jibbitz! Every registration will include a bag of random jibbitz that can either be kept or traded for different ones with other participants! Visit our Zen Den room to relax and take a breath from all the fun! All equipment/materials will be provided. Participants must provide their own transportation. Registration Deadline: FEB 5.

Fri, Mar 7. 6:30-9pm.
Community Center. \$5/Teen.

Messy Mon

Recommended for Grades K-2. We welcome those of all abilities. Join us as we make messy creations! We will incorporate arts and crafts, sensory and other fun activities into our masterpieces. All the mess your kids could want with none of it being at your house! All equipment/materials will be provided. Participants must provide their own transportation.

Mon, Feb 24. 5:30-7pm.
Senior Center. \$5/Child.

Preschool Fun:

Reindeer Watch

Recommended for ages 3-5. We welcome those of all abilities. Get in the holiday spirit with this program! Join us as we mix up a batch of reindeer food to take home and more! We welcome those of all abilities. Parent participation is required. All equipment/materials will be provided. Participants must provide their own transportation.

Thur, Dec 5. 11am-12pm.
Library. **Free.**

Tadpole Time

Recommended for ages 3-5. We welcome those of all abilities. Join us for some time learning about nature through books, crafts, games and other activities! Parent participation is required. All equipment/materials will be provided. Participants must provide their own transportation.

Mon, Dec 9. Winter Critters. 11am-12pm.
Mon, Jan 13. Snow Fun. 11am-12pm.
Mon, Feb 10. Lovebugs. 11am-12pm.

Library. **Free.**

Sensory Storytime

Recommended for ages 2-5. We welcome those of all abilities. Join us for a story time and sensory play in this new program! Parent participation is required. All equipment/materials will be provided. Participants must provide their own transportation.

Fri, Dec 20. 11am-12pm.
Fri, Jan 24. 11am-12pm.
Fri, Feb 28. 11am-12pm.
Library. **Free.**

Preschool Jamboree

Recommended for ages 2-5. We welcome those of all abilities. Join us for a musical morning as we play and explore different musical instruments. Parent participation is required. All equipment/materials will be provided. Participants must provide their own transportation.

Fri, Jan 31. 11am-12pm.
Library. **Free.**

Giggles & Goo

Recommended for ages 3-5. We welcome those of all abilities. Join us for some gooey, slimy play with no mess for you. We'll provide all the messy items and then you'll get to wash your hands and leave all the mess behind. Parent participation is required. All equipment/materials will be provided. Participants must provide their own transportation.

Fri, Feb 21. 11am-12pm.
Library. Free.

World of Wildlife

Recommended for Grades K-5. Join us in celebrating World Wildlife Day by learning about giraffes, sloths and kolas. Enjoy learning fun facts, creating a craft to represent each animal and more! All equipment/materials will be provided. Participants must provide their own transportation.

Mon, Mar 3. 5:30-7pm
Senior Center. \$3/Child.

World of Color

Recommended for ages 2-5. We welcome those of all abilities. Join us for a colorful morning as we play with and explore mixing colors. Parent participation is required. All equipment/materials will be provided. Participants must provide their own transportation.

Mon, Jan 6. 11am-12pm.
Library. Free.

Rad Rainbows

Recommended for ages 3-5. We welcome those of all abilities. Join us for a St. Patrick's Day themed program. We will make crafts, play in sensory bins and more! Parent participation is required. All equipment/materials will be provided. Participants must provide their own transportation.

Thur, Mar 6. 11am-12pm.
Library. Free.

Youth Intro to Cooking Classes

Ages 5-12

Join us for some fun intro to cooking classes for your child. Each night listed participants will get to work hands on to create fun food for the theme of the night. All supplies are included in the fee.

Appetizer Fun

Mon 12/9 6pm-8pm
\$10 Community Center

Anything Marshmallow

Fri 1/24 6pm-8pm
\$10 Community Center

Cupid in a Cup

Fri 2/14 6pm-8pm
\$10 Community Center

Homeschool Fun:

Ornament Makers

Recommended for homeschool grades K-8. We welcome those of all abilities. Join us for an open time to make some ornaments for your family's tree. All equipment/materials will be provided. Participants must provide their own transportation.

Tue, Dec 10. 2-3pm.
Library. \$3/Child.

Home 2 Learn: STEAM

Recommended for grades K-5. We welcome those of all abilities. Join us for this homeschool program that focuses on STEM (Science, Technology, Engineering, Math). Each month we will create a new project and test participants creativity, problem solving skills and critical thinking skills. Participants will be given challenges that correspond with their age/grades and will have guidance from staff if they have questions. All equipment/materials will be provided. Participants must provide their own transportation.

Tue, Dec 17. 2pm-3pm.
Tue, Jan 14. 2pm-3pm.
Tue, Feb 18. 2pm-3pm.
Library. Free.

Scientist Exploration

Recommended for Grades 6-8. We welcome those of all abilities. Join us for this homeschool program that focuses on various scientists and their discoveries, whether they were successful or unsuccessful. Feb 11 is International Day of Women & Girls in Science, so be prepared to learn about a female scientist or two who changed the world! We'll do hands on activities blended with the history behind them. All equipment/materials will be provided. Participants must provide their own transportation.

Tue, Feb 11. 2pm-3pm.
Library. Free.

Therapeutic Recreation

Therapeutic Recreation (TR) uses recreational activities (such as art, games or dance) to help people with disabilities to improve their physical, cognitive and social skills. These activities will be offered to help enhance their recreation interests and participation. Prior to the activity the participant must register and complete a participant profile. Activity schedules are subject to change. For new families, please reach out to Hannah Lagana at bellh@colonialheightsva.gov to get set up.

TR Wed Classes

5:30-7pm Unless otherwise noted.
Colonial Heights Community Center.
*Indicates the program will run from 5:30-7:30pm

Dec 4:	Holiday Crafts	FREE
Dec 11:	Bingo	FREE
*Dec 18:	Holiday Party	FREE
Dec 25:	NO TR	
Jan 1:	NO TR	
Jan 8:	Zen Night	FREE
*Jan 15:	Restaurant Night	FREE
Jan 22:	Open Mic Night	FREE
Jan 29:	Game Night	FREE
Feb 5:	Valentine's Day Making	FREE
*Feb 12:	Valentine's Day Party	FREE
Feb 19:	Library Night @Library	FREE
Feb 26:	Music Therapy	FREE

Active Lifestyle

Beginner / Intermediate Swing & Carolina Shag Dance Class Series (Wed Nights)

Join our instructors, Roger and Denise Underhill, for this 6-week beginner and/or intermediate swing dance class series! Whether you're a smooth mover or a two-left-footed rookie, these partner dance lessons are the perfect way to ignite your groove. The beginner class at 6:00 pm will guide you through the fundamentals - moving together, leading and following, and turning those fumbles into fancy footwork. For seasoned dancers, the 7:30 pm intermediate class in the Carolina Shag ups the ante with intricate patterns and challenges to keep you on your toes (and tapping them!). No partner? No problem! Both classes welcome solo adventurers and duos.

Winter Session (Jan/Feb)

Wed 1/22-2/26
Time: Beginner – 6:00 pm - 7:30 pm
Intermediate - 7:30 pm - 9:00 pm
Location: Colonial Heights Optimist Club
Residency Requirement: None
Fee: FREE

Beginner / Intermediate Swing & Lindy Hop Dance Class Series (Thu Nights)

This class will follow the same format as the Wednesday night class but with a repeat class for the beginners while the intermediate dancers are introduced to the dance that popularized swing dance in the 1930's & 40's, the Lindy Hop! Winter Session (Jan/Feb)

Winter Session (Jan/Feb)
Thur 1/23-2/27
Time: Beginner – 6:00 pm - 7:30 pm
Intermediate - 7:30 pm - 9:00 pm
Location: Colonial Heights Optimist Club
Residency Requirement: None
Fee: FREE

Belly Dance

Ages 13+. This class is designed to teach the traditional Cabaret Style belly dancing while providing an excellent cardio workout that strengthens your core and your abdominal and lower body muscles. All shapes, sizes, and fitness levels are welcome.

Thur 12/5-12/26 6:00 p.m.-7:00 p.m.
Thur 1/2-1/30 6:00 p.m.-7:00 p.m.
Thur 2/6-2/27 6:00 p.m.-7:00 p.m.
\$30 Community Center

Soul Line Dance w/Rhonda

Ages 13+

Rhonda is a nationally-recognized soul line dance instructor. Come learn basic terminology, counts, footwork, and learn dances with easy-to-follow steps. Dances vary in tempo (slow – very fast). As your skills develop expect to see slightly more challenging dances.

Classes are held every Tue.

Tue 12/3-12/31 6:30 p.m.-8:00 p.m.
Tue 1/7-1/28 6:30 p.m.-8:00 p.m.
Tue 2/4-2/25 6:30 p.m.-8:00 p.m.
\$5/class Community Center

Youth Martial Arts/Self Defense

Ages 7-18

This class focuses on strong basics, self-discipline, respect and teamwork concentrating on martial arts and self-defense techniques. All fitness and experience levels are welcome.

No contracts, pay by the month.

Tue 12/3-12/31 6:00 p.m.-7:30 p.m.
Tue 1/7-1/28 6:00 p.m.-7:30 p.m.
Tue 2/4-2/25 6:00 p.m.-7:30 p.m.
\$30 Lakeview Elem. Gym

Adult Martial Arts/Self Defense

Ages 18+

This class focuses on strong basics, self-discipline, respect and teamwork concentrating on martial arts and self-defense techniques. All fitness and experience levels are welcome.

No contracts, pay by the month.

Thur 12/5-12/26 6:00 p.m.-7:30 p.m.
Thur 1/2-1/30 6:00 p.m.-7:30 p.m.
Thur 2/6-2/27 6:00 p.m.-7:30 p.m.
\$30 Lakeview Elem. Gym

Fitness Warriors - Overflow with Ebo

Ages 13+

We have partnered with Sports backers to bring you this FREE and fun fitness class on Mon evenings. Overflow with Ebo - A beginner friendly fun mix of Cardio, Pilates and Yoga. We move to the beat all while improving muscle strength, balance and flexibility.

Mon 12/2-12/30 6:00 p.m.
Mon 1/6-27 6:00 p.m.
Mon 2/3-2/24 6:00 p.m.
FREE Community Center

Fitness Warriors – Juju's Fit Fix

Ages 13+

We have partnered with Sports backers to bring you this FREE and fun fitness class on Thur evenings. A 60 minute light and fun cardio class to get the heart rate going and the body moving to some great music.

Thur 12/5-12/26 6:30 p.m.
Thur 1/2-1/30 6:30 p.m.
Thur 2/6-2/27 6:30 p.m.
FREE Community Center

SIGN UP ONLINE TODAY:

Visit
www.colonialheightsva.gov
and click on the homepage
"Community Spotlight" Link
to get started!

2 CITY SERVICES:



SIGN UP FOR ALERTS ▶

NOTIFY ME

We are encouraging ALL residents to sign up for both of our notification systems!



- Civic Ready:** Water Outages, Delayed Trash & Recycling Collection Services, & other Significant Emergency Events (thunderstorms, tornadoes, hurricanes, or other urgent widespread events.)



- Notify Me Alert Center:** Choose what City information is important to you! City News and Updates, Events, Meetings, and other Important City Alerts.



For assistance please call
(804)520-9265

Office on Youth & Human Services

WE'RE HIRING!

KIDS ACHIEVING PROGRESS PROGRAM (KAP)

Works 12-15 hrs per week

The KAP program is an afterschool program that helps empower youth to make positive life choices that enable them to maximize their potential.



SUPPORT WORKER: \$12.00 PER HOUR

* Must be available between the hours of 3:00 P.M. to 6:00 P.M. *

Support Workers provide academic & social support to youth ages 9-14.



GOVERNMENTJOBS.COM/CAREERS/COLONIALHEIGHTSVA
Application must be submitted online
To learn more go to the City's Employment Website



Youth Advisory Council

JOIN YAC!

We are currently accepting applications.

- Receive Volunteer Hours
- Participate in Team Building Activities
- Give Back to the Community
- Partner with the City of Colonial Heights
- Receive incentives for active attendance and new membership(Gift-Cards/Member of the Month Awards)
- Meet like minded individuals

JOIN NOW →



2024-25 Neighborhood Leaf Collection Schedule



SCAN QR

For Leaf Collection
Questions,
Please Call:
PUBLIC WORKS
MAINTENANCE DEPT.
(804) 520-9372



VIOLET BANK MUSEUM EVENTS

Violet Bank Garden Club

Formed at Violet Bank in 1949. The club helps with special projects at the facility such as working with the gardens, hosting special events such as the Christmas Open House and whatever the curator needs the members to do. It is a "treasure" for the city that we need to cherish for generations to come. Our members are delighted in being able to help maintain and help preserve the facilities. If you would like to know more about the club and what the club does to help showcase Violet Bank Museum and Colonial Heights, please contact Jan Pingel at 804- 731-3599. The club meets on the 2nd Monday at noon each month from September through June.

Violet Bank Stitchers From The Heart

This group meets at Violet Bank Museum every Tues from 10:00am-12pm to create beautiful items for those in need. Items include hats, scarves, baby blankets, cotton wash cloths, toys, pet cage cozies and more. The group gratefully accepts yarn donations, just drop it off during normal museum operating hours. Thank you for your support of this worthwhile endeavor. Any skill level is welcome to join the group.

Violet Bank Candlelight Open House

Please come out and enjoy an evening at Violet Bank Museum during our annual Candlelight Open House. This year the house will be decorated in a festive, Colonial-inspired holiday décor that will give you the experience of a simpler time. Refreshments will be served by the Swift Creek Women's club. The Candlelight Open House event is free to visit but Violet Bank Museum will be accepting non-perishable food item donations to benefit the Colonial Heights Food Pantry. Please be generous during this season of giving and help those less fortunate to have a joyful holiday. This event is suitable for all ages. NOTE: No tours will be given during the Candlelight Open House.

Fri-Sun 12/6-12/8 6pm-8pm
Violet Bank Museum **FREE**

If This Tree Could Talk... Children's Reading Program

This program will be held in the lovely Lee Parlor overlooking the historic Cucumber Tree and features renowned storyteller, Theresa Gee. Listen as she tells the fascinating story of Ona Judge, a young enslaved woman who dares to run away from her owners; George and Martha Washington. The book is titled "Never Caught, The Story of Ona Judge" by Eric Armstrong Dunbar and Kathleen Van Cleve. Afterwards, your child may select a book to take home with them to foster a love of reading and history. Coloring sheets and other activities will be set up as well for your child to enjoy participating in. This is a FREE program and is suitable for reading age children and their parents or guardians. However, you MUST pre-register online at the Colonial Heights Recreation & Parks website by Wednesday; February 18, 2025 as space is limited and we can not accept day of participants. Don't delay, register today!

Sat 2/22 11am-1pm
Violet Bank Museum **FREE**

Christmas Re-Imagined

A Colonial Christmas at Violet Bank

Mantles adorned with fresh greenery and fruit, softly illuminated by the below, crackling fire. A nearby table filled with roasted meats and vegetables. Young children anxiously awaiting the long-desired sweets and shortbreads; only to be savored on special occasions. Christmas looked familiar, yet different than we know it for Thomas Shore and his family in 1778.

We invite you to come experience a Colonial Christmas at Violet Bank Museum this year. Step in to the foyer and back in time as you walk through the parlor rooms of this historic home and witness what Christmas may have looked like here, amidst the American Revolutionary War.



Holiday Open House Dates:

Violet Bank Museum
303 Virginia Avenue, Colonial Heights

December 6-8
6:00 PM to 8:00 PM

The Old Brick House
131 Waterfront Drive, Colonial Heights

December 6-8
6:00 PM to 8:00 PM



Colonial Christmas Dinner

Hosted by Colonial Heights Recreation and Parks

December 13, 14, and 15
at Violet Bank Museum

303 Virginia Ave, Colonial Heights

The evening's menu will include ham, turkey, mashed potatoes, green beans, and rolls, dessert cobbler, tea and water.

Tickets are \$30 per person.

Seating begins at 6:30 PM. Dinner begins at 7:00 PM.

Please note: the tables consist of six place settings.
You will be seated with other people.

Tickets can only be purchased in advance through

Colonial Heights Recreation and Parks at
804-520-9390, in person at 901 Meridian Ave,
Colonial Heights or through the QR Code.

No tickets will be sold at the door.





LIBRARY EVENTS

Baby Storytime

Join us on Wednesdays at 9:30 a.m. for Baby Storytime followed by Stay and Play! Baby storytime is a great social and educational experience for your babies! We sing lots of songs, read a story and most importantly PLAY! It is a wonderful time for your child and you to interact with other children and parents! Registration is NOT required!

Family Storytime Join us on Tuesdays and Wednesdays at 10:30 a.m. for storytime! During storytime, we read books, sing songs, and participate in learning activities. Storytime is geared towards ages 3-5, but all ages are welcome. Registration is NOT required!

Deck Our Halls!

Join us on Monday November 25th from 6-7 to help Deck our Halls! We have a very bare Christmas tree that needs some ornaments! We will have several ornament stations available to help us decorate our tree and yours! Registration is NOT required!

Holiday Open House

Join us on Wednesday December 18th from 5:30-7:30 for the Colonial Heights Public Library's Holiday Open House. We are going to be celebrating this festive season with a special pajama storytime beginning at 6:00 p.m. We will also have crafts, snacks, and a visit from the BIG GUY! We hope to see you there!

If you would like more information on any of these events, please contact Ann Dawson by email dawsona@colonialheightsva.gov or by phone (804) 520-9384. You can also check us out on Facebook at Colonial Heights Public Library!



SENIOR CENTER EVENTS

Senior Transportation

Hours of Operation are MON-Fri 8:00 a.m. to 4:00 p.m. (With services being provided from 8:15a.m. to 3:45 p.m.) and Sat (for special circumstances) from 8:00 a.m. to 1:00 p.m. (With services being provided from 8:15 a.m. to 12:30 p.m.). Service is available to Colonial Heights residents who are at least 60 years of age, and adult special needs or handicapped. Transportation will be available to and from most Colonial Heights destinations and to a few out of City medical appointments only. Registration for services is required and is available by calling Senior Transportation at (804)520-9219. Appointments must be made at least 24 hours in advance. There are no fees for transportation services, but donations are accepted.

Seniors Calendar

MONDAY

8:30am Muscles in Motion
9:30am Tai Chi
9:30am Bowling (League Fee)
9:45am Boot Camp
11:00am Pickle Ball (Swift Creek Baptist)
11:30am Line Dancing
12:00pm Pinochle
1:15pm Chair Volleyball
4:00pm Scrapbooking

TUESDAY

8:30am Drum Fit 45
9:00am .. Tap Dancin' Grannies (Post 284)
9:30am Gentle Yoga
10:30am Sit & Let's Get Fit
11:00am Water Aerobics (\$ SYC)
11:20am .Meditation & World Religion
12:00pm Lunch (\$-must register)
12:45pm Bingo
1:45pm It's Game Time
3:00pm Open Sew (1st, 2nd & 3rd Tues)
3:00pm Quilts for Vets (last)



WEDNESDAY

8:30am Crochet & Knitting
8:30am Muscles in Motion
10:00am Balance
11:00am Line Dancing
11:00am ... Pickle Ball(Swift Creek Baptist)
12:00pm ... Lunch & Learn (must register)
12:00pm ... Tech Heads (4th-must register)
12:30pm Party Bridge
1:00pm Mexican Train Dominoes

THURSDAY

8:30am Cardio Ball
9:00am Beginner's Line Dancing(St. Ann's)
9:30am Restorative Yoga
10:30am Sit & Let's Get Fit
11:20am Meditation & Movement
12:00pm Lunch (\$-must register)
1:15pm Senior Citizens Club Mtg.
(4th Thursday at Golden Corral 11:30am)

1:30pm Open Paint

FRIDAY

9:00am Walk this Weigh
10am Strength & Stretch
11:00am Line Dancing
11:00am ... Pickle Ball (Swift Creek Baptist)
1:00pm Mahjong (2nd, 3rd & 5th)
1:00pm Intro to Mahjong (1st)
1:00pm Movie (4th)

Colonial Heights /CVWMA

What is Bulky Waste?

Bulk Waste is ANYTHING that doesn't fit in the trash cart such as:

- Bagged Leaves & Yard Waste (Must be bundled/cut to 4ft length and weigh less than 65 lbs)
- Furniture
- Appliances
- Extra bags of trash.



What is NOT Bulky Waste?

Items that will NOT be collected as Bulk Waste include:

- Construction Waste (Lumber, wire, sheetrock, bricks, shingles, pipes, concrete, paving material, et.)
- Tires
- Car or Lithium Batteries
- Hazardous Waste
- Loose Trash



How to schedule Bulky Waste Services?

If your Bulky Waste items will fit in the bed of a FULL-SIZED pickup truck, and you wish for your items to be collected for the next REGULAR trash collection day then: Visit CVWMA.com/ch-trash-service or call 804-340-0900 to schedule your FREE Bulky Waste Collection.

ALL requests must be made prior to 2pm the day before regular trash collection.

Any larger loads will be considered
SPECIAL BULKY WASTE and will cost \$125 to remove. You must request this service and pay this fee prior to receiving this service.

Water Meter Notification



Property owners and occupants are legally required to keep their water meters clear of debris, shrubbery, home decor, vehicles, mulch, garbage cans, tall grass, plants, or other objects that partially or completely obstruct access to meters. Although the majority

of Colonial Heights property owners are compliant with the requirement to keep their meters clear of obstructions, City Meter Readers encounter certain obstructed meters. The obstructions cause Meter Readers to work less efficiently and require them to place a notice on the building door with an explanation about what prevented a reading. Let's all do our part to keep costs low by regularly maintaining the area around your meters to ensure easy access.



City Utility Billing Office
201 James Ave. / P.O. Box 3401
Colonial Heights, VA 23834
(804)520-9288 - Phone
www.colonialheightsva.gov



CHESTERFIELD COUNTY/COLONIAL HEIGHTS
CRIME SOLVERS
A Valuable Tool to Assist Law Enforcement to Solve Crimes

Mission Statement

Crime Solvers serves Chesterfield County and the city of Colonial Heights with a program for people to anonymously assist law enforcement in solving crime.

All tipsters are guaranteed to remain anonymous. If your tip leads to an arrest, you could receive a cash reward of up to \$5,000.00.

There are three ways to submit an anonymous tip:

- Tip Line - (804)748-0660 (answered through a call center located in another state.)
- Through our website - Crimesolvers.net or
- Through our P3 Tips App.



2
YEARS



2025 TRI-CITY CHILI PEPPERS

HOME SCHEDULE

5/22	HOLLY SPRINGS	6/20	GREENVILLE	7/12	PENINSULA
5/24	GREENVILLE	6/21	COSMIC BASEBALL	7/13	DISCO TURKEYS
5/30	PENINSULA	6/22	ASHEBORO	7/18	PENINSULA
5/31	HOLLY SPRINGS	6/24	WILMINGTON	7/19	GREENBRIER KNIGHTS
6/1	PENINSULA	6/26	COSMIC BASEBALL	7/23	WILSON
6/2	WILSON	6/27	COASTAL COCONUTS	7/25	HOLLY SPRINGS
6/4	GREENBRIER KNIGHTS	6/28	PENINSULA	7/26	COSMIC BASEBALL
6/5	GREENVILLE	7/1	WILMINGTON	7/27	FLORENCE
6/6	WILSON	7/3	INTER-LEAGUE GAME	7/30	GREENVILLE
6/7	COSMIC BASEBALL	7/4	MOREHEAD CITY	7/31	PENINSULA
6/12	MOREHEAD CITY	7/5	COSMIC BASEBALL	8/1	COSMIC BASEBALL
6/14	LEXINGTON COUNTY	7/9	HOLLY SPRINGS	8/2	MARTINSVILLE
6/18	WILSON	7/11	COASTAL COCONUTS		

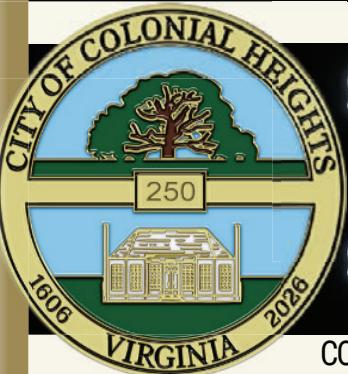
GET YOUR TICKETS NOW AT

CHILIPEPPERSBASEBALL.COM/SCHEDULE

SPECIAL EDITION!

250th Anniversary
Commemorative Collectors Coin

CELEBRATING 250 YEARS OF OUR NATION'S INDEPENDENCE



SPECIAL EDITION \$25

ONLY 250 AVAILABLE.

NUMBERED 1 THROUGH 250.

STANDARD EDITION \$15

Tax included

COINS CAN BE PURCHASED AT:



**COLONIAL HEIGHTS
RECREATION AND PARKS**

901 MERIDIAN AVENUE, COLONIAL HEIGHTS, VA 23834
CASH, CARD OR CHECK



ChiliPeppers

2

**City of Colonial Heights
welcomes you to the**

Christmas Tree Grand Illumination

FREE EVENT

**Saturday, November 23
6:00pm-8:00pm**

Colonial Heights Courthouse (550 Boulevard)

Tree Lighting Ceremony

Musical Performances by
The C.H. High School, Middle School
& Tussing ES Choirs.
Hot Chocolate & Popcorn, Children's Ornament,
Craft Station, and Photo Booth

OPEN TO THE PUBLIC

Community Service Groups & Organizations will
be on-site joining the festivities:
CH Food Pantry, CVWMA, Richmond Regional
Tourism, CH Fire/EMS & Police, and more!



THE SEASON IS HERE!

**Colonial Heights
would like to remind
you to dine, shop,
and support small
businesses this
holiday season.**

COLONIALHEIGHTSVA
economic development & tourism

choosecolonialheights.com

The CH Food Pantry Truck
will be onsite for holiday
meal collections.

COLONIAL HEIGHTS
FOOD PANTRY

Thank you for supporting our mission.

(Please consider bringing canned goods to donate)

CITY FOCUS

City of Colonial Heights
Office of the City Manager
Post Office Box 3401
Colonial Heights, Virginia 23834-9001
www.colonialheightsva.gov

PRSERV STD
ECRWSS
U.S. POSTAGE

*****ECRWSS*****

Local
Postal Customer